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RESEARCH ARTICLE

NUTRITIONAL PROSPECTS, ANTIOXIDANT AND ANTIBACTERIAL ACTIVITIES OF SOME FOOD PLANTS CONSUMED BY WILD MANDRILL (*MANDRILLUS SPHINX*) POPULATION FROM LÉKÉDI PARK (BAKOUMBA, GABON).

Gontran nsi akoue^{1,2}, Pierre Philippe Mbehang Nguema^{3,4}, Richard Onanga³, Arsene Mabika Mabika³ and Ibrahim B.¹.

1. Laboratoire de Physiologie Animale: Electrophysiologie-Pharmacologie-URAB, Université des Sciences et Techniques de Masuku, BP 913, Franceville Gabon.
2. Laboratoire de Sciences de la Vie et de la Terre de l'Ecole Normale Supérieur de Libreville (LaSciViT), BP : 17009Libreville-Gabon.
3. Laboratoire de Bactériologie de l'Unité de Recherche et d'Analyses Médicales du Centre International de Recherche Médicale de Franceville Gabo.
4. Institut de Recherche en Ecologie Tropicale du Centre International de Recherche Scientifique et Technologique de Libreville, Gabon.

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Abstract

Research on wild vegetables established that several vegetables supply significant quantities of essential nutrients to the body and, assist in the maintenance of health and prevention of diseases.

This study consisted to evaluated nutritional and pharmacological potentials of some wild vegetables from *Mandrillus sphinx* diet. Vegetables species selected according to their consumption frequencies and ethnopharmacological uses by local population, were therefore subjected to nutritional and pharmacological analyses.

Proximate nutrients values showed that fruits and leaves from mandrill diet present the high values in crude protein, fats and carbohydrate.

Results showed also high mineral amounts were also obtained with the majority of plants eaten.

Phytochemical and pharmacological analyses have shown the highest content of secondary compounds had ranged between 0.06 ± 1.18 and 44.46 ± 0.10 g EAG/100g of dried matter (total phenols compounds amount), Antinutritional compounds amounts varies between 0.005 ± 2.1 and 28.15 ± 0.22 g EAT/100g DM (tannins) and 0.021 ± 0.29 and 11.45 ± 0.03 g EQ/100g DM (flavonoids).

Our results showed also the good antioxidant activity of some plant organs consumed by both two populations human and mandrill such as *Aframomum cf. polyanthum*, *A. albobolaceum*, *Pseudospondias longifolia*, *Chrysophyllum lacourtianum* and *Landolphia mannii*. The lowest values have recorded with fruits of *Antrocaryon klaineianum*, *Uapaca guineensis* and *Pentaclethra macrophylla* has been also observed.

Among plants analyzed for antibacterial activities, *Tristemma mauritanum*, *Macaranga schweinfurthii*, *Medelina mirabilis*, *Alchornea floribunda* and *Pentaclethra eetveldeana* present the

Corresponding Author:-Gontran Nsi Akoue.

Address:-Laboratoire de Sciences de la Vie et de la Terre de l'Ecole Normale Supérieur de Libreville (LaSciViT), BP : 17009Libreville-Gabon.

bactericidal effects. This study showed that vegetables from mandrill diet constitute good nutritional sources of nutrients and mineral compounds. Some plants will be also good natural antioxidants sources and antibacterial usable in human health.

Thus, investigations of mandrill diet will constitute the good sources of nutrients and antinutritional compounds to improvement of nutrition, health and an approach for drugs discovery.

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Introduction:-

Diseases such as cancer, cardiovascular, Alzheimer's diseases, neurodegenerative disorders, many chronic affections and food security represent a major challenge of public health in the developed countries, where some people and mainly children still suffer from malnutrition including deficiencies in micronutrients due to the lack of affordable and nutritious food. Several epidemiological studies have proved that these metabolic affections were associated with oxidative stress phenomena (Zia-ul-haq et al., 2008).

However, in many low-income countries to fight against the under and malnutrition, several food programs those involve the use of non-timber forest products (NTFPs) in the diet, including wild edible plants, are undertaken. The major contribution of NTFPs is well recognized in the improvement of nutrition and health in urban and rural area in low-income countries (Fernanda et al., 2006).

In Africa, many studies reported that a vast number of indigenous wild plants play a significant role in the diet of the population (Mouhammed et al., 2011).

Also, Food and Agricultural Organization (FAO) reported that about one billion of population use wild food in their diet (Burhingame, 2000). These wild edible plants contain valuable food ingredients which may be successfully used to build up and repair the body. Thus, they would play an important role in human diets supplying the body with low calories and substantial amounts of necessary minerals and vitamins (Fasuyi, 2006) since they provide amounts of proteins, fats, carbohydrates, fibers, vitamins and minerals (Onwordi et al., 2009; Saikia and Deka, 2013) necessary for the good functioning of organism.

They also contain many secondary metabolites with beneficial effects on the human health. It is the case of bioactive molecules such as phenolic compounds which have strong antioxidant effect against free radicals and reactive oxygen species involved like major causes in chronic human diseases such as cardiovascular diseases, diabetes and degenerative diseases (Kyung-Hee et al., 2005; Chen and Yen, 2007).

Ongoing studies in the Lékédi Park (Bakoumba, Gabon) carried out on mandrill (*Mandrillus sphinx*) diet behavior have shown that many wild plants are consumed by human and non-human primates. Some of them were used by non-human primates only (Nsi Akoué et al., 2017; Nsi Akoué, 2017). Certain reports argue for the underutilization and lack of the nutritional value of wild vegetables around the world (Keatinge, 2012).

In order to contribute to the fighting against food vulnerability accentuated and to prevent some pathologies as bacterial and metabolic affections in rural area, we aimed to the study antioxidant potential, antibacterial activity and nutritional value of wild edible plants consumed by free mandrill population from the Lékédi Park (Bakoumba) which may be very useful in human diet and as medicinal alternative.

Material and methods:-

Study site and population

The study was conducted in the Lékédi Park located 7 km North-East of the village of Bakoumba in Southern Gabon. The park is composed of 14000 hectares of forests interspersed with savannas and divided into three modules (Nsi Akoué et al., 2017).

The study population of mandrills consisted with habituated population of ~130 free-ranging individuals living in the Lékédi Park and its vicinity. This study community's home range, covered about an area of 2400 ha (Nsi Akoué et al., 2017). She is originated from 65 captive individuals initially housed at the CIRMF (Centre International de Recherche Médicale de Franceville) and released in 2002 and 2006 (Peignot *et al.*, 2008). At the present time, the group is composed of about 85% are wild-born individuals (Brockmeyer et al., 2015; Nsi Akoué et al., 2017).

Behavioural data collection

Behavioral data on the feeding behavior were collected from 57 individuals of the study group of wild mandrills of both sexes during 17 months (Nsi Akoué et al., 2017) using five minutes focal samplings of 57 individuals (Altmann, 1974).

Plant collection and identification

The plants consumed by the studied mandrills were collected, pressed in the field and authenticated by an expert botanist of the National Herbarium of the Institute of Tropical Medicine and Pharmacopoeia (IPHAMETRA, Libreville, Gabon). Voucher specimens were deposited in the herbarium of the University of Sciences and Techniques of Masuku (Franceville-Gabon).

Nutritional proximate analysis

Preparation of sample plants

The selection of plants used in this study based on the combination of several criteria as consumption frequency by mandrills, their availability in area, their uses by local population (Nsi Akoué et al., 2017; Nsi Akoué, 2017). Principally, the plant parts which were abundantly consumed by mandrills and feebly available in area and also used as food plant by local population were used for nutritional value and antioxidant analysis. Them which were rare in area and abundantly consumed by mandrills and also used in traditional medicine as anti-parasitic or antimicrobial agents (Nsi Akoué, 2017) were used for antimicrobial activities against multi-resistant bacteria from mandrills. Plant parts selected were collected during the behavioural data collection (Nsi Akoué et al., 2017). The samples collected were air-dried at room temperature for a total period six weeks and pulverized into powder using a clean electric blender (Model Phillips 190). The powders of samples were conserved in the flasks until utilization.

Proximate analysis

The moisture and ash content of samples of plants parts were determined using standard chemical methods as described by Association of Official Analytical Chemists (AOAC, 1990). For moisture, 2 g of sample was dried at 105°C for 24 hours. The ash content was determined by incineration of 2g of the sample in a muffle furnace at 550°C for 6 hours. Soxhlet extraction technique using petroleum ether (40-50°C) was used to evaluate the fat content of the sample (Pearson et al., 1981).

Bradford method was used to determine the crude protein content of the sample (Bradford, 1976). The carbohydrate content of the sample was determined by Dubois method (Dubois et al., 1956).

The crude fiber content of the sample has been estimated from the formula (% carbohydrate= 100% - sum of percentage of moisture, ash, fat, crude fiber and crude protein contents) (Alinnor and Oze, 2011).

$$\text{Crude fiber (\%)} = 100 - [\text{Moisture(\%)} + \text{Fat(\%)} + \text{Carbohydrate(\%)} + \text{Proteine(\%)}]$$

Determination of total energy

The total energy of food mandrill was calculated by according the method of Satter et al. (2014) using the formula following:

$$\text{Energy (kcal/100g)} = (\% \text{ Fat} \times 9.3) + (\% \text{ Carbohydrate} \times 4.1) + (\% \text{ Proteine} \times 4.1)$$

Mineral Analysis

The mineral contents of the samples were estimated by the wet digestion method (AOAC, 1995). Briefly, 1 g of the powdered plant sample was mixed with a 10 mL of nitric acid, HNO₃ (100%) in a Becher. The digestion was carried out at low heat until the brown fumes had been given off, and heating continued until all the solids dissolved and the appearance of white fumes. Then we added 3 mL of perchloric acid, HClO₄ (70 %) and continued the digestion until the reduction of bulk. After cooling, the digest was filtered and transferred into 100 mL volumetric flask and made up to the mark with distilled water. The solution was used for the estimation of minerals. The K, Ca and Na were estimated by flame photometer (PFP76 Flame Photometer, Jenway), while Zn, Fe, Mg and Cu were determined using atomic absorption spectrophotometer (Model AA240FS, Varian). Phosphorus was determined by the Vanado Molybdate-Yellow method (AOAC, 2000).

Phytochemical analysis

Preparation of plant extract

The plant parts consumed by the mandrills were collected during the Behavioural data collection (Nsi Akoué et al., 2017). Them samples collected were air-dried at room temperature for a total period six weeks and pulverized to powder using a clean electric blender (Model Phillips 190). A 25 g sample of the pulverized of each plant parts was lyophilized and the extract obtained is stored in vials protected from light until the completion of various tests.

Phytochemical screening

Phytochemical tests the dry extracts (ethanolic, ethanolic-water and aqueous) bioactive compounds was realized using standard procedures (Bruneton, 1999; Bidié et al., 2008), with small modifications (Nsi Akoué et al., 2013; Nsi Akoué, 2017). Qualitative analysis tests were realized for the presence of chemical constituents such as sterols, terpenoids, tannins, polyphenols, flavonoids, quinones and saponins. The alkaloids were tested by the method of Dragendorff and Meyer (Bruneton, 1999).

Total Phenols content extracts

The Folin-Ciocalteu method was used to measure total amount of total phenols content (Singleton *et al.*, 1999). Aliquots of 0.25 mL of each leaf extracts (1 mg/mL) were mixed with 1.25 mL Folin-Ciocalteu reagent (0.2 N diluted in methanol). A reagent blank using methanol instead of sample was prepared. After 5 min incubation at room temperature, 1 mL sodium carbonate solution (7.5%) was added. Samples were incubated at room temperature for 1 h and the absorbances were measured at 765 nm versus the prepared blank.

All tests were carried out in triplicate and total phenols content was expressed as mg of Gallic acid equivalents (GAE) per 100 g of drug.

Total flavonoids content extracts

The Dowd method was used to measure total amount of flavonoids (Arvouet-Grand *et al.*, 1994) with slightly modification. Quercetin was used as standard. 1 mL of 2 % AlCl₃ in methanol was added to 1 mL of plant extract (1 mg/mL). After 10 min of incubation at room temperature (20°C), absorbances were read at 415 nm. All tests were carried out in triplicate and results were expressed as Quercetin equivalent (QE).

Total tannins content extracts

The reference method of European Community was used to measure total amount of tannins (1994) with small modifications. Aliquots of 250 µl of extract (1 mg/mL) were added at 250 of µl ammonium citrate ferric reagent (3.5g/L) more 250 µl of ammonia (20%, 8g/L) and 1200 µl of H₂O. After 10 min of incubation at room temperature (20°C), the absorbances were read at 525 nm. All tests were carried out in triplicate and results were expressed as Tannic acid equivalent (EAT).

Antioxidant activity index determination

The Antioxidant Activity Index (AAI) was determinate according to the radical 2,2-diphenyl-1-picrylhydrazyl (DPPH) method as described by Scherer and Godoy, (2009). Briefly, the working reagent was prepared by dissolving 10 mg of DPPH in 100 mL ethanol. Graded concentrations of extracts ranging from 0.781 to 100 µg/mL obtained by two-fold dilutions were prepared and 100 µL of each dilution were mixed with 100 µL of the extract solution. Absorbences were measured at 517 nm after 15 min incubation at room temperature in the dark. Ascorbic acid (Vitamin C) and Quercetin were used as references. The ability to scavenge DPPH radical was calculated by the following equation:

$$\text{RSA} = [(\text{Abs (control)} - (\text{Abs (sample)})) / \text{Abs (control)}] \times 100$$

With, RSA is the percentage of free radical scavenging activity. The IC₅₀ (concentration providing 50% inhibition) of extracts and standards was determinate using regression curves in the linear range of concentrations. The antioxidant activity index was calculated as following formula

$$\text{AAI} = [\text{DPPH } (\mu\text{g/mL})] / \text{IC}_{50} (\mu\text{g/mL})$$

Where [DPPH (µg/mL)], is the final concentration of DPPH.

[DPPH] is the final concentration of DPPH. We considered criteria of Scherer and Godoy according to which plant extracts show poor antioxidant activity when AAI < 0.5, moderate antioxidant activity when AAI between 0.5 and 1.0, strong antioxidant activity when AAI between 1.0 and 2.0, and very strong when AAI > 2.0.

Antimicrobial studies

Test microorganisms

Microorganisms strains used in this study were principally multiresistant bacteria strains of mandrills from Bacteriology Laboratory of Centre International de Recherche Médicale de Franceville (CIRMF). These isolates were constituted by *Citrobacter youngae* (CY95, CY127), *Escherichia coli* (EC114, EC121, EC129 and EC292), *Enterobacter cloacae complex* (ECC110), *Klebsiella pneumoniae ssp pneumonia* (KPP32) and *Pseudomonas aeruginosa* (PA102 and PA383). These isolates were resistant at three standard antibiotics such as Cefotaxime,

Ceftazidime and Ertapenem. The selection of these antibiotics depended on their availability and resistance to some antibiotics used in the treatment of human microbial infections. Thus microorganisms, well represented, are opportunistic pathogens most frequently implicated in infectious diseases in tropical areas (Arvouet-Grant et al., 1994; Koudou et al., 2008).

Determination inhibition zone diameters

The assay was conducted as described by Bssaibis et al., (2009). Briefly, some bacteria strains from growth on MacConkey agar medium incubated at 37 °C for 24 h were suspended in saline solution 0.9% NaCl and adjusted to a turbidity of 0.5 McFarland standards (108 CFU/ml) (Lennette et al., 1981). Each suspension was used to inoculate into a Petri dish 90 mm diameter using a sterile swab (DeltaLab). Then, 6 mm wells were dug into the agar of each Petri dish with a sterile cork borer. And 50 µL of each plant extract tested at 2000 µg / mL were put in these wells. The dissolution of the extract was added by 0.5% (v/v) DMSO which did not affect microorganism growth, according to our control experiments. Diffusion discs of Cefotaxime (CTX 30 µg), Ceftazidime (CAZ 10 µg), and Ertapenem (ERT 10 µg), (Bio-Rad) were used as positive reference standard to determine the sensitivity of the strains. Plates were incubated aerobically at 37°C for 24 h. The antimicrobial activities were evaluated by measuring the diameters of the inhibition zones with a graduated rule.

Determination the Minimum Inhibitory Concentration by Broth Dilution Assay

The microdilution method was used to determine minimal inhibitory concentrations (MIC) and minimal bactericidal concentrations (MBC) of the extract against the test microorganisms as described by Bssaibis et al., (2009). The extracts dissolved in 0.5% DMSO were transferred in tubes to obtain a two-fold serial dilutions ranging from 4.8 to 2500 µg/mL. The tubes were inoculated in air with microbial suspensions at 37°C for 24 hours. MIC was recorded as a lowest extract concentration demonstrating no visible growth in the broth. MBC was recorded as a lowest extract concentration that kills 99.9 % of bacterial inoculate. MBC values were determined by removing 100 µl of bacterial suspension for subculture demonstrating no visible growth and by inoculating nutrient agar plates. Plates were incubated at 37°C for a total period of 48 h (Obame et al., 2007, Koudou et al., 2008).

Results:-

Nutritional composition of wild vegetables

Results of analysis of nutrient content (Table 1) of 22 wild vegetables from mandrill diet and also used by native population show that the crude protein contents of the examined vegetables were ranged from $1.7 \pm 0.0\%$ to $34.6 \pm 0.7\%$ of dry matter (DM) basis and the mean of protein content was $12.55 \pm 1.42\%$ DM. The high value of protein was obtained with *Ricinodendron heudelotii* ($34.6 \pm 0.7\%$ DM), *Pentaclethra macrophylla* ($20.9 \pm 3.6\%$ DM), followed by *Landolphia mannii* (19.9% DM), *Uapaca guineensis* ($19.3 \pm 0.1\%$ DM) and *Aframomum alboviolaceum* ($17.8 \pm 3.3\%$ DM). The small quantity was obtained with *Cnestis sp* ($1.7 \pm 0.0\%$ DM), followed of *Asplenium africanum* ($2.8 \pm 0.3\%$ DM) and *Renalmia macrocolea* ($5.8 \pm 5.1\%$ DM).

Concerning the fats, values were ranged from $0.8 \pm 0.9\%$ to $33.7 \pm 0.7\%$ DM and the mean value was $12.40 \pm 3.11\%$ DM. The high values were obtained with *Landolphia mannii* ($49.2 \pm 0.3\%$ DM) followed of *Pentaclethra macrophylla* ($41.6 \pm 0.4\%$ DM) and *Aframomum daniellii* ($23.1 \pm 3.4\%$ DM). *Tristemma mauritanium* on the other hand has presented the small value of fat ($0.8 \pm 0.9\%$ DM resp.) and average of fat content was $8.83 \pm 2.05\%$ DM.

Vegetables average of carbohydrate content was $16.48 \pm 3.63\%$ DM and the carbohydrate content were ranged from 0.6 ± 1.7 to $78.3 \pm 2.1\%$ DM. The higher values were obtained with *Chrysophyllum africanum* ($78.3 \pm 2.1\%$ DM), *Chrysophyllum lacourtianum* ($58.1 \pm 3.0\%$ DM) and *Landolphia hirsuta* ($69.7 \pm 0.8\%$ DM). The small carbohydrate content was obtained with *Macaranga schweinfurthii* ($3.7 \pm 1.6\%$ DM).

The mean of moisture content was $35.18 \pm 4.99\%$ DM and the values were found between 3.6 ± 0.8 and $88.5 \pm 0.7\%$ DM. Mean of ash content was $5.92 \pm 0.68\%$ DM and the values were ranged between 2.7 ± 0.3 and $11.7 \pm 0.9\%$ DM.

The results obtained on caloric values of vegetables ranged between 53.07 ± 3.9 and 608.27 ± 3.0 kcal/100 g DM with an average of 229.89 ± 30.29 kcal/100g DM. The high caloric values were obtained with *Ricinodendron heudelotii* (608.27 ± 3.0 kcal/100 g DM) followed of *Pentaclethra macrophylla* (533.25 ± 0.9 kcal/100g DM) and *Chrysophyllum africanum* (387.18 ± 4.3 kcal/100g DM). The small caloric values were obtained with the petioles of *Macaranga schweinfurthii* (75.620 ± 2.4 kcal/100g DM).

The crude fiber content of vegetables was found between $1.4 \pm 2.1\%$ and $41 \pm 1.0\%$ DM and their mean was of $10.55 \pm 1.8\%$ DM.

Table 1:-Nutritional composition of the some wild plants from *Mandrillus sphinx* diet (%).

Vegetal species	Plant parts	Moisture	Ash	Carbohydrates	Fat	Protein	Energy (Kcal/100g DM)
<i>Aframomum alboviolaceum</i>	Fruit	9.9±2.4	2.66±0.3	8.89±0.2	7.21±3.1	17.8±1.1	176.65±2.6
<i>Aframomum polyanthum</i> cf	Fruit	7.5±3.2	3.67±3.2	6.01±3.9	6.60±0.1	5.78±4.8	109.72±6.8
<i>Aframomum daniellii</i>	Fruit	8.80±4.7	9.70±5.1	11.10±1.6	23.1±3.4	8.30±6.1	294.37±3.1
<i>Aframomum sp</i>	Fruit	26.0±2.3	5.04±1.3	9.59±4.3	4.30±2.3	16.6±3.3	147.37±1.7
<i>Alchornea floribunda</i>	Fruit	74.5±0.0	4.06±0.0	7.63±1.9	18.9±3.6	15.8±2.9	271.83±4.1
<i>Chrysophyllum africanum</i>	Fruit	6.7±0.2	2.7±0.7	78.3±2.1	4.6±3.2	5.7±0.01	387.18±4.3
<i>Chrysophyllum lacourtianum</i>	Fruit	9.4±0.9	6±2.1	58.1±3.0	3±0.91	12.3±2.1	316.54±3.9
<i>Landolphia mannii</i>	Fruit	11.2±0.5	8.1±1.7	5.0±2.5	49.2±0.3	19.9±1.9	327.40±4.3
<i>Lasianthus batangensis</i>	Fruit	63.3±0.0	7.7±0.31	5.2±0.12	4.7±7.1	9.21±0.0	102.96±1.9
<i>Macaranga schweinfurthii</i>	Root	28±1.4	3.7±0.3	3.7±1.6	3.6±0.09	1.7±0.0	75.620±2.4
<i>Maesobotrya staudtii</i>	Fruit	71.4±0.0	4.3±1.0	6.9±0.37	2.6±0.0	17.8±0.0	125.61±0.9
<i>Medinilla mirabilis</i>	Fruit	28.4±2.1	4±0.0	4.34±1.6	2.8±3.2	22.1±0.0	134.44±1.1
<i>Megaphrynium macrostachum</i>	Seed	7.5±1.0	9.9±0.1	1.18±2.8	33.7±0.7	6.3±0.09	344.08±4.0
<i>Microdesmis haumaniana</i>	Fruit	71.4±0.0	3±0.03	11.8±0.2	3.9±0.0	11.9±0.51	133.44±1.5
<i>Palisota ambigua</i>	Fruit	72±0.34	11.7±0.9	12.7±1.0	2.1±0.01	22.4±0.0	163.44±0.7
<i>Paspalum scrobiculatum</i>	Stem	88.5±0.7	5.7±0.3	17.7±5.0	3.4±0.5	10.1±0.0	145.60±4.9
<i>Pentaclethra macrophylla</i>	Seed	11.9±1.0	3±0.91	14.8±2.1	41.6±0.4	20.9±3.6	533.25±0.9
<i>Pseudospondias longifolia</i>	Fruit	46.1±0.3	3.10±2	9.65±0.3	9.8±0.9	11.48±1.1	177.77±3.9
<i>Rhynchospora corymbosa</i>	Fruit	57.3±0.6	5.3±2.4	9.9±0.9	2.6±2.6	16.18±0.2	133.65±2.9
<i>Ricinodendron heudelotii</i>	Seed	5.6±0.0	11.3±0.1	32.1±0.4	36±0.6	34.6±0.7	608.27±3.0
<i>Tristemma mauritianum</i>	Leaf	34.6±3.1	3.6±0.2	9.67±1.9	1.7±0.39	16.9±0.0	124.93±5.2
<i>Uapaca guineensis</i>	Fruit	74.7±0.0	4±2.9	18.4±1.2	7.4±0.0	19.3±0.1	223.39±3.1

All data were expressed as mean ± SD of triplicate experiment (n = 3).

Minerals composition of the wild vegetables consumed by mandrills.

The mineral compositions of 22 wild vegetables from mandrill diet such as potassium (K), calcium (Ca), sodium (Na), magnesium (Mg), phosphorus (P), iron (Fe), zinc (Zn), and copper (Cu) are presented in Table 2.

The results show that the high mineral content was obtained with the majority of the organ of plants eaten. The means of the mineral content of vegetables were 1663.2 mg/kg of dry matter (Ca), 1199.82 mg/kg dry matter (Mg), 127733.05 mg/kg dry matter (K), 2698.64 mg/kg dry matter (P), 8459.2 mg/kg dry matter (Na), 369.39 mg/kg dry matter (Zn), 171.86 mg/kg dry matter (Cu) and 1187.26 mg/kg dry matter (Fe).

The mineral content of 22 vegetables varies of 11.92 ± 4.1 and 10483.2 ± 1.4 mg/kg dry matter (Fe), of 29.1 ± 0.01 and 362.91 ± 2.1 mg/kg dry matter (Cu), of 105.98 ± 0.8 and 912.64 ± 2.3 mg/kg dry matter (Zn), of 1139.4 ± 2.1 and 15885.1 ± 1.0 mg/kg dry matter (Na), 970 ± 7.1 and 7110 ± 3.1 mg/kg dry matter (P), of 355.54 ± 6.0 and 220424.6 ± 3.1 mg/kg dry matter (K), 198 ± 2.0 and 3470 ± 3.4 mg/kg dry matter (Mg) and of 610 ± 1.5 and 2310 ± 2.4 mg/kg dry matter (Ca).

Our results shown also that ratio Na/K of 22 plant species analyzed was ranged from 0.01 (Aframomum alboviolaceum and Macaranga schweinfurthii) to 2.36 (Palisota ambigua) and the ration Zn/Cu was from 0.75 (Aframomum cf polyanthum) to 6.79 (Aframomum daniellii) (Table 2).

Table2:-Crud fiber (%) and mineral concentration in the wild vegetables (mg/kg DM).

Vegetal species	Crud Fiber	Ca	Mg	K	P	Na	Zn	Cu	Fe	Na/K
<i>A. alboviolaceum</i>	2.1 ± 1.5	1650 ± 0.8	219 ± 2.0	204462. ± 0.8	710 ± 1.6	1272.4 ± 2.4	324.50 ± 2.4	52.80 ± 1.6	269.23 ± 0.9	0.01
<i>A. cf polyanthum</i>	2.9 ± 0.4	1200. ± 1.1	210 ± 8.1	92400.0 ± 2.3	139 ± 1.0	5467.2 ± 2.3	136.62 ± 0.2	182.16 ± 4.1	4015.38 ± 1.5	0.06
<i>A. daniellii</i>	13.1 ± 3	610 ± 1.5	125 ± 4.7	4316 ± 2.1	618 ± 1.0	1139.4 ± 2.1	177.2 ± 1.2	29.1 ± 0.01	276 ± 1.2	0.26
<i>A. floribunda</i>	3.3 ± 1.9	1860 ± 2.3	280 ± 2.7	195525 ± 1.8	330 ± 9.0	21666 ± 1.7	817.65 ± 0.1	337.7 ± 1.6	41.43 ± 3.0	0.11
<i>Aframomum sp</i>	10.2 ± 6	1940 ± 1.8	201 ± 1.1	209163. ± 0.4	250 ± 0.1	4301.5 ± 1.1	565.92 ± 3.1	146.72 ± 1.3	36.64 ± 2.6	0.02
<i>C. africanum</i>	21 ± 1.2	1690 ± 0.6	101 ± 2.0	12720.4 ± 2.8	236 ± 1.3	3822.0 ± 1.0	114.30 ± 3.4	98.34 ± 3.1	97.62 ± 3.4	0.30
<i>C. lacourtianum</i>	13.2 ± 2	1970 ± 3.1	198 ± 2.0	30124.3 ± 3.8	970 ± 7.1	2927.9 ± 6.0	234.50 ± 3.4	118.64 ± 2.7	112.1 ± 6.1	0.10
<i>L. batangensis</i>	18.1 ± 1	1750 ± 2.2	117 ± 4.3	82705.0 ± 1.6	361 ± 2.0	7624.3 ± 1.10	439.94 ± 0.2	152.21 ± 1.8	145.80 ± 0.1	0.09
<i>L. mannii</i>	11 ± 1.2	2310 ± 0.6	283 ± 3.0	178435. ± 2.0	126 ± 3.1	1418.3 ± 1.9	654.32 ± 1.3	362.91 ± 2.1	1835.31 ± 1.1	0.01

<i>M. haumaniana</i>	7.0 ± 1.5	1120 ± 1.3	261 ± 1.4	204143.8 ± 2.9	125 ± 2.1	15885.1 ± 1.0	185.34 ± 0.1	190.8 ± 2.5	128.32 ± 2.1	0.08
<i>M. macrostachum</i>	31 ± 3.4	2010 ± 1.2	650 ± 2.5	130972.9 ± 7.0	127 ± 0.8	3565.3 ± 0.8	400.58 ± 2.6	79.63 ± 6.1	1370.6 ± 2.3	0.03
<i>M. mirabilis</i>	4.7 ± 0.4	1800 ± 0.6	164 ± 0.1	135225.8 ± 1.7	184 ± 0.6	3336.6 ± 1.01	234.07 ± 2.5	74.96 ± 2.0	10483.2 ± 2.1	0.02
<i>M. schweinfurthii</i>	3.4 ± 0.9	2410 ± 1.8	800 ± 2.8	170926.3 ± 4.0	501 ± 2.6	2290.3 ± 7.10	177.32 ± 0.4	85.25 ± 3.4	11.92 ± 4.1	0.01
<i>M. staudtii</i>	16 ± 2.5	1100 ± 6.1	102 ± 2.1	138173.8 ± 1.1	291 ± 0.1	2401.1 ± 4.0	184.47 ± 0.12	132.99 ± 3.0	15.00 ± 3.1	0.17
<i>P. ambigua</i>	6.1 ± 0.6	2220 ± 2.1	220 ± 3.5	4355.54 ± 6.0	139 ± 1.0	10289.6 ± 1.3	804.30 ± 2.7	338.96 ± 4.6	40.17 ± 2.0	2.36
<i>P. longifolia</i>	1.4 ± 2.1	1400 ± 3.1	146 ± 2.3	173791.7 ± 1.4	172 ± 2.0	7220.1 ± 1.0	174.15 ± 1.9	161.25 ± 3.4	15.03 ± 2.4	0.04
<i>P. macrophylla</i>	0.5 ± 1.1	2310 ± 2.4	347 ± 3.4	220424.6 ± 3.1	711 ± 3.1	3659.7 ± 1.5	689.63 ± 3.2	355.54 ± 2.2	21.43 ± 3.3	0.02
<i>R. corymbosa</i>	41 ± 1.0	1260 ± 0.4	151 ± 0.5	31331.3 ± 2.7	282 ± 1.0	5541.0 ± 3.6	105.98 ± 0.8	16.20 ± 6.4	188.81 ± 3.0	0.18
<i>R. heudelotii</i>	2.1 ± 2.4	2780 ± 3.8	210 ± 8.1	197425.0 ± 4.0	139 ± 3.2	2966.4 ± 5.0	302.10 ± 2.1	234.53 ± 5.4	27.80 ± 5.2	0.02
<i>P. scrobiculatum</i>	5.1 ± 0.4	1040 ± 1.8	640 ± 1.0	140533.3 ± 3.2	130 ± 0.2	58483.6 ± 0.4	912.64 ± 2.3	248.00 ± 2.1	4855.94 ± 1.0	0.42
<i>T. mauritanum</i>	11 ± 4.4	990 ± 1.6	790 ± 3.8	53120.0 ± 3.3	147 ± 4.2	10406.0 ± 5.0	224.10 ± 1.0	157.7 ± 2.9	2089.51 ± 2.8	0.20
<i>U. guineensis</i>	0.9 ± 3.4	1170 ± 3.9	220 ± 6.8	203850.8 ± 4.0	122 ± 0.2	10418.7 ± 3.0	267.1 ± 2.4	224.6 ± 1.5	42.45 ± 6.1	0.05

Chemical composition of some plant parts used by mandrill

The phytochemical screening results of some plants from *Mandrillus sphinx* diet are presented in the Table 3. The phytochemical result certifies the abundance of several secondary metabolites such as polyphenols, tannins, alkaloids, triterpenoids compounds and reduced sugar in different extracts.

Table 3: Chemical composition of some plant parts from Mandrill population diet.

Espèces végétales	Secondary metabolites								
	Tan	Sap	Alca	Poly	Flav	S/Red	T/St.	H/Car	Anth
<i>A. cf stipulatum</i>	-	+++	-	+++	+++	+++	++	-	-

<i>A. daniellii</i>	+++	++	+	++	+++	+++	++	-	+
<i>Aframomum sp</i>	-	+++	+	+++	+++	+++	+++	-	+
<i>A. pentagyna</i>	+++	++	+++	+++	+++	+++	+	-	-
<i>A. rubiginosa</i>	+++	+	+++	+++	+++	+	+	+	-
<i>A. floribunda</i>	+++	-	-	+++	+++	+	++	-	-
<i>A. africanum</i>	+++	+++	-	+++	+++	+	++	-	-
<i>B. fistulosa</i>	-	++	+++	+++	+++	-	-	-	++
<i>B. bracteosa</i>	+	-	+++	++	+++	-	-	+	-
<i>B. ferruginea</i>	+++	+++	++	+++	+++	-	+++	-	-
<i>L. welwitschii</i>	+++	++	+	+++	+++	+++	+++	-	+
<i>Landolphia sp</i>	-	++	+++	-	+++	+++	+++	-	-
<i>C. corniculata</i>	+++	+++	+++	+++	+++	+++	+++	-	+++
<i>C. mucunoides</i>	++	+++	+++	+++	+++	+	-	-	++
<i>C. cerinanthum</i>	-	+	+	++	++	+++	++	-	-
<i>C. sylvaticus</i>	+	++	++	+++	+++	+++	+++	-	-
<i>D. dinklagei</i>	+++	-	++	+++	+++	+++	+++	-	-
<i>D. corbisieri</i>	+++	-	+++	-	+++	-	+++	-	-
<i>D. tessmannii</i>	-	-	++	+++	+++	-	-	-	-
<i>D. africana</i>	+++	+++	+++	+++	+++	+++	+++	-	-
<i>D. cf umbellatum</i>	+++	-	++	++	+++	+++	+++	-	+
<i>D. multiflora</i>	-	-	+++	+++	+++	-	-	-	-
<i>E. glomerata</i>	+++	++	-	+++	+++	+++	+++	-	++
<i>Haumania sp</i>	+	-	++	+++	+++	++	-	-	-
<i>H. gabunense</i>	+++	++	++	+++	+++	+++	+++	-	+++
<i>J. gabonensis</i>	+	+++	+++	++	+++	+++	++	-	-
<i>L. glabra</i>	-	++	++	+++	+++	+++	++	-	-
<i>Landolphia sp</i>	+++	-	+++	+++	+++	+++	+++	-	+++
<i>L. batangensis</i>	-	-	-	+++	++	+++	++	-	-

Tan: tannins, **T/St:** triterpenoids and sterols, **Sap:** saponins, **Alca:** alkaloids, **Poly:** polyphenols, **Flav:** flavonoids, **S/Red:** reduced sugar, **Anth:** anthocyanins, **HCar:** cardiotoxic heterosids, +++: very abundant, ++: Abundant, +: lower, -: negatif test.

Total phenolic, tannins and flavonoids content.

The table 4 showed the polyphenols content in some food plants from mandrill diet. Levels of phenolic content were expressed in terms of gallic acid equivalent (GAE). The results showed that total phenols compounds content had ranged between 0.06 ± 1.18 and 44.46 ± 0.10 g EAG/100g of dried matter (DM). Antinutritional compounds values (tannins) varies between 0.005 ± 2.1 and 28.15 ± 0.22 g EAT/100g DM and flavonoids content vary between 0.021 ± 0.29 and 11.45 ± 0.03 g EQ/100g DM

The highest content of phenolic compounds was obtained with fruits of *Renalmia macrocolea* (44.46 ± 0.10 g EAG/100g DM), *Haumania liebrechtsiana* (38.80 ± 0.08 g EAG/100g de DM) and *Aframomum alboviolaceum* (35.76 ± 0.03 g EAG/100g DM).

The highest values tannins compounds were unregistered with fruits *Haumania liebrechtsiana* (28.15 ± 0.22 g EAT/100g DM), *Aframomum alboviolaceum* (16.67 ± 0.91 g EAT/100g DM) and stems of *Manniophyton fulvum* (11.21 ± 0.57 g EAT/100g DM).

Table 4:-Total phenolic compounds content of some food plants used by mandrills.

Vegetables species	Plant	Total phenols	Total tannins	Total flavonoids
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	parts	(g EAG/100 g)	(g EAT/100 g)	(g EQ/100 g)
Aframomum alboviolaceum	Fruits	35.76 ± 0.03	16.67 ± 0.91	2.75±0.03
Aframomum cf polyanthum	Fruits	74.01 ± 0.01	1.62 ± 0.03	2.33±0.08
Aframomum daniellii	Fruits	8.99 ± 0.03	12.78 ± 1.23	1.78±0.23
Aframomum sp	Fruits	18.64 ± 0.04	0.96 ± 0.90	6.61 ± 1.20
Alchornea floribunda	Fruits	10.86 ± 1.3	1.85 ± 2.12	2.09 ± 0.50
Antrocaryon klaineianum	Fruits	4.46 ± 0.10	3.99 ± 0.01	5.94±0.15
Barteria bracteosa	Fruits	6.15 ± 3.10	0.08 ± 6.12	0.14 ± 0.20
Colopogonium mucunoides	Fruits	4.15 ± 0.70	0.11 ± 0.01	0.53 ± 0.04
Crotons sylvaticus	Fruits	12.74 ± 0.22	6.56 ± 0.46	9.38±0.08
Elaeis guineensis	fruits	1.01 ± 1.25	0.01 ± 0.65	3.94±0.03
Eriosema glomerata	Fruits	3.69 ± 0.01	2.27 ± 0.08	0.05 ± 1.22
Geophila afzelii	Fruits	1.40 ± 0.11	0.95 ± 0.02	0.59±0.05
Haumania liebrechtsiana	Seeds	38,80 ± 0.08	28.15 ± 0.22	0.44±0.01
Hylodendron gabunense	Seeds	3.18 ± 1.02	1.97 ± 3.12	0.76 ± 0.01
Landolphia hirsuta	Fruits	7.40 ± 0.11	0.43 ± 0.30	0.025±0.02
Lannea welwitschii	Fruits	0.69 ± 0.90	0.13 ± 6.30	0.04 ± 1.20
Lasianthus batangensis	Fruits	5.76 ± 0.25	2.91 ± 1.05	1.25±0.01
Macaranga schweinfurthii	Petioles	17.34 ± 0.10	4.68 ± 0.12	1.11 ± 0.01
Maesobotrya klaineana	Fruits	0.28 ± 3.10	0.05 ± 0.81	0.09 ± 0.01
Manniophyton fulvum	Stems	22.75 ± 0.32	11.21 ± 0.57	6.69 ±0.01
Medelina mirabilis	Fruits	3.03 ± 0.05	1.98 ± 1.01	0.38 ± 0.02
Megaphrynium macrostachum	Fruits	4.01 ± 0.01	1.96 ± 0.11	1.62 ± 0.03
Microdesmis haumaniana	Seeds	0.98 ± 2.31	0.19 ± 0.01	0.07 ± 6.20
Musanga cecropioides	Fruits	18.53 ± 0.09	2.41 ± 1.5	3.36 ±0.02
Nymphaea maculata	Leaves	14.93 ± 1.0	8.19 ± 0.77	11.45 ±0.03
Palisota ambigua	Fruits	16.35 ± 0.09	9.03 ± 0.3	2.44 ±0.03
Paspalum scrobiculatum	Seeds	1.49 ± 0.41	0.12 ± 0.03	0.11 ± 2.17
Pentaclethra eetveldeana	Flowers	9.97 ± 0.07	1.52 ± 0.29	6.08 ± 0.04
Pentaclethra macrophylla	Seeds	6.37 ± 0.29	2.11 ± 0.21	0.025±0.02
Plagiostyles africana	Seeds	2.04 ± 1.20	0.26 ± 1.04	0.67 ± 1.01
Renealmia macrocolea	Fruits	44.46 ± 0.10	10.69 ± 0.79	0.44±0.01
Rhynchospora corymbosa	Fruits	3.66 ± 0.02	2.26 ± 0.03	0.62 ± 0.07
Ricinodendron heudelotii	Seeds	3.01 ± 0.20	0.01 ± 0.49	0.021±0.15
Sarcophrynium brachystachyum	Stems	1.31 ± 0.03	0.11 ± 0.08	1.96±0.10
Smilax anceps	Fruits	6.93 ± 0.05	5.65 ± 0.82	3.31±0.91
Trachyphrynium braunianum	Stems	0.66 ± 0.24	0.02 ± 2.21	0.04 ± 3.20
Tricalysia cf. breteleri	Fruits	4.45 ± 0.13	3.09 ± 0.78	0.021±0.29
Tristemma mauritanum	Leaves	28.45 ± 1.2	3.21 ± 3.04	3.07 ± 0.40
Uapaca guineensis	Fruits	0.06 ± 1.18	0.005 ± 2.1	0.04 ± 0.01
Uvaria scrabida	Fruits	0.65 ± 0.17	0.07 ± 0.24	0.12 ± 2.13

Antioxidant Activity Index (AAI)

The results of the antioxidant activity of some fruits and seeds extracts of food plants from mandrill diet and consumed by local population are presented in the table 5.

The AAI of the extracts were ranged between 0.34 ± 2.7 and 5.19 ± 3.0 . The highest AAI values have been obtained with fruits of two *Aframomum* species (*A. cf polyanthum* (5.19 ± 3.0) and *A. albobviolaceum* (4.16 ± 0.2)), fruits of *Pseudospondias longifolia* (4.02 ± 2.5), *Chrysophyllum lacourtianum* (3.50 ± 2.6) and *Landolphia mannii* (3.08 ± 0.0) and can be compared to AAI of Vitamin C (10.22 ± 0.9) and BHA (3.54 ± 6.93). The lowest values have recorded with fruits of *Antrocaryon klaineum*, *Uapaca guineensis* and *Pentaclethra macrophylla* (0.34 ± 2.7 , 0.56 ± 1.1 and 0.81 ± 0.3 resp.).

Table 5:-Antioxidant activities some fruits and seeds consumed by mandrills and local population.

Vegetables species	Parties	Equations	R ²	IC ₅₀ (µg / mL)	IAA
<i>Aframomum albobviolaceum</i>	Fruits	Y = 1.813X + 3.639	0.936	12.01 ± 1.2	4.16 ± 0.2
<i>Aframomum cf polyanthum</i>	Fruits	Y = 1.314X + 06.91	0.967	9.64 ± 2.4	5.19 ± 3.0
<i>Aframomum daniellii</i>	Fruits	Y = 1.813X + 20.73	0.893	19.10 ± 0.1	2.61 ± 2.0
<i>Aframomum sp</i>	Fruits	Y = 1.946X + 17.21	0.893	16.85 ± 2.1	2.97 ± 3.8
<i>Antrocaryon klaineum</i>	Fruits	Y = 1.946X + 17.21	0.998	147.1 ± 1.0	0.34 ± 2.7
<i>Chrysophyllum africanum</i>	Fruits	Y = 1.691X + 21.82	0.922	39.85 ± 3.7	2.06 ± 2.0
<i>Chrysophyllum lacourtianum</i>	Fruits	Y = 1.275X + 02.63	0.996	37.16 ± 0.1	3.50 ± 2.6
<i>Landolphia mannii</i>	Fruits	Y = 0.466X + 0.992	0.991	16.21 ± 0.4	3.08 ± 0.0
<i>Pentaclethra macrophylla</i>	Seeds	Y = 1.894X + 13.61	0.936	61.29 ± 2.7	0.81 ± 0.3
<i>Pseudospondias longifolia</i>	Fruits	Y = 1.739X + 24.51	0.997	12.42 ± 3.2	4.02 ± 2.5
<i>Uapaca guineensis</i>	Fruits	Y = 1.813X + 20.73	0.863	89.52 ± 0.1	0.56 ± 1.1
Vitamine C		Y = 5.120X + 01.46	0.971	4.89 ± 2.80	10.22 ± 0.9
BHA		Y = 3.621X + 0.330	0.962	7.21 ± 0.90	3.54 ± 6.93

Inhibition zone diameters by disc assay of some food plants from mandrill diet used in traditional medicine by local population.

The inhibition zone diameters (IZD) obtained in the antimicrobial susceptibility assays for the plants extracts tested and standard antimicrobial drug discs are showed in Table 6.

The results showed that IZD recorded were ranged between 7 and 22 mm. The highest IZD was observed with the fruits of *Eriosema glomerata* (22 mm) and leaves of *Piptadeniastrum africanum* (20 mm). The lowest IZD have been obtained with seeds *Xylopia staudtii* (7 mm), leaves of *Tristemma mauritianum* (8 mm). These results showed also that some plant parts of some plants such as *Medelina mirabilis*, *Pentaclethra eetveldeana* and *Eriosema glomerata* have been active on the strains of *Escherichia coli* and *Enterobacter cloacae* complex resistant at standard antibiotic.

Table 6:-Zone inhibition diameters of some plant parts from mandrill diet.

Plant species	Zone inhibition diameters (mm)							
	EC121	CY127	EC129	KPP32	EC292	ECC110	EC114	PA383
<i>M. mirabilis</i>	17	-	-	14	13	14	11	15
<i>P. eetveldeana</i>	15	12	19	-	16	15	-	14
<i>P. africanum</i>	-	13	-	-	9	20	-	20
<i>A. floribunda</i>	9	11	17	12	-	-	19	13
<i>T. mauritianum</i>	12	9	13	13	9	14	8	10
<i>M. staudtii</i>	-	-	15	15	-	-	7	-
<i>M. haumaniana</i>	-	12	22	10	-	-	-	-
<i>E. glomerata</i>	18	13	-	22	12	11	10	8
<i>Haumania sp</i>	-	7	-	17	11	-	-	-
ERTA	-	12	-	19	-	-	13	17

EC: *Escherichia coli*, CY: *Citrobacter youngae*, PA: *Pseudomonas aeruginosa*, KPP: *Klebsiella pneumoniae* ssp *pneumoniae*, ECC: *Enterobacter cloacae* complex: -: negative test; ERTA: Ertapenem.

The table 7 presented the minimum inhibitory concentration (MIC) and minimum bactericidal concentration (MBC) values confirmed the antibacterial activity of some food plants from mandrill diet.

The lowest MIC (<0.19mg/mL) was recorded with the leaves of *Tristemma mauritianum* and fruits of *Microdesmis haumaniana*. Other parts of plant such as fruits of *Medelina mirabilis* and *Alchornea floribunda* have also showed the lower minimum inhibitory concentration (0.39 and 0.78 mg/ml respectively).

The lowest MBC (1.56 mg/mL) was obtained with fruits and leaves extracts of *Alchornea floribunda* and *Tristemma mauritianum* respectively.

Table 7:-Minimum inhibitory concentration (MIC) and minimum concentration bactericidal of some plants from mandrill diet and used in traditional medicine.

Plant species	MCI and MCB (mg/ml)															
	EC121		CY127		EC129		KPP32		EC292		ECC110		EC114		PA383	
	MC I	M CB	MC I	MC B	M CI	MC B	MC I	MC B	M CI	MC B	M CI	MC B	M CI	MC B	M CI	MC B
<i>M. mirabilis</i>	0.78	50	Nd	Nd	Nd	Nd	2.50	100	12.50	>200	6.25	>200	3.13	25	12.5	50
<i>P. eetveldeana</i>	6.25	100	12.5	>200	6.25	>200	Nd	Nd	50	200	12.5	>200	Nd	Nd	6.25	>200
<i>P. africanum</i>	Nd	Nd	25	200	Nd	Nd	Nd	Nd	6.25	200	3.13	>200	Nd	Nd	3.13	25
<i>A. floribunda</i>	0.39	25	1.56	50	3.13	>200	0.78	100	Nd	Nd	Nd	Nd	3.13	25	6.25	25
<i>T. mauritianum</i>	<0.19	25	<0.19	25	12.5	100	<0.15	Nd	6.25	>200	0.78	25	6.25	12.5	3.13	>200
<i>M. staudtii</i>	Nd	Nd	Nd	Nd	25	>200	12.5	50	Nd	Nd	Nd	25	12.5	100	Nd	Nd
<i>M. haumaniana</i>	Nd	Nd	<0.19	25	1.56	50	25	>200	Nd	Nd	Nd	Nd	Nd	Nd	Nd	Nd
<i>E. glomerata</i>	3.13	50	50	>200	Nd	Nd	1.56	25	25	>200	3.13	100	100	>200	6.25	100
<i>Haumania sp</i>	Nd	Nd	100	>200	Nd	Nd	100	>200	50	>200	Nd	Nd	Nd	Nd	Nd	Nd
ERTA	Nd	Nd	1.56	12.3	Nd	Nd	3.13	6.25	Nd	Nd	Nd	Nd	1.56	12.5	1.56	3.25

Nd = not determined

The results of report between MBC/MIC are presented in the table 8. These results showed that the values of this report were recorded between 2 and 64. The lowest values were obtained with *Tristemma mauritianum* (MBC/MIC = 2), *Medelina mirabilis*, *Pentaclethra eetveldeana* and *Alchornea floribunda* (MBC/MIC = 4). These lowest MBC/MIC were obtained on the bacterial strains of *Escherichia coli* and *Pseudomonas aeruginosa*.

Table 8:-The report MBC/MIC of plant part extracts analyzed.

Vegetables species	MBC/MIC							
	EC121	CY127	EC129	KPP32	EC292	ECC110	EC114	PA383
<i>Medelina mirabilis</i>	64	Nd	Nd	40	Nd	Nd	8	4

<i>Pentaclethra eetveldeana</i>	16	Nd	Nd	Nd	4	Nd	Nd	Nd
<i>Piptadeniastrum africanum</i>	Nd	8	Nd	Nd	32	Nd	Nd	8
<i>Alchornea floribunda</i>	64	32	Nd	Nd	Nd	Nd	8	4
<i>Tristemma mauritianum</i>	Nd	Nd	8	Nd	Nd	32.1	2	Nd
<i>Maesobotrya staudtii</i>	Nd	Nd	Nd	16	Nd	Nd	8	Nd
<i>Microdesmis haumaniana</i>	Nd	Nd	32.1	Nd	Nd	Nd	Nd	Nd
<i>Eriosema glomerata</i>	16	Nd	Nd	16.03	Nd	32	Nd	16
<i>Haumania sp</i>	Nd	Nd	Nd	Nd	Nd	Nd	Nd	Nd

Discussion:-

- The nutritional value of a vegetable depends on its nutrient and anti-nutritional constituents (Aletor et al., 1994). The results of nutritional content analysis have shown that crude protein content was relatively higher in wild food plants from mandrill diet and used also by native population. It was highest in the seeds of *Ricinodendron heudelotii*, *Pentaclethra macrophylla*, and abundant in the fruits of *Uapaca guineensis* and *Aframomum alboviolaceum*. The protein content in those wild vegetables were comparable with or higher than crude protein content reported by some authors on exotic vegetables like lettuce, cabbage and spinach (Yildirim et al., 2001) commonly consumed in South Africa.
- Our study shows also that crude protein content of twenty-two wild vegetables analyzed were ranged from $1.7 \pm 0.0\%$ to $34.6 \pm 0.7\%$ DM. Similar results have been also reported in Nigeria (Oguntona, 1998) and in Coruh Valley (Yildirim et al., 2001), where the crude protein contents of wild vegetables were observed to range between 3.5 and 32.5% DM. Whole results would suggest that some wild vegetables consumed by mandrills such as *Ricinodendron heudelotii*, *Chrysophyllum africanum* and *Pentaclethra macrophylla* would be a good protein sources.
- Similarly, *Pentaclethra macrophylla* is considered as a good protein source and is used as protein supplement in Nigeria [Amata, 2010; Dike, 2010; Alinnor and Oze, 2011]. According to the institute of Medicine (RDA), the recommended dietary allowance of protein of children, men and women is 34, 56 and 46 g/day respectively (Satter et al., 2016). The mean of protein content in wild food plant from mandrill diet was of 12.55% dry matter and it is recommended that plant food provide more of 12% of calorie value from protein (Satter et al., 2016).
- These observations show that some wild vegetables from mandrill diet would a good source of protein in human diet.
- The carbohydrates are principal source of energy available. Our study has shown that carbohydrate content was ranged from 0.6 ± 1.7 to $78.3 \pm 2.1\%$ DM. Some wild vegetables such as *Chrysophyllum africanum* and *Chrysophyllum lacourtianum* have shown higher carbohydrate content. These carbohydrate contents are higher or relatively higher of some wild edible leaves such as spinach and sweet potato which were 54.20% and 75.00% respectively (Imran et al., 2007).
- However, these results on the other hand, were considerably higher than the values of 3% of wild edible plants of Pakistan and commonly consumed in Nigeria where the carbohydrate contents were ranged from 29.40 to 32.80% DM (Onwordi et al., 2009; Khan et al., 2013).
- Thus, some wild food plants from mandrill diet would be good carbohydrates in native population diet.
- The crude fiber of twenty-two food plants of mandrill was between 1.4 ± 2.1 and $41 \pm 1.0\%$ DM and the values the most higher were obtained with *Rhynchospora corymbosa* ($41 \pm 1.0\%$ DM), *Chrysophyllum africanum* ($21 \pm 1.2\%$ DM) and *Megaphrynium macrostachum* ($31 \pm 3.4\%$ DM). These results are relatively high in relation to wild edible commonly consumed in Pakistan (Hussain et al., 2011; Shad et al., 2013).
- The dietary fibers content necessary for digestion and promoting soft stools for effective elimination by adult males and females are 38 and 25 g/day respectively (Trumbo et al., 2002). It has been also shown that the consumption of vegetables relatively high in crude fibers to reduce serum cholesterol level, risk of coronary heart diseases and hypertension. It also increases glucose tolerance and insulin sensitivity (Araya et al., 2003). That suggests that some wild edible vegetables from mandrill diet like *Chrysophyllum africanum* would be a good source of dietary fibers in human diet.
- Lipids are essential nutrients since they provide the body with maximum energy. Our study reveals that crude lipids content in wild vegetables such as *Aframomum daniellii*, *Landolphia manni* and *Pentaclethra macrophylla* were very higher than 18.4% DM, reported for the leaves of *Adansonia digitata* (Osman, 2004).
- Thus, crude lipids content of these vegetables used by mandrills can encourage their use in the human diet.

12. Ash content in twenty-two plant species of our study is relatively highest especially for *Aframomum daniellii*, *Landolphia mannii*, *Ricinodendron heudelotii* and *Palisota ambigua*.
13. The caloric values of wild vegetables show that are highest in several species especially for *Pentaclethra macrophylla* and *Ricinodendron heudelotii* indicating that could be an important source of energy. Their caloric values are very highest than the values reported for *Ocimum grattissimum* (408.70 Kcal/100g DM) and *Vernonia amygdalina* (406.13 Kcal/100g DM) two wild edible from Nigeria (Udousoro and Ekanem, 2013). It has been reported that in healthy humans, the rate of gastric emptying is a function of caloric value (Calbet et al., 1997). On the whole, our results show that some wild edible vegetables from mandrill diet would be a good food source of energy and nutrient content usable in the human diet.
14. The content of ashes in leafy vegetables is a reflection of the amount of mineral elements present in the vegetables [Fagbohun et al., 2012].
15. The content of ashes of the plant food would imply the mineral content, of where very nourishing, but it has been reported that it would be the reverse if the ash contained toxic metals [Ukam, 2008].
16. Therefore, high ash content is not necessarily a conclusive factor regarding the health benefits of vegetables.
17. However, it is reported that with ash content greater than 8.8% DM are healthful [Ifon and Bassir, 1980].
18. Thus, these food plants would be the good source of mineral content in the human diet.
19. The essential minerals (K, Na, Ca, P and Mg) and trace minerals (Fe, Cu and Zn) values of twenty-two wild food plants from mandrill diet show that the Na and K were the most abundant. Sodium and potassium are closely related in the body fluids. They regulate the acid-base balance. A diet high in potassium and low in sodium content has added advantage because of the direct relationship of sodium intake with hypertension in humans (Njoku and Akumefula, 2007).
20. According to Akinyeye et al. (2010), the recommended Na/K ratio is 0.6, and the values obtained with twenty-two vegetables analyzed was less than 0.6 except *Palisota ambigua*.
21. Thus, the wild food plants would be considered as good source of K and Na for effective health utilization.
22. The Ca values in the studied wild plants are higher except in *Aframomum daniellii*. These values were comparable with the values reported for wild green leafy vegetables used in North East India and for wild edible commonly consumed in Nigeria (Nkafamiya et al., 2010; Hussain et al., 2011; Saikia and Deka, 2013). High concentration of calcium in the body is very important because of its role in formation of bones and teeth, clotting of blood, muscle contraction and synaptic transmission of nerve impulses (Brody, 1994; Ghani et al., 2012). Calcium is an essential structural and functional element in living cells. It participates in cell division and the regulation of cell proliferation and differentiation (Whitfield et al., 1979). The Ca is an important macronutrient for the growth and maintenance of teeth, bone, muscle and heart function (Akubugwo et al., 2007). It is with phosphorus content was also low (5.72 mg/100g). It is with phosphorus the minerals present in the largest quantity in the structure of the body and bones (Shills and Young, 1988). The phosphorus values found by wild vegetables were significantly comparable with the values reported in vegetables consumed in Western Côte d'Ivoire (Zoro et al., 2014). These data indicating that the wild vegetables from mandrill diet would provide a good source of minerals in human diets.
23. Our study reveals that the Fe values of some wild vegetables such as *Aframomum cf polyanthum*, *Landolphia mannii* and *Medinilla mirabilis* were very highest than the average values recommended in dietary intake which are of 400 g/day of fresh leafy vegetables that would result in an intake of about 40 g of dry vegetables per day [FAO, 2004]. The recommendation is an agreement with the results obtained in our study and proved that wild vegetables from mandrill diet would be a good source of Fe in human diet. Fe is important in the diet for the formation of hemoglobin, normal functioning of the central nervous system and in the metabolism of carbohydrates, proteins and fats (Kaya and Incekara, 2000; Gupta, 2014). It is also an important mineral in immune function, cognitive development, temperature regulation and energy metabolism (Wardlaw et al., 2004).
24. The Mg was relatively abundant in some plant like *Aframomum alboviolaceum* and *Pentaclethra macrophylla*. It is required in over 300 enzymes that utilize adenosine triphosphate. It contributes to DNA and RNA synthesis during cell proliferation. It is necessary for nerve and heart function as release of insulin and ultimate insulin action on cell and decreases also blood pressure by dilating arteries (Wardlaw et al., 2004).
25. The results of mineral composition have also shown that the Zn and Cu values recorded in different vegetables were higher. These values were significantly higher than those reported for wild vegetables consumed in Bangladesh (Satter et al., 2016). The Zn is important mineral which is required in antioxidant system of organism. It is the component anti-oxidative enzymes, superoxide dismutase, catalase and glutathione peroxidase.

26. Also, Zn is required for the function of 200 enzymes and is important in growth and sexual development in man (Kawade, 2012).
27. Copper is important in diet since it is a very powerful pro-oxidant and catalyzes the oxidation of unsaturated fats and oil as well as ascorbic acid (John, 1999). The copper content in all studied wild vegetables were highest compared to recommended in human diets since the RDA value for copper is 1.5-3 mg for a male adult (NRC, 1989).
28. The phytochemical analysis results have revealed abundance in secondary compounds in food plants from mandrill diet and the highest content polyphenol compounds. The abundance in secondary metabolites in food plants consumed by *Mandrillus sphinx* supposes that the antinutritional compounds will be among some factors which may determine the selection of some plants in the mandrill as others primate species. Regarding the highest total phenols content of some plant species such as *Aframomum cf polyanthum*, *Aframomum alboviolaceum* and *Pentaclethra macrophylla* comparing with values reported by Amarowicz et al. (2004) on some medicinal plants reinforcing this hypothesis.
29. The use of secondary metabolites by animals especially by the primates has been reported in several studies. For example, chimpanzees are known to consume some plants with low nutritional value and/or high bioactive compounds possibly to maintain and improve their health suggesting a self-medicating role (Wrangham et al., 1983; Huffman and Seifu, 1989; Huffman and Wrangham, 1994; Kreif et al., 2005; Krief et al., 2008).
30. Antioxidant activities results of some food plants from mandrill diet and consumed by local people have demonstrated the high potential antioxidant activity index of fruits of *Aframomum alboviolaceum* (4.16 ± 0.2), *Aframomum cf polyanthum* (5.19 ± 3) and *Pseudospondias longifolia* (4.02 ± 2.5). These results in additional phytochemical results demonstrated that some wild plants from mandrill diet such as *Aframomum alboviolaceum*, *Aframomum cf polyanthum* and *Pseudospondias longifolia*, will be the good source of natural antioxidant. These wild vegetables may constitute an alternative in to prevent metabolic affections.
31. Indeed, it is established that flavonoids will be the good natural antioxidants (Cai et al., 2004). They inhibited the production of hypochlorite acid (HOCl) by the human body (Pincemail et al., 2002).
32. Regarding antimicrobial activity of some plants from Mandrill diet, the results revealed that some plants tested present inhibitory activity on the majority bacterial strains isolated in the mandrill individual from the study population. This inhibitory activity observed will justify by abundant in antibacterial secondary metabolites such as tannins, alkaloids, flavonoids, saponins present in these food plants. It has been reported by several authors that many compounds as alkaloids, les tannins, les flavonoids and triterpenoids present the important potential antibacterial activity (Moroh et al., 2008; Bruneton, 2009; Tene et al., 2009).
33. Analyzing the zone inhibition diameters, the results attested that the majority of plants tested have showed the important inhibitory diameters recorded between 7 and 22 mm.
34. In addition, some plant species as *Medelina mirabilis*, *Pentaclethra eetveldeana*, *Piptadeniastrum africanum* and *Tristemma mauritianum* inhibited the growth of bacterial strains (ECC110, EC121, EC292 and EC129) resistant at standard antibiotic (Ertapenem) used.
35. Our result revealed inhibition effect on bacterial isolates from mandrill of some plants attesting the bio-efficacy of certain plants consumed by this mandrill population. Indeed, it demonstrated that plant extracts are active, when their zone inhibitory diameter is ≥ 10 mm (Biyiti et al., 2004). The hypothesis of the efficacy of food plants from mandrills on bacterial strains isolates is reinforcing by the fact that, some plants also consumed have been study by others authors and the results obtained demonstrated antibacterial activity (N'guessan et al., 2007 ; Tekwu et al., 2012; Sima-Obiang et al., 2016a; 2016b). For example, fruits of *Thonningia sanguine*, *Megaphrynium macrostachum*, *Xylopi aethiopica* and *Piper guineensis* consumed by the study mandrill population present antimicrobial activity on multi-resistant isolates of *Escherichia coli* et *Klebsiella pneumoniae* producing the β -lactamase enzymes, *Mycobacterium tuberculosis*, *Pseudomonas aeruginosa* ATCC 19249; *Escherichia coli* ATCC 0157, *Enterococcus faecalis* CIP 10907, *Pseudomonas aeruginosa* ATCC 19249, *Escherichia coli* ATCC 0157, *Enterococcus faecalis* CIP 10907, *Pseudomonas aeruginosa* ATCC 19249 (N'guessan et al., 2007 ; Tekwu et al., 2012; Sima-Obiang et al., 2016b).
36. Observation results of MIC and MBC confirmed antibacterial activity of food plants from mandrill diet. Analyzing the activity reports (MBC/MIC) of plant extracts, the results show that is ranged between 2 and 64. It is demonstrated that if this activity report of extract is inferior at 4 (≤ 4), it is considerate as presenting a bactericide activity and if it is superior at 4 (≥ 4), the extract is considerate as bacteriostatic (Marmonier, 1990). Among plant species analyzed, *T. mauritianum* (Melastomataceae), *M. schweinfurthii* (Euphorbiaceae), *M. mirabilis* (Melastomataceae), *A. floribunda* (Euphorbiaceae) et *P. eetveldeana* (Mimosaceae) will have bactericide activity on bacterial strains (EC114, PA383 et EC292) and others will be bacteriostatic effect.

37. This study demonstrate that among the diversity of plants consumed by *Mandrillus sphinx*, some such as *Ricinodendron heudelotii*, *Pentaclethra macrophylla*, *Chrysophyllum africanum* and *Aframomum alboviolaceum* will constitute an important source in calorie and mineral content. Others as *Aframomum alboviolaceum*, *A. cf polyanthum* and *Pseudospondias longifolia* present the good antioxidant activity.
38. These plants will be recommended in Human nutrition and can constitute an alternative against metabolic affections.
39. Concerning antibacterial activity, *T. mauritianum*, *M. schweinfurthii*, *M. mirabilis*, *A. floribunda* and *P. eetveldeana* will be the bactericide effect.
40. Thus, this study has permeated of showed that the mandrill will use their vegetable resources of their ecosystem for to respond at their need in energy, mineral and probably for their needs of heart.
41. In additional, the highest phenol compounds values in the plant parts from mandrill diet will permitted also of supposed that the use of important diversity of vegetables by this primate species (Hoshino, 1985; Lahm, 1986; Norris, 1988; Nsi Akoué et al., 2017; Nsi Akoué, 2017) will be justified by their needs in secondary metabolites for to prevent or control the microbial affections.

Conclusion:-

In the present study, analytical investigations were carried out to ascertain the chemical composition, nutritional proximate, antioxidant and antibacterial potentials of wild vegetables from mandrill diet.

The results showed that plant species consumed by this non-human primate species present an important of good nutritional sources of nutrients and mineral compounds. Also, that some plants will be of good natural antioxidants sources usable by local population. Among all plants analyzed, *T. mauritianum*, *M. schweinfurthii*, *M. mirabilis*, *A. floribunda* and *P. eetveldeana* present the bactericide effects and certain among other have bacteriostatic effects on gastrointestinal bacteria. Higher phenolic contents and others secondary metabolites in the alimentation of *Mandrillus sphinx* supposed that some food plants will be selected for their secondary metabolite contents and will explicate also the bactericide activity observed. These pharmacological results attested the bioefficacy of certain food plants consumed by this primate species.

Thus, insertion of certain of these vegetables in human nutrition is recommendable. These interesting primarily results will be completed by other analysis for a good knowledge of nutritional behavior of this primate species.

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