



ISSN NO. 2320-5407

Journal Homepage: - [www.journalijar.com](http://www.journalijar.com)

## INTERNATIONAL JOURNAL OF ADVANCED RESEARCH (IJAR)

Article DOI: 10.21474/IJAR01/10886  
DOI URL: <http://dx.doi.org/10.21474/IJAR01/10886>



### RESEARCH ARTICLE

## COMPOSITION AND ANTIMICROBIAL ACTIVITY OF THE ESSENTIAL OIL OF *RUTA CHALEPENSIS* L. IN AL-BAHA AREA, SAUDI ARABIA

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#### Manuscript Info

##### Manuscript History

Received: 20 February 2020

Final Accepted: 22 March 2020

Published: April 2020

##### Key words:-

Antimicrobial Activity, Essential Oil, GC/MS, *Ruta chalepensis*

#### Abstract

*Ruta chalepensis* L. is an aromatic plant belonging to the family Rutaceae, widely distributed in Saudi Arabia. The study focuses on the extraction by steam distillation, phytochemical analysis, GC/MS analysis and antimicrobial activity of essential oil from the leaves of the plant. The results revealed the presence of flavonoids, terpenoids, steroids, and sugars at reasonable concentrations in ethanol, chloroform, ethyl acetate, petroleum ether and n-butanol extract of *R. chalepensis* leaves. GC/MS analysis identified twenty-eight compounds with the major compounds being 2-Tridecanone (38.88%), 2-Nonanone (29.56%), 2-Acetoxytridecane (18.58%), while 2-Pentadecanol acetate (3.42%), 2-Decanone (1.67%) and 2-Dodecanone (1.25%) were found in small concentrations and the other compounds were found in trace amounts of less than 1% for each. The antimicrobial activity determined by the disc diffusion method showed that the highest activity was observed against *Staphylococcus aureus* (inhibition zone of 20.33±0.151 mm), followed by *Escherichia coli* (inhibition zone of 16.67±0.158 mm), *Bacillus cereus* and *Candida albicans* (inhibition zones of 15.67±0.254 mm and 15.33±2.52 mm, respectively) and the lowest activity was against *Pseudomonas aeruginosa* (inhibition zone of 14.67±1.64 mm). The study, therefore, highlighted on the fact that extracted essential oil could be considered as a potential antimicrobial agent in therapeutic and pharmaceutical applications.

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#### Introduction:-

A large number of aromatic and medicinal plants have biological properties of potential applications in the pharmaceutical, medical, cosmetic and agribusiness industries (Boughendjioua, 2019). There is an increasing interest in the use of herbal and spices extracts of natural compounds in food preservation for their characteristic flavour and intermittent exhibition of antioxidant and antimicrobial activities (Ouerghemmi et al., 2017). Infectious diseases caused by bacteria, fungi, and viruses are a critical health hazard and are considered as one of the main causes of rising morbidity and mortality rates worldwide (Drusano, 2004). Medicinal plants have been the sole tool for physicians for several decades, and up to the present, most people, especially in developing countries, rely on medicinal plants (Amabye and Shalkh, 2015).

Plants of the family Rutaceae are a source of a wide variety of natural products with antibacterial, antifungal, antioxidant, spasmolytic, antihelminthic, emmenagogue, antitumor, analgesic, anti-inflammatory and antidepressant

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activities (Raghav et al., 2006; Alotaibi et al., 2018). *R. chalepensis* L., commonly known as Rue or Finged rue, is a member of the family Rutaceae, a wild, perennial herbaceous shrub, widely distributed in the Mediterranean Sea regions, that grow on the rocky slopes of the mountains and has glabrous, alternately bipinnate leaves which have narrow oblong lanceolate segments and cymose inflorescences (Iauk et al., 2004; Jaradat et al., 2017). The herb is widely used for the treatment of rheumatism, fever, mental disorders, dropsy, neuralgia, menstrual issues, convulsions, and other bleeding and nervous disorders (Pollio et al., 2008; Ouerghemmi et al., 2017). The aerial parts of *R. chalepensis* contain alkaloids, phenols, flavonoids, amino acids and furocoumarins (Kacem et al., 2015).

Essential oils are the most important herb and plant compounds which are rich in hydrocarbon compounds with oxygenated, hydrogenated and dehydrogenated functional groups (Jaradat et al., 2017). Most of these chemicals are odorous mono- or sesquiterpenoids, being found in different parts of the plant and evaporate at normal temperatures (Jaradat et al., 2017). The biological activities of *R. chalepensis* may be associated with the presence of natural products such as alkaloids, coumarins, phenols, saponins, flavonoids, triterpenes and essential oils (Boudjema et al., 2018). These compounds are complex natural volatile liquids characterized by a strong odour, rarely coloured, soluble in lipid and organic solvents, synthesized by buds, bulbs, leaves, stems, twigs, seeds, fruits, roots, and wood or bark and deposited in secretory cell cavities, canals, epidermal cells or granular trichomes (Boudjema et al., 2018). Numerous studies tested the antimicrobial activity of *R. chalepensis* essential oil against Gram-negative, Gram-positive bacteria and fungi (Ben Bnina et al., 2010; Abdelwahab et al., 2011; Bouratoua et al., 2013; Orlanda and Nascimento, 2015; Jaradat et al., 2017; Boudjema et al., 2018; Oughendjioua, 2019). In this study, the antimicrobial activity and total phenolic content of *R. chalepensis* essential oil were investigated and the chemical composition was determined using GC/MS method.

## Materials and Methods:-

### Sample Collection:

*R. chalepensis* L. leaves were collected from Al-Baha area, Kingdom of Saudi Arabia and used to prepare the oil extracts. The plant was taxonomically identified and authenticated by Dr. Haidar Abd Algadir, Department of Biology, Faculty of Science, Al-Baha University, where the voucher specimen was deposited for future reference. The leaves were rinsed with freshwater to remove soil and dust particles and sliced into small pieces.

### Essential Oil Extraction:

The essential oil was extracted from fresh leaves (300 gm) by hydro-distillation using a Clevenger apparatus at 350°C for 4 hr (Majdoub et al., 2014). The extracted essential oil was dried over anhydrous sodium sulphate (Na<sub>2</sub>SO<sub>4</sub>) and further preserved at 4°C in sealed opaque bottles until analyzed (Boudjema et al., 2018).

### Preparation of Ethanolic Extract:

The fresh leaves of the plant were cleaned, dried under shade for 20 days and subsequently powdered. The ground material (500 g) was extracted with 80% ethanol and left for three days. The sample was then filtered and the collected filtrate was left to dry at room temperature for 10 days (Amabye and Shalkh, 2015). The extract was stored in a coloured bottle at 4-6°C till analysis.

### Fractionation of the Ethanolic Extract by Liquid-Liquid Extraction:

The ethanol extract was dissolved in 200 mL distilled water and further extracted with petroleum ether, chloroform, ethyl acetate, and n-butanol, respectively. After evaporation of the solvents, the solid extracts were collected and used for the purposes of phytochemical analysis and antimicrobial activity test (Amabye and Shalkh, 2015).

### Phytochemical Analysis:

Phytochemical analysis was carried out to determine the flavonoids, alkaloids, tannins, terpenoids, steroids, saponins and sugars contents of leaf extracts of ethanol, chloroform, ethyl acetate, petroleum ether, and n-butanol (Abioye et al., 2013).

### Analysis of Essential Oil by GC/MS:

Various essential oil components were identified and quantified by a gas chromatography/mass spectrophotometer (GC/MS-QP2010 ultra, Shimadzu Company, Japan). The sample (0.1 µL) was injected in split mode (a ratio of 1:10) into the capillary column (30 m x 0.25 mm x 0.25 µL film thickness). The instrument was operating in EI mode at 70eV. The procedure was carried out using helium as a carrier gas with a flow rate of 1.69 ml/min, and the oven temperature was programmed from 50°C at a rate of 7°C/min to 180°C and from 10°C/min to 280°C and then

kept for 28 min. The injection port temperature was 300°C. The temperature of the ion origin was 200°C, while the interface temperature was 250°C. An electron ionization device with a detector volt of 1.7 kV was used for GC/MS detection. The sample was analyzed using scan mode in the range of 40-500 m/z. Chemical constituents of the essential oils were identified by contrasting their MS with the reference spectra in the mass spectrometry data center of the National Institute of Standards and Technology (NIST) and their retention and Kovats indices were compared with the literature. Quantitative data were collected digitally from area percentages and combined peaks without the use of a correction factor (Boudjema et al., 2018).

#### **Antimicrobial Activity Test:**

##### **Microbial Organisms:**

Bacterial strains of *Bacillus subtilis* (NCTC 8236), *Staphylococcus aureus* (ATCC 25923), *Escherichia coli* (ATCC 25922) and *Pseudomonas aeruginosa* (ATCC 27853), in addition to *Candida albicans* (ATCC 7596) were used in this study for antimicrobial activity test.

##### **Preparation of Bacterial Suspensions:**

Aliquots (1 ml) of a 24 hr bacterial broth culture were aseptically distributed onto nutrient agar slopes and incubated at 37°C for 24 hr. The bacterial growth was harvested and rinsed off with 100 ml sterile normal saline to produce a suspension containing about  $10^8$ - $10^9$ cfu/ml, which was stored in the refrigerator at 4°C till used. The average number of viable organisms per ml of the stock suspension was determined by a surface viable quantification technique (Miles and Misra, 1938). Serial dilutions of the stock suspension were prepared in a sterile normal saline solution and 0.02 ml volumes of the appropriate dilution were transferred by micropipette onto the surface of dried nutrient agar plates, which were allowed to stand for 2 hr at room temperature for the drops to evaporate and then incubated at 37°C for 24 hrs. After incubation, the number of developed colonies in each drop was counted, and the average number of colonies per drop (0.02 ml) was multiplied by 50 and the dilution factor to obtain the viable count of the stock suspension, expressed as cfu/ml suspension. Each time a fresh stock suspension was prepared. All the above experimental conditions were maintained constant so that the suspensions with very close and accurate viable counts would be obtained.

##### **Preparation of Fungal Suspension:**

The culture of *C. albican* was grown on Sabouraud dextrose agar and incubated at 25°C for 4 days, then harvested, washed with sterile normal saline solution and stored in 100 ml sterile normal saline solution at 4°C till used.

##### **Agar Disc Diffusion Method:**

The disc diffusion method was utilized to test the antibacterial activity of the extracts on Mueller Hinton agar (MHA) and Sabouraud dextrose agar (SDA) media (Boudjema et al., 2018). Bacterial and fungal suspensions were diluted with sterile physiological solution to  $10^8$ cfu/ml (turbidity = McFarland standard 0.5). One hundred microliters (100 µL) of bacterial and fungal suspensions were swabbed uniformly on the surface of MHA and SDA and the inoculum was allowed to dry for 5 minutes. Sterile filter paper discs (Whatman No.1, 6 mm in diameter) were placed on the surface of MHA and SDA and soaked in 20 µl extracts. The inoculated plates were incubated at 37°C for 24 hr in an inverted position. After the incubation period, the antimicrobial activity was determined as diameter of inhibition zone as follows: <9 mm zone (resistant strain); 9-12 mm (partially sensitive strain); 13-18 mm (sensitive strain); >18 mm (very sensitive strain).

##### **Statistical Analysis:**

The statistical analyses were performed using Statistical Analysis Systems (SAS, Ver. 9, SAS Institute Inc., Cary, NC, US) and the results were presented as the mean  $\pm$  standard deviation (SD) of three replicates. All the data were statistically assessed using the General Linear Model (GLM) and the significant difference was performed using Duncan multiple range test at  $P \leq 0.05$ .

#### **Results and Discussion:-**

##### **Phytochemical Analysis:**

The current study showed that *R. chalepensis* leaves extracted with ethanol, chloroform, ethyl acetate, petroleum ether, and n-butanol contain flavonoids, terpenoids, steroids and sugars at appropriate concentrations with the exception of tannins in petroleum ether extract and saponins in chloroform and petroleum ether extracts. Alkaloids are present in ethanol, chloroform, and petroleum ether extracts, while ethyl acetate and n-butanol extracts were not tested (Table 1). After screening, the crude extract of *R. chalepensis* leaves was reported to contain phytosterols,

steroids and tannins with green fluorescence, blue-green and yellow precipitate, respectively, while flavonoids were absent (Mohammed and Ahimad, 2015). Qualitative analysis of *R. chalepensis* leaves demonstrated the presence of alkaloids, flavonoids, coumarins, tannins and triterpenoids (Beatriz et al., 2010). Other studies conducted on the aerial parts of the plant reported the isolation of flavonoids, rutin, furanocoumarins furoquinoline, quinolone, and acridone alkaloids (Shehadeh et al., 2007; Emam et al., 2009; Emam et al., 2010). Mejri et al. (2010) confirmed the existence of monoterpenes and ketone undecanone as major components of the essential oil extracted from the aerial parts of the plant.

#### Chemical Composition:

The essential oil was obtained by steam distillation of fresh leaves, and the chemical composition was analyzed by GC/MS, and the results are presented in Table 2 and Figure 1. Twenty-eight (28) components were reported with the main component being 2-Tridecanone (38.88%), 2-Nonanone (29.56%), 2-Acetoxytridecane (18.58%), 2-Pentadecanol acetate (3.42%), 2-Decanone (1.67%), and 2-Dodecanone (1.25%), while other components were detected in trace amounts of less than 1% each, and the components with lowest concentrations were Gamma-Terpinen (0.02%) and o-Cymene (0.01%). Literature surveys showed great variability which could be due to factors such as geographical location, season and environmental factors, and the method of extraction (Boughendjioua, 2019). The presence of 2-Undecanone as a dominant component in *R. chalepensis* leaf oil extract was also reported in Ethiopia (31.74%), Algeria (35.51%), Tunisia (72%) and Brazil (47.21%) (Ben Bnina et al., 2010; França Orlando and Nascimento, 2015; Defa et al., 2017; Boudjema et al., 2018), while 2-Nonanone was the substantial component in *R. chalepensis* oil extract from Algeria (32.79%), Chile (41.71%) and Jordan (37.13%) (Haddouchi et al., 2013; Al-Shuneigat et al., 2015; Tampe et al., 2016), and the components of Octylacetate (33.16%), 2-Dodecanone (40.15%) and Methanol (43.92%) were identified as major components of *R. chalepensis* oil extract from Tunisia and Algeria, respectively (Fakhfakh et al., 2012; Ghazghazi et al., 2015; Boughendjioua, 2019). The components of 2-Tridecanone (38.88%) and Acetoxytridecane (18.58%) which are detected in this study, were not identified in previous studies. Also, components of 2-Decanone (1.67%), Dodecanone (1.25%), Undecanone (0.26%) were identified as minor components.

#### Antimicrobial Activity:

The antimicrobial activity of *R. chalepensis* L. essential oil against Gram-negative (*E. coli*, *P. aeruginosa*), Gram-positive (*S. aureus*, *B. cereus*) bacteria and fungi (*C. albicans*) is presented in Table 3. The disc diffusion method is based on the measurement of the clear zone surrounding colonies due to inhibition of growth produced by a film disc containing the antimicrobial agent when in direct contact with a bacterial culture. There is a significant variation ( $P < 0.01$ ) in the antimicrobial activity of the essential oil against microorganisms tested, with the highest activity being observed against *S. aureus* (inhibition zone of  $20.33 \pm 0.151$  mm), *E. coli* (inhibition zone of  $16.67 \pm 0.158$  mm), *B. cereus* and *C. albicans* (inhibition zones of  $15.67 \pm 0.254$  mm and  $15.33 \pm 2.52$  mm, respectively), and the lowest activity was against *P. aeruginosa* (inhibition zone of  $14.67 \pm 1.64$  mm). These results are in agreement with Ben Bnina et al. (2010), who reported that *R. chalepensis* essential oil had very powerful antibacterial activity against all Gram-positive cocci and Gram-negative rods and that the activity against Gram-positive bacteria exceeded Gram-negative ones, and Chibani et al. (2013) who reported that the essential oil of *R. chalepensis* subsp. *angustifolia* inhibited the growth of *Klebsiella pneumoniae* ATCC, *Klebsiella pneumoniae* (HS), *E. coli* ATCC, *E. coli* (HS), *Streptococcus enterococcus* (HS) and *P. aeruginosa* ATCC strains with inhibition zones of 21, 21, 20, 20, 20 and 20 mm, respectively. These results, however, contradicted the findings of Haddouchi et al. (2013), who concluded that *R. chalepensis* var. *bracteosa* essential oils had low in vitro antibacterial activity against all 12 bacteria tested, and Ghazghazi et al. (2015) who stated that all the bacterial strains demonstrated some degree of resistance to the tested essential oil. Moreover, Boughendjioua (2019) indicated that *R. chalepensis* L. essential oil exhibited a moderate antimicrobial activity against all bacterial strains tested. Boudjema et al. (2018) reported that *R. chalepensis* essential oil reacts differently against all strains studied, and both yeast strains (*S. cerevisiae* and *C. albicans*) tended to be more sensitive than others, with inhibition zones ranging from 27 mm to 28 mm. Abdelwahab et al. (2011) reported that the essential oil extracted from *R. montana* (Clus.) L. prevented the growth of the tested microorganisms with the inhibition zone increasing proportionally with the concentrations of the tested samples. The inhibition zone varied from 9.33 to 24 mm with the highest inhibition activity being recorded against *S. aureus* at 2 mg/ml, and a considerable inhibition activity with the same concentration against *Klebsiella pneumoniae*. Franca Orlando and Nascimento (2015) reported a wide variation in the antibacterial properties of essential oil against different bacteria, and the highest activity was observed against *B. cereus* and *S. aureus* ( $25.60 \pm 0.03$  and  $22.00 \pm 0.06$  mm, respectively), moderate activity was against *M. flavus*, *E. coli*, *M. luteus*, *E. aerogenes* and *S. typhi*, and the lowest activity was against *P. aeruginosa* ( $8.30 \pm 0.05$  mm). Jaradat et al. (2017)

reported that the essential oil of *R. chalepensis* from Jerusalem, Hebron, and Jenin regions of Palestine extracted by microwave-ultrasonic method demonstrated activity against the growth of all microbes studied. The highest antibacterial activity (lowest MIC) was for *R. chalepensis* essential oil from Jerusalem against *E. coli*, *P. aeruginosa* and *S. aureus*, while the highest antifungal activity was for *R. chalepensis* essential oil from Jenin region against *C. albicans* (Jaradat et al., 2017).

**Table 1:-** Phytochemical analysis of *Ruta chalepensis* leaf extracts.

Phytochemicals	Extract				
	Ethanol	Chloroform	Ethyl acetate	n-butanol	Petroleum ether
Flavonoids	+	+	+	++	+
Alkaloids	+	+	ND	ND	+
Tannins	++	+	+++	+	-
Terpenoids	+	++	+	+	+
Steroids	+	++	+	+	+
Saponins	++	-	+	+	-
Sugars	+	+	++	+	+

Key: +: Present; ++: Present; +++: Present; -: Absent; ND: Not determined

**Table 2:-** Essential oil components of *Ruta chalepensis* leaves separated by GC/MS.

Compound No.	Compound name	Retention Time (min)	Peak area	Peak area (%)
1.	o-Cymene	5.999	39145	0.01
2.	D-Limonene	6.061	121976	0.05
3.	Acetic acid, 5-methylhex-2-yl ester	6.278	242531	0.09
4.	Gamma -Terpinene	6.640	43861	0.02
5.	2-Nonanone	7.308	78131930	29.56
6.	2-Nonanol	7.504	1407461	0.53
7.	1-Methoxy-3-hydroxymethylheptane	7.534	2258045	0.85
8.	2-Octanol, acetate	8.188	1696532	0.64
9.	Cyclohexene, 3,4-diethenyl-3-methyl-	8.294	608746	0.23
10.	Bicyclo[2.2.1]heptan-2-one, 1,7,7-trimethyl-, (1S)-	8.404	223106	0.08
11.	2-Decanone	9.300	4410040	1.67
12.	2-Acetoxytridecane	10.128	49120944	18.58
13.	2-Undecanone	10.573	699461	0.26
14.	2-Tridecanone	11.305	102716213	38.88
15.	2-Undecanol	11.458	1741475	0.66
16.	Acetic acid, nonyl ester	11.579	952519	0.36
17.	2-Acetoxytetradecane	12.013	524954	0.20
18.	2-Dodecanone	12.627	3307981	1.25
19.	2-Pentadecanone	13.196	797573	0.30
20.	2-Pentadecanol acetate	13.812	9037180	3.42
21.	2-Tridecanone	15.033	761625	0.29
22.	Cyclohexanemethanol, 4-ethenyl-.alpha.,.alpha.,4-trimethyl-3-(1-methylethenyl)-, [1R-(1.alpha.,3.alpha.,4.beta.)]-	16.019	846901	0.32
23.	5-Hepten-3-one, 2-(5-ethenyltetrahydro-5-methyl-2-furanyl)-6-methyl-, [2S-[2.alpha.(R*),5.alpha.]]-	16.595	354274	0.13
24.	3-Heptenoic acid, 7-phenyl-, ethyl ester, (E)-	18.115	596389	0.23
25.	5-[3,4-Methylenedioxybenzyl]hydantoin	20.107	1447874	0.55
26.	1,6-Anhydro-4-(3,4-methylenedioxyphenylmethylamino)-2-O-tosyl-4-deoxy-b-d-glucopyranose	22.898	682936	0.26
27.	Phytol	23.447	80228	0.03
28.	1H-Xanthen-1-one, 2,3,4,9-tetrahydro-9-(2-	24.269	1461361	0.55

	hydroxy-6-oxo-1-cyclohexenyl)-			
	Total	-	-	100

**Table 3:-** Antimicrobial activity of *Ruta chalepensis* leaf oil extract by agar disc diffusion assay at concentration of 100 mg/ml.

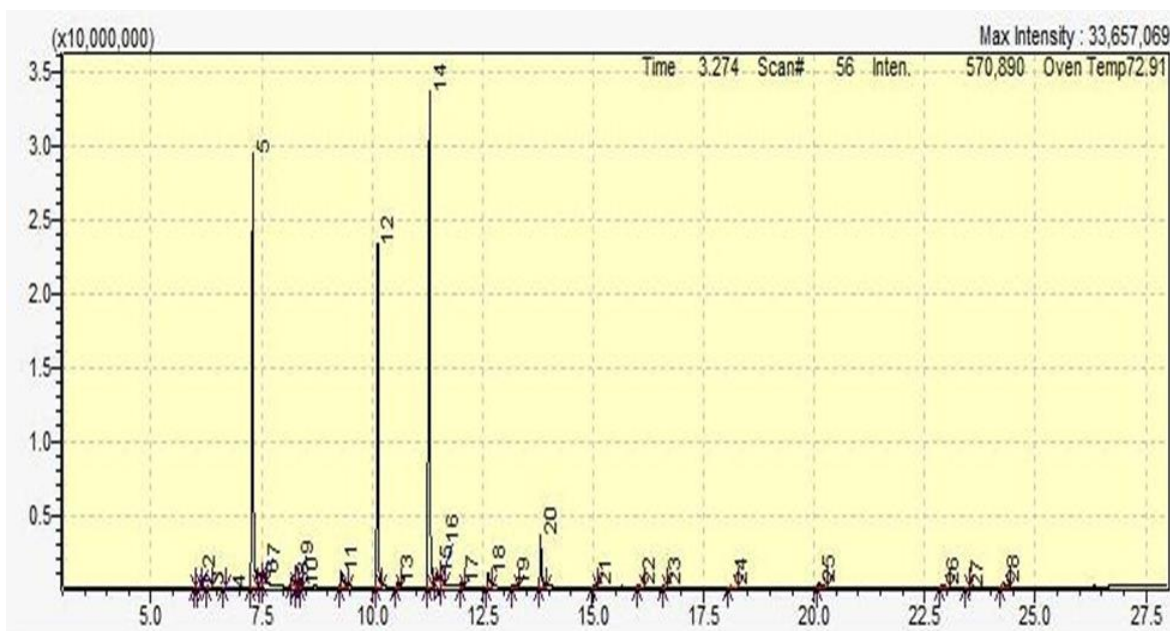
Microorganisms	Inhibition zone (mm)
<b>A. Gram negative</b>	
<i>Escherichia coli</i>	16.67±0.158 <sup>b</sup>
<i>Pseudomonas aeruginosa</i>	14.67±0.164 <sup>b</sup>
<b>B. Gram positive</b>	
<i>Staphylococcus aureus</i>	20.33±0.151 <sup>a</sup>
<i>Bacillus cereus</i>	15.67±0.254 <sup>b</sup>
<b>C. Fungus</b>	
<i>Candida albicans</i>	15.33±2.52 <sup>b</sup>
<b>SL</b>	**

The data are presented as mean ±standard deviation (n=3)

Means in each column bearing similar superscripts are not significantly different (P>0.05)

\*\*= P<0.01

SL = Significance level



**Figure 1:-** GC/MS chromatogram of essential oil obtained from *Ruta chalepensis* leaves.

### Conclusion:-

*R. chalepensis* leaves have been shown to possess reasonable concentrations of flavonoids, terpenoids, steroids, and sugars when extracted with ethanol, chloroform, ethyl acetate, petroleum ether, and n-butanol. The qualitative and quantitative analysis of GC/MS oil extract identified twenty-eight (28) compounds with an abundance of 2-Tridecanone, 2-Nonanone, and 2-Acetoxytridecane. The essential oil had an antimicrobial effect against *S. aureus*, *E. coli*, *B. cereus*, *C. albicans*, and *P. aeruginosa*. To the best of my knowledge, this investigation was the first endeavour to study this species in Al-Baha area, and the findings of both the chemical constituents and the antimicrobial activity varied substantially from those of the earlier studies.

### Acknowledgment:-

The author would like to acknowledge University of Al-Baha in providing financial support.

**Disclosure Statement:**

The author declares that there is no conflict of interest related to this article.

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