

## REVIEWER'S REPORT

Manuscript No.: IJAR-55586

**Title: Balancing Connectivity and Well-Being: A Study on Digital Media's Impact on Minors' Mental Health**

### Recommendation:

Accept as it is ☒ ☐ ☐ ☐ ☐

Accept after minor revision ☐ ☐ ☐ ☐ ☐

Accept after major revision ☐ ☐ ☐ ☐ ☐

Do not accept (*Reasons below*) ☐ ☐ ☐

| Rating         | Excel. | Good | Fair | Poor |
|----------------|--------|------|------|------|
| Originality    |        | ✓    |      |      |
| Techn. Quality |        | ✓    |      |      |
| Clarity        |        | ✓    |      |      |
| Significance   |        |      | ✓    |      |

Reviewer Name: Sakshi Jaju

### Reviewer's Comment for Publication.

This article discusses the impact of digital media on the mental health of minors, especially children and adolescents aged 8–17 years. It highlights issues such as cyberbullying, privacy violations, gaming addiction, and social media pressure, and explains how excessive digital exposure can lead to anxiety, depression, and behavioral problems. A real-life case study is used to show the serious consequences of uncontrolled digital addiction. The article emphasizes the need for balanced digital use and digital literacy.

### Strength:

1. Addresses a relevant and important social issue
2. Uses clear examples and a real-life case study
3. Easy to understand for general readers
4. Emphasizes awareness and prevention

### Weakness:

1. Lacks original research data or methodology
2. Writing is more descriptive than analytical
3. Repetition of ideas in several sections
4. References are mostly web-based, with limited academic depth

### Overall assessment:

The article raises strong awareness about digital media risks for minors, but it reads more like an opinion or review essay than a research article. It needs better structure, academic analysis, and original data to meet research journal standards.

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**Recommendation:** Manuscript accepted for publication.