



RESEARCH ARTICLE

MYOEPIITHELIAL HAMARTOMA OF THE STOMACH COMPLICATED BY GASTRIC OBSTRUCTION

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Abstract

It is about a patient 52 year old, presents to the emergency room for incoercible vomiting and state of dehydration. The investigations show hydroelectrolytic disorders with a pyloric stenosis on the imagery. After urgent conditioning of the patient he underwent partial gastrectomy surgery with gastrojejunalanastomosis. Anatomopathology of the operative specimen shows a stenosing pyloric Brunner's hamartoma; the post-operative consequences are satisfactory.

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Introduction:-

With the exception of leiomyomas, submucosal tumors of the stomach are extremely rare. Brunner's glands are branched acinotubular glands normally found in the deep mucosal or submucosal layers of the proximal duodenum and secrete alkaline mucus to protect the duodenal lining from the gastric acid and mostly asymptomatic. Brunner's gland hyperplasia can present as gastrointestinal (GI) bleeding, obstruction, and abdominal pain in symptomatic cases [1]. Histologically, this tumor presents hypertrophic smooth muscle bands surrounding diverse epithelial elements that can be arranged in different ways: as a simple glandular structure, Brunner's gland, pancreatic ducts, and occasionally pancreatic acinus [2].

We report an unusual case of Brunner's gland hyperplasia in the pylorus leading to severe gastric outlet obstruction requiring surgical intervention.

Case report

A 52-year-old male patient presented to the emergency room for uncontrollable vomiting, his symptoms go back a year with the installation of post prandial vomiting first to solids then to liquids without hematemesis or melena, clinical examination on admission, hemodynamically and respiratory stable patient; supple abdomen. His vital signs objective his blood parameters hemoglobin 13.2 g/dl (13.8–17.7), total leukocyte count 5000 cells/cumm (4000–11000), potassium 1.8 g/dl serum alkaline phosphatase 96 U/L (50–130), and serum. The patient benefited in the emergency department from a 2-way venous outlet for rehydration with potassium refill then from a gastric fibroscopy objectifying pre-pyloric ulcer and impassable stenosis. Histological findings on biopsy samples of the lesion and its borders revealed hypertrophic endothelia and granulation tissue, leiomyosarcoma bands infiltrated by lymphocytes, plasma cells, granulocytes and rare distorted gland architecture and varying degrees of epithelial dysplasia. He was positive for *Helicobacter pylori* (HP) the abdominal scanner revealed pyloric stenosis with stasis in the stomach. The patient underwent laparoscopic distal gastrectomy with gastrojejunostomy. Histopathological examination of the specimen confirmed Brunner's gland hyperplasia. No postoperative complications occurred and our patient's general conditions were optimal at discharge 7 days after surgery. Two months postoperatively his general health conditions are still good.



Figure 1:- SAGITTAL CUP of abdominal scanner complete gastric outlet obstruction



Figure 2:- Axial cut of abdominal scanner complete gastric outlet obstruction

Discussion:-

Brunner's gland is submucosal mucin-secreting acinar glands of the duodenum which secretes mucus, pepsinogen, and urogastrone as a response to stimulation by gastric acid, to protect the duodenal mucosa [3]. Myoepithelial hamartoma of the stomach is a rare tumor and is also referred to as myoglandular hamartoma, adenomyomatous hamartoma, gastric adenomyoma, adenomyosis and heterotopia [4,5]. Histologically, they are branched acinotubular glands covered with cuboidal cells in the ducts and cuboidal to columnar cells in the gland [6]. Such lesions have been observed in the gastric antrum (85%) and in the pylorus (15%); they present nonspecific symptoms such as intermittent gastric pain, nausea and vomiting, and in some patients cause intermittent pyloric obstruction [7]. Our case presented a pyloric obstruction with vomiting. Most of the cases reported in the literature were diagnosed by conventional X-rays of the upper digestive tract using a barium meal, while the other cases were detected incidentally during surgery or autopsy [7]. Hamartomas often appear as a roundish or oval shaped mass in the submucosal tissue simulating a lipoma, a neurofibroma or a polypoid formation [2]. Our case was detected during surgery. Conservative treatment with proton-pump inhibitor and antacids are sufficient for treatment of Brunner's gland hyperplasia when the patient is asymptomatic [8]. If the patient is symptomatic, endoscopic resection, laparoscopic, or laparotomy may be required [9]. If the lesion is pedunculated and <5 cm in size, then endoscopic resection is done. In case of lesions, >5 cm laparoscopic or open surgical excision is preferred [10]. In our case, we planned for surgical intervention.

Radical surgery is also justified in cases of a definite diagnosis of hamartoma as the lesion is very rare and may not be benign, and the risk of cancerization is still an open question [11]. Generally speaking, gastric polyps are considered to have a low risk of cancerization, yet the risk of neoplastic degeneration is higher for hyperplastic adenomatous polyps and fundic glandular polyps directly correlated with HP infection. Cancer has been detected in 2.1% of hyperplastic gastric polyps [12,13] and in 1.6% of gastric hamartomatous polyps [14,15] also makes our case distinct.

Another possible relationship between peptic ulcer and Brunner's gland hyperplasia is that both have an association with *H. pylori* [16]. The patient, in this case, tested positive for *H. pylori*. Presence of Brunner's gland hyperplasia in

the region of the antropylos leading to severe gastric outlet obstruction. The patient underwent laparoscopic distal gastrectomy with gastrojejunostomy. Histopathological examination of the resected specimen confirmed it to be Brunner's gland hyperplasia. Post-operative hospital stay was uneventful.

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