

## REVIEWER'S REPORT

Manuscript No.: IJAR-55202

**Title: A Case Study on Polycystic Ovarian Syndrome Through the Lens of Garbha Sambhava Samagri: Unlocking Natural Conception**

### Recommendation:

- ✓ Accept as it is .....  
 Accept after minor revision.....  
 Accept after major revision .....  
 Do not accept (*Reasons below*) .....

Rating	Excel.	Good	Fair	Poor
Originality		✓		
Techn. Quality		✓		
Clarity		✓		
Significance		✓		

Reviewer Name: Dr S. K. Nath

Date: 13.12.25

### Detailed Reviewer's Report

#### Strengths of the Paper:

- **Comprehensive Integration of Ayurveda Principles:** The paper effectively relates traditional Ayurvedic concepts such as Garbha Sambhava Samagri to modern issues like PCOS, providing a holistic perspective.
- **Use of a Case Study:** The inclusion of a detailed patient case helps to illustrate the practical application of Ayurvedic treatment and its outcomes.
- **Interdisciplinary Approach:** The paper bridges traditional Ayurvedic approaches with modern clinical observations, fostering an integrative view of reproductive health.
- **Clear Presentation of Treatment Protocol:** The treatment plan, including specific herbal formulations and therapies, is well-documented, potentially aiding practitioners interested in replicating the approach.
- **Positive Outcomes Reported:** The case demonstrates significant improvement in menstrual regularity, symptom reduction, and successful conception, highlighting the potential of Ayurvedic management.

#### Weaknesses of the Paper:

- **Limited Sample Size:** As a single case report, findings cannot be generalized; broader studies are needed to substantiate efficacy.
- **Insufficient Methodological Detail:** The paper lacks detailed description of the assessment criteria, follow-up procedures, and objective measures of success.
- **Absence of Ethical Clearance Statement:** There is no mention of ethical approval or informed consent processes, which is critical for patient-related case reports.
- **Typographical and Formatting Issues:** Minor typographical errors and inconsistencies in formatting reduce professionalism and readability.
- **Language and Grammar:** The English language quality could be improved with clearer sentence construction and editing, as some parts are awkwardly phrased.
- **Lack of Control or Comparison:** Without a control group or comparative data, it is difficult to attribute outcomes solely to the Ayurvedic intervention.
- **Inadequate References:** References are sparse and lack recent or comprehensive citations to support claims or situate the study within the existing literature.
- **Incomplete Information on Long-term Follow-up:** Details concerning long-term outcomes, monitoring, and sustainability of results are missing.

# International Journal of Advanced Research

Publisher's Name: Jana Publication and Research LLP

[www.journalijar.com](http://www.journalijar.com)

## REVIEWER'S REPORT

### Reviewer Comments:

- **Ethical Clearance:** The paper does not mention whether ethical approval was obtained or whether informed consent was received from the patient. For case reports involving patient data, ethical considerations are mandatory.
- **Methodology Issues:** The methodology is primarily descriptive; quantitative assessments, standardized scales, or biomarkers are not discussed, which diminishes the scientific rigor.
- **Typographical Mistakes:** Minor typos are present; for example, inconsistent spacing, punctuation issues, and repetitive mentions that could be polished.
- **Language Quality:** The writing would benefit from grammatical correction to improve clarity. Sentences like "Her menstrual cycles became regular and consistent with healthy flow" could be more precise.
- **Formatting:** The structure is somewhat inconsistent, with variations in font, spacing, and heading levels that could be harmonized.
- **Clarity of Objectives, Results, and Conclusion:** While the case's objectives are somewhat clear, the results and conclusions could be articulated more explicitly and systematically to enhance clarity.
- **References:** The citations are sparse and somewhat outdated, requiring updates with recent literature to strengthen the scholarly value.
- **Missing Information:** Details regarding baseline assessments, laboratory findings, and standardized outcome measures would improve transparency and reproducibility.