

REVIEWER'S REPORT

Manuscript No.: IJAR-55036

Title: A Comparative Study to Assess Stress and Coping Pattern among Adolescent Students in Selected CBSE and State Board Syllabus Schools

Recommendation:

- Accept as it is
- ✓ Accept after minor revision.....
- Accept after major revision
- Do not accept (*Reasons below*)

Rating	Excel.	Good	Fair	Poor
Originality		✓		
Techn. Quality		✓		
Clarity		✓		
Significance	✓			

Reviewer Name: Dr S. K. Nath

Date: 01.12.25

Detailed Reviewer's Report

Strengths of the Paper:

- **Clear Objectives and Hypotheses:** The study explicitly states its aims to assess stress and coping patterns and compare them between CBSE and State Board adolescents, providing clarity in purpose.
- **Use of Structured, Validated Scales:** The stress and coping measurement tools used are well-structured, with defined scoring and grading systems, which enhances the reliability of the findings.
- **Appropriate Sampling Technique:** The application of simple random sampling minimizes selection bias and increases the representativeness of the sample.
- **Comprehensive Data Analysis:** The study employs both descriptive and inferential statistical methods, such as the unpaired Z-test and Chi-square test, to analyze the data thoroughly.
- **Ethical Considerations:** The sample includes only students who are willing to participate, indicating attention to voluntary participation, although explicit mention of ethical clearance is missing.

Weaknesses of the Paper:

- **Lack of Explicit Ethical Approval Statement:** The paper does not explicitly mention obtaining ethical clearance, which is critical for research involving minors.
- **Limited Sample Size:** The sample comprises only 100 students, which might not be sufficient to generalize the findings broadly.
- **Insufficient Details on Tool Validation:** While the tools used are described, there is little information on their validation or reliability specific to the current study population.
- **Potential Language and Typographical Errors:** Multiple typographical and grammatical mistakes hinder readability and professional presentation.
- **Formatting Inconsistencies:** Variations in font size, spacing, and presentation format reduce the overall readability.
- **Unclear Presentation of Results:** Some results, especially statistical values and their interpretations, are presented in a manner that can be confusing to readers.
- **Limited Discussion of Limitations:** The paper does not discuss limitations or confounding factors that might influence findings.

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- **Inadequate Reference Support:** The references cited are minimal; inclusion of recent relevant literature could strengthen the background and discussion sections.
- **Incomplete Information on Data Collection:** Details regarding the administration of scales, duration, and setting of data collection are lacking.

Reviewer Comments:

- **Ethical Clearance:** The paper does not mention whether ethical approval was obtained from an Institutional Review Board or Ethics Committee, which is necessary given the involvement of minors.
- **Methodology Issues:** While the sampling method is appropriate, there should be a clearer description of how the scales were administered, including pilot testing or validation measures.
- **Typographical Mistakes:** There are several typographical and grammatical errors throughout the text, such as inconsistent spacing, missing punctuation, and improper sentence structures. A thorough proofreading is recommended.
- **Language Quality:** The overall language can be improved for clarity and professionalism. Simplifying complex sentences and correcting grammatical errors will enhance readability.
- **Formatting:** Uniform formatting, including consistent font size, heading styles, and spacing, needs to be applied.
- **Objectives, Results, and Conclusions:** The objectives are clearly stated, and the results are presented with appropriate statistical tests. However, the discussion could better interpret the significance of the findings and relate them to existing literature.
- **References:** The reference section is minimal; including recent and relevant studies will provide better context and strengthen the manuscript.
- **Missing or Incomplete Information:** More details are needed about the data collection process, such as the environment, timing, and instructions given to participants. Information about reliability and validity of the scales used in this specific context should be provided.