



ISSN NO. 2320-5407

ISSN(O): 2320-5407 | ISSN(P): 3107-4928

# International Journal of Advanced Research

Publisher's Name: Jana Publication and Research LLP

www.journalijar.com

## REVIEWER'S REPORT

Manuscript No.: IJAR-56268

**Title:**

**Psychological impact of the Alhaouz earthquake: Study in the municipality of Ouled Berrehil, Morocco**

**Recommendation:**

Accept as it is .....

**Accept after minor revision.....**

Accept after major revision .....

Do not accept (*Reasons below*) .....

Rating	Excel.	Good	Fair	Poor
Originality		Good		
Techn. Quality	Excellent			
Clarity		Good		
Significance	Excellent			

Reviewer Name: Dr. Sumathi

### *Detailed Reviewer's Report*

- 1. Peritraumatic distress is the intense, immediate emotional and physiological fear, helplessness, or horror experienced during or directly after a traumatic event. It is a key predictor of PTSD severity. Common symptoms include panic, trembling, increased heart rate, and cognitive impairment.**
- 2. A natural disaster is a major, sudden adverse event caused by natural environmental processes—such as earthquakes, floods, hurricanes, or wildfires—that results in significant damage, economic loss, and threats to human life and infrastructure. These events are not caused by human activity but can devastate communities, often requiring immediate, emergency response to manage their high impact.**
- 3. Psychosocial support refers to processes and actions that promote the holistic well-being of individuals, families, and communities by addressing their interconnected mental, emotional, social, and spiritual needs. Primarily used in crisis,, emergency, and education**

**REVIEWER'S REPORT**

settings, it fosters resilience, aids recovery from trauma, and helps restore normal life.

4. **The 2023 Al Haouz earthquake in Morocco caused significant, long-term psychological damage, characterized by widespread Acute Stress Disorder (ASD), Post-Traumatic Stress Disorder (PTSD), anxiety, and depression among survivors. The trauma is marked by sleep disturbances, nightmares, fear, and emotional distress, often compounded by the loss of loved ones and destruction of homes.**
5. **Ten common types of natural disasters include Earthquakes, Volcanoes, Tsunamis, Floods, Hurricanes/Cyclones, Tornadoes, Wildfires, Droughts, Landslides, and Avalanches, which are geophysical or meteorological events causing widespread damage, often categorized by their cause like seismic activity (earthquakes, tsunamis) or extreme weather (storms, droughts).**
6. **PTS (Post-Traumatic Stress) is a normal, temporary reaction to trauma, with symptoms like fear or shaking that usually fade within a month, while PTSD (Post-Traumatic Stress Disorder) is a clinically diagnosed mental health condition where severe, prolonged symptoms like flashbacks, nightmares, and extreme anxiety disrupt daily life for over a month and require professional treatment. PTS is an expected response, but if symptoms persist and intensify, they can develop into PTSD, a serious disorder that doesn't typically resolve on its own.**
7. **Key words are good but need to give more words.**
8. **In result part for tables can be given pie chart.**
9. **Summary points also be added.**
10. **References should be in alphabetical order.**
11. **After those changes good to publish in your journal.**