

REVIEWER'S REPORT

Manuscript No.: IJAR-55378

Title: Integrative Hope in Advanced Chronic Kidney Disease: An Ayurvedic Case Approach

Recommendation:

Accept as it isYES.....

Accept after minor revision.....

Accept after major revision

Do not accept (*Reasons below*)

Rating	Excel.	Good	Fair	Poor
Originality		√		
Techn. Quality		√		
Clarity		√		
Significance		√		

Reviewer Name: PROF. DR DILLIP KUMAR MOHAPATRA

Detailed Reviewer's Report

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Strengths of the Study

Relevant and timely topic

Focuses on activity engagement, meaning in life, and life satisfaction—core constructs in positive psychology and mental well-being.

Strong theoretical grounding

Well supported by established theories and models (Frankl's meaning theory, PERMA model, flow theory, Diener's subjective well-being).

Adequate sample size

Inclusion of 250 young adults provides sufficient power for correlational analysis.

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Use of standardized instruments

Satisfaction with Life Scale (Diener et al., 1985) and Meaning in Life Questionnaire are valid and reliable tools.

Clear objectives and hypotheses

Research aims, objectives, and hypotheses are logically aligned.

Practical implications

Findings have relevance for education, mental health services, counseling, and youth development programs.

Weaknesses / Areas for Improvement

Language and grammar issues

Numerous grammatical, spelling, and sentence-structure errors reduce readability and professionalism.

Requires thorough English language editing.

Results section missing

Actual statistical results (correlation coefficients, regression values, p-values) are not clearly presented.

"Expected results" should be replaced with **actual findings**.

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Methodological clarity

Sampling technique (convenience sampling) should be acknowledged more critically.

Details on reliability (Cronbach's alpha) for scales used in this study are missing.

Ethical approval details

Ethical clearance number and approving authority should be explicitly stated.

Age range inconsistency

Abstract mentions 18–25 years, while inclusion criteria mention 18–30 years; this needs correction.

Limited originality

While relevant, the study is largely confirmatory and builds on existing literature rather than offering strong novelty.

Significance of the Study

Scientific significance: Moderate

Clinical / practical significance: High

This study contributes valuable **regional data (Tamil Nadu, India)** on young adults, an underrepresented population in meaning-centered psychological research. It reinforces the role of meaningful engagement in enhancing life satisfaction and mental well-being.

The findings are particularly useful for:

Mental health professionals

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Educational institutions

Career guidance and youth counseling services

Key Points of the Paper

Activity engagement, meaning in life, and life satisfaction are significantly interconnected in young adults.

Higher engagement in meaningful activities is associated with greater perceived meaning in life.

Meaning in life positively predicts overall life satisfaction.

Meaning in life mediates the relationship between activity engagement and life satisfaction.

Meaningful engagement serves as a protective factor for psychological well-being.

Young adulthood is a critical stage for developing purpose, identity, and long-term well-being.

Cultural context may influence how engagement and meaning are experienced.

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Meaning-centered and engagement-based interventions can enhance mental health outcomes.