

REVIEWER'S REPORT

Manuscript No.: IJAR-55378

Title:

Activity Engagement, and Meaning in Life Satisfaction
among young Adults

Recommendation:

Accept as it is

Accept after minor revision.....

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Accept after major revision

Rating	Excel.	Good	Fair	Poor
Originality		Good		
Techn. Quality		Good		
Clarity		Good		
Significance		Good		

Reviewer Name: Dr.Sumathi

Detailed Reviewer's Report

1. Meaningful activity engagement is participating in purposeful, rewarding activities tailored to individual interests, abilities and values fostering a sense of purpose, connection and well being rather than passively receiving care.
2. Mental health is our emotional psychological and social well being affecting how you think, feel, handle stress and relate to others, crucial for overall health Method and functioning, encompassing conditions like depression, anxiety, but also promoting resilience and coping skills for everyone at any stage of life, with support available through therapy, self care and resources.
3. Life satisfaction is a persons overall, positive evaluation of their life as a whole, a key part of well being that is more stable than fleeting happiness, influenced by health, relationship, purpose, achievements, finances and environment and can be improved cultivating gratitude, managing stress and nurturing connections.
4. A correlational study is a non experimental research method that measures the statistical relationship between two or more variables

International Journal of Advanced Research

Publisher's Name: Jana Publication and Research LLP

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to see if they change together, without the researcher manipulating them, helping to describe patterns and make predictions but crucially, correlation does not equal causation, meaning it can not prove one variable causes another.

- 5. Key words are excellent to understand.**
- 6. Methodology part is good.**
- 7. But only given theoretical part. Where is result and discussion aprt separately with tables.**
- 8. Summary points also be needed.**
- 9. References are given very less. It must be added more.**
- 10. After those corrections can be published.**