

ADAPTING PEDAGOGICAL STRATEGIES TO ADDRESS DIVERSE LEARNING NEEDS IN INCLUSIVE CLASSROOMS

Abstract

Introduction- Research has shown that by incorporating cognitive and behavioural theories into educational strategies, teachers can enrich student learning by providing insights into learning and behavioural adaptation mechanisms. Curriculum changes and differentiated instruction, which involve modifying instructional materials, tests, and activities to accommodate a range of learning needs, should be given top priority in schools.

Objectives - This paper aims to identify pedagogical strategies that can be adopted to meet the diverse learning needs of students in inclusive education.

Method- A systematic review of research conducted in the past was analysed and inferences were drawn based upon the major findings of the respective researches.

Findings - The analysis identified major inferences, including that Differentiated instruction, Universal Design for Learning (UDL), Project-Based Learning (PBL), and Cooperative Learning are some of the strategies used to adapt pedagogy for diverse learners in inclusive classrooms. These strategies emphasize varied content, process, and product delivery, flexible grouping, multisensory materials, and supportive technology.

Conclusion- To meet each student's needs for academic and social development, innovative pedagogies suitable for diverse learners, along with key strategies, including providing accommodations (large print, audiobooks), making adjustments, and creating an accessible environment with high standards. Eventually, learner-centred approaches will replace teacher-centred ones. Simultaneously, teachers must continue their professional development, with an emphasis on differentiated instruction, assistive technology, and inclusive education initiatives.

Keywords- pedagogical, adaptation, differentiated instructions, diverse, accommodations

Introduction

The education system previously designed was more suited for a homogeneous group of learners and often struggles to accommodate individual learning needs fully. Even while inclusive education is becoming more and more important, many schools still struggle to provide these students with appropriate, individualized support that can maximize their learning achievements. Teachers frequently report difficulties in adapting pedagogical methods to meet the diverse needs of learners, mostly due to a lack of adequate training and resource support. Students with diverse learning needs will continue to experience educational disparities in the absence of a comprehensive plan that integrates pedagogical innovation with an efficient support system.

Traditional pedagogy refers predominantly to the face-to-face teaching environment and the conceptual frameworks around how people learn in that particular space. Over the past few decades,

36 conventional pedagogy has evolved to include other modalities, specifically, the online
 37 environment. Generally defined as the theory and practice of teaching, pedagogy refers to the
 38 methodology and process of how teachers approach teaching and learning using a specific curriculum
 39 with specific goals in mind.

40 According to the National Education Policy (NEP-2020), Pedagogy must evolve to make
 41 education more experiential, holistic, integrated, inquiry-driven, discovery-oriented, learner-centred,
 42 and discussion-based, flexible, enjoyable.” NEP,2020. **Prof. Anjum Sibia, NCERT**

43 Standard and widely used teaching methods include seminars, lectures, demonstration courses,
 44 and tutorials, each serving a specific educational purpose. These methods are also extensively used in
 45 inclusive classrooms, without mapping students' learning needs. Every student in the class benefits
 46 greatly from effective teaching and learning techniques, regardless of their skills, interests, or
 47 sociocultural background. However, some students require more specialised techniques to help them
 48 overcome specific learning obstacles. Teachers struggle to adapt instruction, manage diverse needs, and
 49 access resources to support inclusion (Melloria&Gaylo, 2024).

50 **Diverse Learning Needs**

51 Depending upon the exact context, diversity can be viewed in a variety of ways. Broadly stated,
 52 diversity can be referred to as the presence of a large variety of occurrences. In elementary education,
 53 diverse learners, those from many cultural, language, and cognitive backgrounds, demand distinct
 54 instructional methodologies. In today's educational environment, global classrooms are characterized by
 55 diversity. Due to their varied cultural, linguistic, cognitive, and socioeconomic origins, students bring
 56 special viewpoints and difficulties to the classroom. Research has shown that students absorb and retain
 57 information differently based on their preferred learning modes.

58 **The following are the expounding bases of diversity:**



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60 **Research Objectives-**

61 The present paper addresses the following concerns-

- 62 • To identify various pedagogical strategies that can be adapted and used effectively for
63 addressing the diversity in the classroom.
- 64 • To discuss the key pedagogical strategies for accommodating diverse learning needs in
65 the inclusive classroom.

66 **Rationale of the study-**

67 The foundation of societal growth is education, yet traditional pedagogies frequently fall short
68 of meeting the requirements of students with a range of abilities. In order to support successful learning
69 outcomes for diverse learners, it is not only required but also practically necessary to modify
70 pedagogical approaches. In traditional classrooms, students with a variety of abilities, including those
71 with emotional, cognitive, or physical difficulties, often face obstacles (Tomlinson, 2017).

72 In traditional classrooms, students exhibiting diversity, including those with emotional,
73 cognitive, or physical difficulties, often face obstacles (Tomlinson, 2017). **Inadequate teacher
74 preparation and unavailable teaching resources** are two examples of these obstacles. Teachers can
75 create a setting where all students flourish by customizing teaching approaches. It has been
76 demonstrated that **technology-enhanced learning, differentiated instruction, and universal design
77 for learning (UDL)** increase student engagement and performance across a range of needs (Hall et al.,
78 2012).

79 Research shows that satisfying various learning needs still depends critically on teacher
80 readiness, which is lacking (Owens & Wells, 2021). First teacher needs to understand the types of
81 diversity. Various research also supports the fact that teachers need to know themselves, first their
82 abilities, preferred methodologies, and secondly to have an understanding of the nature, needs, and
83 learning preferences of their students. Teachers should also realise that not everyone learn in the same
84 way. Thereafter, can employ various pedagogical methodologies during the teaching learning process.

85 **Methodology-**

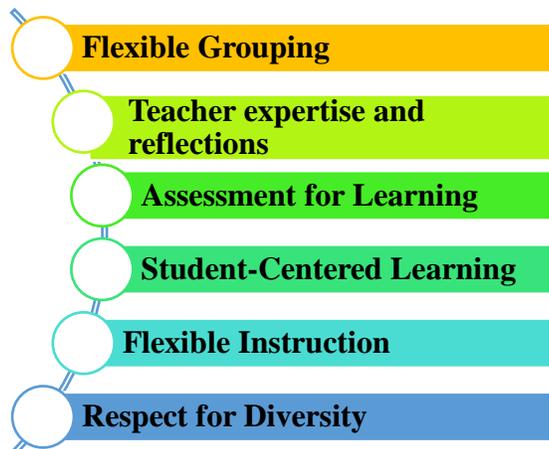
86 To achieve this purpose, the researcher has employed a review strategy. An extensive review of
87 related literature has been done, and the most relevant research has been listed to draw general
88 conclusions from particular facts.

89 **Pedagogical foundations and differentiation-**

90 The pedagogical foundations of the differentiation approach in education stem from the belief
91 that every student has unique learning needs, interests, and abilities. Pedagogical strategies play a vital
92 role in shaping the educational experience of students with diverse learning needs. These learners
93 require specialised instructional methods that can cater to their unique learning needs. This approach

94 acknowledges that a one-size-fits-all teaching method is ineffective for reaching all students and
 95 maximizing their learning potential. Instead, differentiation aims to tailor instruction to meet the
 96 diverse needs of learners within a classroom.

97 **Here are some vital pedagogical foundations of the differentiation approach:**



99 Learners come from diverse backgrounds and possess different learning styles, preferences, and
 100 abilities. Therefore, instruction is designed to accommodate these differences and empower students to
 101 take ownership of their learning. In an inclusive classroom, teachers recognize the diversity of their
 102 students and collaborate with them to create a secure and supportive learning environment.

103 Continuous professional development (CPD) and reflection are essential for teachers to refine
 104 their differentiation practices and meet the evolving needs of their students. By embracing these
 105 pedagogical foundations, educators can create more inclusive, engaging, and effective learning
 106 environments that support the success of all students.

Metric	Traditional Pedagogy	Modern Pedagogy
Role of Teacher	Lecturer	Facilitator
Student Engagement	Passive	Active
Critical Thinking	Low (Hattei, 2009)	High (Freeman et al., 2014)
Retention Rate	45% after 6 Month	65% after 6 Month

107 *Modern methods like collaborative learning increase critical thinking by 40% but require 50% more*
 108 *preparation time (Johnson & Johnson, 1999).*

109 **Implications and application of cognitive and behavioural theories of learning**

110 Despite advances in education, there is an urgent need for various pedagogical strategies as
 111 significant pedagogical challenges persist in the effective teaching of students with special educational
 112 needs. The teaching strategies for inclusive education rest on several foundational theories that still

113 guide current practices and policies aiming to provide equitable learning opportunities for students with
 114 diverse learning needs. Out of several theories, some of the most influential theories include Vygotsky's
 115 Social Constructivism, Gardner's theory of multiple intelligences, and Bandura's social learning theory.

116 **Curriculum and Pedagogies as per recommendations of the National Education Policy (NEP-
 117 2020)**

- 118 • Shift towards learning **how to learn**.
- 119 • Facilitate attaining the **potentialities /hidden abilities** of all learners.
- 120 • Integration of **specific sets of skills and values across domains**.
- 121 • Integration of **specific sets of skills and values across domains & stages**.
- 122 • Curriculum to focus on **core concepts, Constitutional values, and bonding** with one's country.

123 **Recent Pedagogies approach as per the research studies explored-**

1. Cooperative teaching and learning	2. Problem posing teaching	3. Inquiry-based instructions (IBD)
4. Visualization as a strategy	5. Differentiation as a strategy	6. Technology-based teaching
7. Modelling in the classroom	8. Focus group teaching	9. Behaviour Management in the classroom
10. Collaborative learning in the classroom	11. Imagery and Visualised learning	12. Exemplifying in the classroom
13. Role Modelling in the classroom	14. Experimental Learning in classroom	

124

125 The above mentioned pedagogical approaches attempt to address learners' diversity in all broad
 126 aspects. Adapting pedagogical approaches to address the needs of students with diverse abilities is a
 127 critical aspect of inclusive education. As diversity is an umbrella term and learners exhibit a wide array
 128 of differentiation, the researcher has selected and discussed only those pedagogical strategies that can be
 129 used for children with diverse abilities, ranging from gifted to developmental disorders.

130 Differentiated instruction is another widely recommended strategy, enabling teachers to modify
131 curriculum content, processes, and products to align with individual students' readiness, interests, and
132 learning profiles (Tomlinson, 2017).

133 Inclusive pedagogy is an approach to teaching that values diversity, promotes equity, and
134 creates an environment where all students feel valued and empowered to learn. Implementing inclusive
135 pedagogies effectively requires careful planning, reflection, and adherence to best practices. Below are
136 key adapted pedagogical practices/guidelines recommended for fostering inclusivity in educational
137 settings.

138 **Foster an Inclusive Classroom Environment:**

139 Creating an environment that not only celebrates diversity but also encourages open dialogue is
140 essential. Teachers should ensure and establish norms that promote respect and inclusivity among
141 learners, ensuring all students are valued and feel safe to express their perspectives. For example,
142 setting ground rules for discussions can help prevent discriminatory language and behaviours (Gay,
143 2018).

144 **Use Culturally Responsive Teaching:**

145 Culturally responsive teaching acknowledges and integrates students' cultural backgrounds into
146 the learning process. By incorporating diverse perspectives and materials into the curriculum, educators
147 can make learning more relevant and engaging for all students (Ladson-Billings, 1995). This may
148 involve selecting readings from diverse authors or discussing global perspectives on topics.

149 **Differentiate Instruction:**

150 A key component of successful inclusive education instruction is differentiated instruction (DI),
151 which stresses adjusting the learning process to each student's unique requirements, skills, and learning
152 preferences. Differentiated instruction recognizes that kids with special educational needs have
153 particular cognitive, emotional, and physical obstacles that call for a more flexible teaching method, in
154 contrast to traditional instruction, which frequently assumes a one-size-fits-all approach. Recognizing
155 that students learn differently, differentiated instruction allows teachers to tailor their methods to meet
156 varied needs. Strategies such as using multiple formats for content delivery (e.g., visual, auditory, and
157 hands-on activities) and providing alternative assessment options can help ensure equitable access to
158 learning (Tomlinson, 2014).

159 **Co-Teaching Models:**

160 Co-teaching strategies, where general and special education teachers work collaboratively, have
161 been shown to enhance student outcomes in inclusive settings (Friend et al., 2010). For example, in the
162 "one teach, one assist", station teaching model, one teacher delivers instruction while the other
163 supports students needing additional help.

164 **Peer-Mediated Teaching Strategies:**

165 Peer tutoring and cooperative learning activities encourage interaction between students of
166 diverse abilities, fostering academic and social growth (Carter et al., 2005). Other names include "**peer**
167 **teaching**", "**partner learning**", "**Peer education**", "**child-teach-child**", and "**mutual instruction**".
168 Like in peer tutoring, assigning roles based on students' strengths in group activities can ensure
169 participation and build confidence. Three forms of peer tutoring are **Class Wide Peer**
170 **Tutoring (CWPT)**, **Peer-Assisted Learning Strategies (PALS)**, **Reciprocal Peer Tutoring (RPT)**.

171 **Positive Behaviour Interventions and Supports (PBIS):**

172 PBIS involves using proactive strategies to promote a positive classroom environment, which is
173 essential for managing behaviours in inclusive classrooms (Sugai & Horner, 2002). PBIS is a unique
174 approach that helps to eliminate challenging behaviour and supplements it with skills and tools that
175 help students make better choices. Clear expectations, consistent reinforcement, and individualized
176 behaviour plans help ensure all students feel supported.

177 **Assistive Technology:**

178 Accessibility can be greatly improved by assistive technology and software, allowing students
179 to more successfully interact with the curriculum and fully participate in class activities. Use of assistive
180 technology, such as speech-to-text tools or communication devices, can significantly support students
181 with disabilities in accessing the curriculum (Edyburn, 2013). For instance, a student with a physical
182 disability might use adaptive keyboards to complete assignments.

183 **Address Biases and Stereotypes:**

184 Educators must actively reflect on and address their own biases, as these can unconsciously
185 influence teaching practices and interactions with students. Regular professional development focused
186 on equity and inclusion can help teachers identify and mitigate these biases (Sue, 2010).

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189 **Encourage Student Voice and Agency:**

190 Inclusive pedagogy involves giving students opportunities to co-create the learning process.
191 This can be achieved by incorporating student feedback into lesson planning and allowing students to
192 choose topics or methods for assignments, fostering a sense of ownership and engagement (Freire,
193 1970).

194 **Universal Design for Learning (UDL):**

195 UDL is a framework that guides the design of learning experiences to accommodate diverse
196 learners. By providing **multiple means of representation, action and expression**, and **engagement**, it
197 is ensured that all students can access and participate in learning (CAST, 2018). A growing body of
198 research suggests that UDL can significantly enhance student engagement in inclusive classrooms
199 (Lang et al., 2012; Meyer et al., 2014). Engagement is a critical component of learning, as it
200 encompasses students' emotional, cognitive, and behavioural involvement in educational activities
201 (Fredricks, Blumenfeld, & Paris, 2004).

202 **Evaluate and Reflect:**

203 Continuous assessment of teaching practices is crucial. Educators should seek feedback from
204 students, peers, and self-evaluations to identify areas for improvement in their inclusive practices
205 (Brookfield, 2017).

206 **Teacher Expertise and Reflection:**

207 Implementing differentiation requires skilled teachers who can effectively assess student needs,
208 plan and deliver differentiated instruction, and reflect on its effectiveness. Critical reflective practice is
209 vital for enhancing teacher competencies, skills, and transforming educational systems towards
210 inclusion (Di Gennaro et al., 2014). Several key factors, such as context, teaching experience,
211 knowledge of inclusive education policies, pre-service education, professional learning, and interaction
212 with people with disabilities, affect teachers' self-efficacy for inclusive education (Wray et al., 2022).

213 The following picture depicts significant components of teaching, their practices, and concerns,
214 making it more thought provoking and offering opportunities for improvement and inclusion.

215 **Conclusion**

216 Understanding Diversity as **Diversity as an asset**. The findings underlined the need for diverse
217 pedagogical strategies to accommodate different learning styles, stressing that not one size fits all.

218 Additionally, it also explains that various innovative and evidence-based pedagogical approaches can
219 cater to the needs of diverse learners. Contemporary pedagogical frameworks and strategies underscore
220 the importance of inclusivity and adaptability in education. Nevertheless, the research concludes that
221 significant challenges and limitations will remain; teachers should opt for a multifaceted approach to
222 teaching by combining various pedagogical techniques to meet students' learning styles. Schools must
223 promote cooperative learning strategies enhance students' achievement in the classroom.

224 As the field of special and inclusive education continues to evolve, educators and policymakers
225 must stay informed about best practices, emerging technologies, and new research. Most importantly, a
226 teacher should have a deeper understanding of pedagogical or teaching methods and learning styles to
227 gain insights into optimising educational methods that enhance learners' ability and improve the
228 efficiency of teaching.

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