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RESEARCH ARTICLE

AUTOIMMUNE/INFLAMMATORY SYNDROME INDUCED BY ADJUVANTS (ASIA) – REVISION

Adriana Novaes Rodrigues

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Abstract

The autoimmune/inflammatory syndrome induced by adjuvants (ASIA), also known as Shoenfeld's syndrome, encompasses several autoimmune conditions and phenomena that are induced following the exposure to substances with adjuvant activity. The disease spectrum is heterogeneous in respect to clinical presentation as well as severity of the clinical manifestations. Some genetically predisposed individuals can develop generalized non-specific symptoms, autoantibody production, new onset, or worsening of disease presentation. In this review, we focus on the current knowledge presented in the literature on ASIA syndrome, increasing awareness about the basic concepts and highlight the amount of data accumulated in the last few years concerning the relationship between various adjuvants and autoimmunity.

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Introduction:-

The explanation of the development of an autoimmune / autoinflammatory disease, also known as Shoenfeld's syndrome, is extremely complex because it is the result of an interaction of several factors, especially environmental and genetic. Proving a cause-and-effect link between a compound and a clinical disorder is one of the most difficult and complicated issues in medicine and usually requires at least two elements: statistically significant reproducible association and plausible underlying components¹

In recent years, as immune-mediated diseases transformed into one of the main causes of morbidity and mortality worldwide and with increasing prevalence and characteristics, in different geographical areas.²

The evolution or worsening of an autoimmune disease are also anamnestic signs, but any symptoms would be a consequence of several dysfunctions of an immunological nature, triggered by exposure to an adjuvant.³ Geographical changes are related to genetic susceptibility, in which a person may be able to develop an autoimmune or autoinflammatory disease (AI / AIFD) after exposure to an environmental factor.⁴ A genetic predisposition is, however, probably necessary for the development of an autoimmune or autoinflammatory syndrome, but the presence of an external environmental factor or endogenous, referred to as the "exposoma", seems essential at the beginning of an immune response.⁵

An example, constant as an adjuvant in the literature is silicone. Widely used in breast implants, it can behave as an adjuvant and cause ASIA syndrome in some women. It is worth mentioning that infections, toxins and certain drugs, such as hyaluronic acid, were related to the occurrence of immune-mediated conditions and their clinical manifestations⁶

Withtheadventoftheincrease in the use ofadjuvantsubstances, thematerialsused in aesthetic medicine, theobjectiveofthisarticl wasto review theimportanceof ASIA, in aesthetic medicine, andtoelucidatetheassociationbetweenexposureto variousadjuvantagentsandtheirpossibleclinicalmanifestations, duetothesignificantincrease in reported cases, afterthe use of silicone, botulinumtoxinandfillers.

ASIASyndrome

The ASIA syndromewasdescribedbytheFrenchmanGehardi et al, in 1998 ⁷, with a post-vaccinationetiologymuscular impairment. However, the termAdjuvant-InducedInflammatoryAutoimmuneSyndromewasonlyused in 2011, duetotheexpressiveandgrowingincrease in disorderscharacterizedbydysregulationoftheinnateandadaptiveimmune system afterexposuretotheadjuvant⁸.

ASIA, consistsof a macrophagemyofasciitiswithcytopasmaticinclusionoftheadjuvant, whoseclinicalmanifestations include asthenia, chronic fatigue, myalgia, arthralgia, fever. Demyelinatingpolyradiculopathy, clinically similar to Guillain-Barré disease, withelctroneuromyographicchangeshasbeendescribed⁹.

However, in thelastdecade, a series of case reportsassociatedwithseriousimmunological adverse events, includingautoimmunediseases, havebeenobservedwhenusingbotulinumtoxinandhyaluronicacid, used in aesthetic medicine¹⁰.

Contrastingtheexistenceof ASIA Syndrome, Ameratunga et al. (2017) statethatthefactthatpatientswithdefinedautoimmunediseasesmaynotfitthe ASIA diagnosticcriteriarepresentsevidence for theirrelevanceofthe syndrome¹¹. However, thedefinitionof ASIA wasdesignedtodescribealltheautoimmune processes inducedbyadjuvants, it isinherenttothedefinitionthatcertainexpressionsofspecificautoimmunediseasesfallunder.

Geneticcorrelationand ASIA

Ofthemanymgenetic loci involved in predispositiontoautoimmunity, themostprominent are thosethatcode for MHC class II molecules, which are responsible for presentingantigenstoimmune cells. Althoughtheexactmechanismthat links thesemoleculiestoautoimmunityremainsundefined¹².

Anacceptedtheory relates totheaberrantpresentationofantigens for autoreactive T lymphocytes, resultingfromtheseallelicvariationsof MHC molecules, such as certain HLA DRB1 alleles. The geneticsusceptibilityassociatedwithautoimmunityresultsfromthetransportofcertain MHC alleles, as anevolutionarytoll, as thesegeneticcharacteristicscanprovide a survivaladvantage for thosewithanoveractiveimmune system, whichwouldbe more effective in fighting infections¹³.

Triggers

The clinicalimportanceofthissyndromeisassociatedwiththeadjuvantterm, which denotes severalsubstances that lead totheactivationoftheinnateimmune system patternrecognition receptor (PRR), in ordertoincrease theimmunologicalreactivityto antigens¹⁴.

Some authorshavecorrelatedthissyndromewiththeadventof new aesthetic procedures withsubstances, such as liquidparaffin, silicone gel, acrylamides, hyaluronicacidandmethacrylatecompounds, whichhaveadjuvant properties¹⁵.

Amongthesematerials, identified as foreignbodybehavior, were silicone (in 12.5% of cases), hyaluronicacid (HA) (in 29.2% of individuals) andpolyacrylamide (MAP) (in 37.5% of cases) ¹⁶.

The average time betweenexposuretoforeign material andtheonsetofclinicalsymptomswasonemonthandrangedfrom 2 weeksto 5 yearsaftertheonsetofthe syndrome.¹⁶

The twopolygenicautoimmunediseasesmostcommonlyreportedafterexposuretoforeign material were UCTD andSjogren'sdiseasewith a percentageof 19.4% and 2.6%, amongwell-definedwell-definedimmunediseases, respectively¹⁶.

Adjuvance - the mechanisms of action

The role of adjuvants in the development of autoimmunity was confirmed through experiments on murine models, demonstrating the ability of various adjuvants to induce an increase in the production of inflammatory cytokines associated with the appearance of autoantibodies related to lupus¹⁷

The adjuvant effect is carried out through various mechanisms that affect the innate and adaptive immune systems¹⁸. Its action is to increase innate immune responses by simulating evolutionarily conserved molecules and the binding to Toll-like receptors (TLRs). In addition, they enhance the activities of dendritic cells (DCs), lymphocytes, macrophages and activate the intracellular inflammatory system Nalp3¹⁹

Thus, adjuvants increase the local reaction to antigens (for example, at the infection site) and, subsequently, the release of chemokines and cytokines from T-helper and mast cells²⁰.

The adjuvant most used in medicine is aluminum. In vaccination, which by molecular patterns associated with danger release, among others, uric acid, which forms crystals of monosodium urate. These crystals are phagocytized by the resident cells and disrupt the functions of the lysosomes. This results in the release of cathepsin B, which can directly or indirectly activate the intracellular inflammatory system Nalp3, and caspase-1. In doing so, aluminum stimulates the production and secretion of cytokines such as IL-1 β ; IL-18 and IL-33.²¹ Another important function is to provide physical protection to the antigens and assist in the translocation of the antigen to regional lymph nodes. This will allow for a greater production and activation of B and T cells and a more robust response. The adjuvant effect on the adaptive immune response is also mediated by the activation of the Nalp3 inflammasome, which contributes to the induction of adaptive T-2 (TH2) adaptive responses, such as interleukin-4 (IL-4) and IgE production.²¹

Although very useful, adjuvants can be the trigger for autoimmunity and trigger autoimmune diseases²². The most studied adjuvant is tetramethylpentadecane (TMPD) known as pristane, which is capable of inducing a lupus-like disease in a murine model of systemic lupus erythematosus (SLE) and the most described as a trigger for ASIA was silicone.²³

In this model, similar to human disease, the production of autoantibodies and damage to the target organ (ie, kidney disease) depends on the signaling pathway of the interferon receptor (IFN) -I.²³

Immunization of animals with pristane accelerated the production of IFN-I by monocytes via signaling by means of TLR-7 and the adapter protein MyD88.²⁴ Immunization with another adjuvant, squalene, induces arthritis in rats and the production of autoantibodies associated with SLE in mice. Adjuvant aluminum may be contained in immune complexes produced after vaccination.⁸

Silicone oil

Silicone oil is a well-known granuloma inducer and commercially used in the manufacturing process of most syringes available on the market. It depends on the siliconization of its internal surface of the cylinder, this process facilitates the reduction of the force to initiate the movement of the piston and its subsequent sliding.²⁵

Thus, lubricated syringes can release droplets of silicone oil, especially when agitated, which can, through injected solutions contaminated with silicone oil, cause health complications.²⁶

These particles will undergo phagocytosis, with subsequent formation of granuloma and migration through the lymphatics.⁵ Clinically, lymph node cutaneous nodules can be observed, commonly diagnosed as sarcoidosis due to difficulties in the standard histopathological technique.²⁷

It should also be emphasized the importance of silicone oil as a trigger for non-specific rheumatic diseases, and may also trigger autoimmune diseases or autoinflammatory diseases. In the near term, the effect of silicone oil deposition is the development of ASIA syndrome²⁸, widely described in many studies and incorporating immunomediated conditions, all linked to exposure to various agents, such as vaccines and silicone implants.⁸

The adjuvant role of infections

Several mechanisms by which infectious agents can generate autoimmunity and/or autoinflammatory responses have been established. Among the most common are molecular mimicry, dissemination of the epitope, polyclonal activation and others²⁹

Epidemiological evidence suggests that infectious exposure in early childhood may set the stage for the appearance of an autoimmune disease later in life³⁰. This notion is consistent with the observation that autoimmunity (ie autoantibodies) appears years earlier in a developed autoimmune disease being diagnosed³¹

Other mechanisms with an adjuvant effect, by which infections may be related to autoimmunity, have been reported. Although common, the appearance of an autoimmune disease, having a bacterial component as an adjuvant, and not so widespread and apparently not always specific to the agent. The adjuvant effect of microbial particles, that is, the non-antigenic activation of innate and regulatory immunity, as well as the expression of various regulatory cytokines, can determine whether an autoimmune response remains limited and harmless or progresses to a developed disease.³²

Hyaluronic acid as an adjuvant

Nodules can occur due to incorrect distribution of filler material, reaction to the product (including inflammation, hypersensitivity or granulomatous reaction) or infection³³

Although these findings clearly demonstrate the potential of certain adjuvants to directly induce autoimmunity, the ASIA theory refers to a broader interaction that involves the exposure of individuals genetically susceptible to adjuvants, along with additional environmental factors that can trigger autoimmunity³⁴

Calcium hydroxyapatite was the filler that was most associated with complications (2.6%)³⁵.

Late reactions to HA-based fillers are estimated to occur in approximately 0.02% of treatments³⁶. The two most common polygenic autoimmune diseases after exposure to foreign material were UCTD and Sjogren's disease with a percentage of 19, 4% and 2.6%, among immune diseases, respectively.³⁵

Diagnosis

Shoenfeld³⁷, (2011) suggested criteria that ASIA diagnosis, which can help³⁸, recognition. For the diagnosis of ASIA: at least the presence of two major criteria or one major criterion and two minor ones as can be seen below:

Major criteria:

- Exposure to an external stimulus (infection, vaccine, silicone, adjuvant) before clinical manifestations.
- Appearance of one of the clinical manifestations below:
 - Muscle pain, myositis or muscle weakness;
 - Joint pain and / or arthritis;
 - Chronic fatigue, non-restful sleep or sleep disorders;
 - Neurological manifestations (loss of strength, lack of balance, muscle spasms)
 - Cognitive impairment, memory loss
 - Fever, dry mouth;
- Removal of the initiating agent induces improvement.
- Typical biopsy of the organs involved.

Minor criteria:

Appearance of autoantibodies directed against the suspected adjuvant.

- Other clinical manifestations (eg, irritable bowel syndrome).
- Specific HLA (eg HLA DRB1, HLA DQB1).
- Emergence of an autoimmune disease (eg multiple sclerosis, systemic sclerosis).

Laboratory findings among ASIA syndrome cases

The patients had elevated acute phase proteins and creatine kinase (CK). His group also confirmed the theory that the rarity of the complication was due to genetic susceptibility, since only patients with HLA profile DRB1.³⁹

Based on the findings of Watad, et al (2019), the status of the autoantibody profile, 54.4% of patients had a positive autoantibody test. Specifically, 48.2% were ANA positive, 7.0% were positive rheumatoid factor (RF), 6.0% were positive for anti-SSA, 3.8% positive for anti-TPO, 3.4% positive for anti-dsDNA, 2.2% for centromere, 2.0% for anti-Sm, 1.8% for anti-RNP, 1.0% for anti-Scl70 and, finally, 1.0% for anti-SSB. Stratifying for the disease subtype, 55.4% of patients with well-defined immune disease and 16.7% of those with undefined autoimmune / autoinflammatory disease were positive for at least one autoantibody.¹⁰

Treatment

Pharmacological

Among patients with ASIA syndrome in general, 2.4% and 10.2% were treated with biological agents and disease-modifying antirheumatic drugs (DMARDs), respectively, while 13.6% hydroxychloroquine and 34.0% prednisone or other glucocorticoids¹⁰.

Non-pharmacological

Explantation of the foreign body, implanted, significantly improves symptoms.³⁴

Considerations

In the last decade, ASIA syndrome, defined by a hyperimmune response, has been described in genetically susceptible people, after exposure to environmental factors that act as adjuvants.

In addition, little is discussed about the lubrication of syringe ducts with silicone, which is little known among injectors and based on studies by Backer, et al (2016), ASIA syndrome is more likely to trigger Rheumatoid Arthritis, Sjögren and Raynaud, in patients in contact with adjuvants⁴⁰

According to Yamaguchi's diagnostic criteria, the presence of fever, arthralgia, adenopathy, splenomegaly, rash and leukocytosis in the absence of ANA and rheumatoid factor allows us to diagnose ASIA⁴¹.

The time between adjuvant implantation and the onset of symptoms is variable⁴², but classically intermittent high fever, arthralgia, pink spots, cervical lymphadenopathy and ferritin and elevated CRP are of interest to the case confirmation⁴³. The treatments used often lead to removal of the adjuvant material.

These enigmatic, syndromic and recent clinical findings should awaken in the medical injectors the constant updating of possible complications caused by hypersensitivity, in patients after the use of aesthetic substances.

This review demonstrates that, exposure to components that comprise an adjuvant effect, can overcome genetic barriers and co-exposure to triggers, starting autoimmune diseases.

Thus, the reported data allow us to have a broad view of this newly defined pathogenesis and can facilitate the search for preventive and interventionist actions.

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