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RESEARCH ARTICLE

ABDOMINAL-PELVIC MASS REVEALING A KRUKENBERG TUMOUR: A CASE REPORT

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Abstract

Krukenberg tumors are ovarian metastases from non-gynecological, mainly gastrointestinal cancers, such as gastric and colorectal cancers. They are very rare with a still poorly elucidated etiopathogenesis (1). Previous retrospective studies have suggested that Krukenberg tumors are associated with a poor prognosis compared to metastatic disease at other sites resulting from the same primary disease (2). We report here the observation of a patient who consulted for an abdominopelvic mass without other symptoms revealing a Krukenberg tumor treated at the Mohamed 6 center for onco-gynecology.

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Introduction:-

Krukenberg tumor is very rare and presents only 1 to 2% of ovarian tumors. It is defined by unilateral or bilateral ovarian metastases of a glandular epithelium, characterized by the presence of mucus-secreting cells in a "chaton ring" at the ovarian level (3). We report here the observation of a patient who consulted for an abdominopelvic mass without other symptoms revealing a Krukenberg tumor treated at the Mohamed 6 center for onco-gynecology.

Observation:-

Mrs. A.M aged 41, followed for 4 years for dysthyroidism on synthetic anti-thyroid drugs (Carbimazole), Mitral insufficiency on beta-blocker (avlocardyl*), Aspegic and diuretics, having consulted for abdominal distension dating back two months, with sensations of pelvic heaviness then rapidly progressive abdominal distension without digestive or urinary signs

Abdominal examination revealed enormous distension with a mass arriving above the umbilic tilted to the right (figure 1). The gynecological examination found a normal-looking cervix, clean vaginal walls and a normal-sized uterus. The rest of the clinical examination was unremarkable

The pelvic ultrasound revealed a lobulated abdomino-pelvic mass with irregular contours in places, heterogeneous measuring approximately 11cm in diameter, this mass comes into intimate contact with the anterior wall of the

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uterus associated with a low abundance pelvic effusion and at the level pouch of Douglas as well as multiple lumbo-aortic abdominal adenopathies infra-centimetric (figure 2).

An abdomino-pelvic CT scan was performed, having described the abdomino-pelvic mass as being a voluminous mass above the midline and right paramedian bladder measuring 18*17*13.5cm, coming into contact with the right antero-lateral abdominal wall. It is in intimate contact with the caecum, which is pushed back and outwards, inside with hair loops, and it also comes into contact with the primitive iliac vessels. It is associated with a second mass of the same characteristic of the left iliac seat measuring 7.7*7.4*4.9 mm. The two formations seem to depend on the uterus with the presence of infra-centimetric nodes of the obturator chain and bilateral external iliac (figure 3).

Regarding tumor markers: Ca19-9: 887, Ca125: 311.60, ACE: 1.62, AFP: 4.1

The patient underwent surgical exploration, finding moderately abundant peritoneal effusion, with no peritoneal nodules associated with two solid ovarian masses 17cm long and a normal-sized uterus. Exploration of the rest of the peritoneal cavity is unremarkable (the digestive tract was unremarkable apart from an ischemic appearance at the level of the biopsied Douglas-fir cul-de-sac). The search for malignant cells on the ascites fluid sample was carried out. A left adnexectomy was performed and sent extemporaneously: presence of an invasive tumor proliferation with kitten-ring cells suggesting a secondary origin in the first digestive tract. A right adnexectomy followed by omentectomy and appendectomy was subsequently performed.

Discussion:-

Krukenberg tumor is very rare and presents only 1 to 2% of ovarian tumors. It is defined by unilateral or bilateral ovarian metastases of a glandular epithelium, characterized by the presence of mucus-secreting cells in a "chaton ring" at the ovarian level (3).

Described for the first time in 1895, it still raises questions; the main one is the mode of neoplastic dissemination that may exist between the primary cancer and the ovarian metastasis. The spread is certainly early in many cases. Primary cancers, particularly those of the stomach, are indeed very small in size, whereas the ovarian tumor is already large (4).

This tumor affects women during the period of genital activity. The average age reported in the literature is 40 years, which is close to our patient (5).

Krukenberg's tumors are crude and the specific signs are poor so that they can be discovered intraoperatively or even be a surprise on anatomic-pathologic examination. This discovery is made in 2/3 of cases before the primary tumor, which explains their poor prognosis (6). The main warning sign in our observation was abdominal distension which followed the feeling of heaviness. The search for malignant cells on a sample of ascites fluid allows the demonstration, under an optical microscope, of kitten-ring cells which secrete mucin, characteristic of Krukenberg's tumor (7).

Imaging may show masses at the expense of the ovary, solido-cystic multi-lobular with signs of malignancy (local regional extension, peritoneal nodules). Bilateral tumors are predominant. But radiological examinations do not in any way allow the primary ovarian tumor to be differentiated from a secondary tumor (9).

The histological study is the only one that can confirm the diagnosis. Microscopically, Krukenberg's tumor is characterized by the presence of epitheliomatous cells in "chaton ring" with an eccentric nucleus filled with mucinophilic mucus, isolated or grouped in clusters within fibrils and by a pseudo-sarcomatous proliferation of the stroma (10).

CA 125 is the marker most frequently used by authors in Krukenberg tumors. In fact, it is the most often high scorer. It can play a role in early detection of ovarian metastases, in follow-up and even prognosis. The authors found that survival is inversely proportional to the level of CA125 (7).

The primary cancer is in 90% of cases of digestive origin including 70% gastric, 14% colonic, 5% pancreatico-biliary and 2% appendicular; even more rarely mammary and thyroid (11).

The treatment is initially surgical and consists of a total hysterectomy without adnexal preservation (HTSA) with omentectomy for the ovarian tumour. The primary digestive tumour diagnosed secondarily would be treated according to its evolutionary stage (12).

At present, the prognosis remains grim. The average survival reported in the literature is 12 months after the onset of diagnosis (6).

The best-known prognostic factors are: late diagnosis, significant ovarian symptoms, pleural and/or peritoneal effusion, young woman in period of genital activity, non-aggressive treatment and poor chronology of surgical procedures (12).

Conclusion:-

Krukenberg tumours are always a real challenge for practitioners; hence the interest of a systematic gynecological examination before any digestive process and vice versa.

Figure:



Figure 1:- Clinical image of abdominal pelvic distention with presence of adnexal mass.



Figure 2:- The pelvic ultrasound: lobulated abdomino-pelvic mass with irregular contours in places.

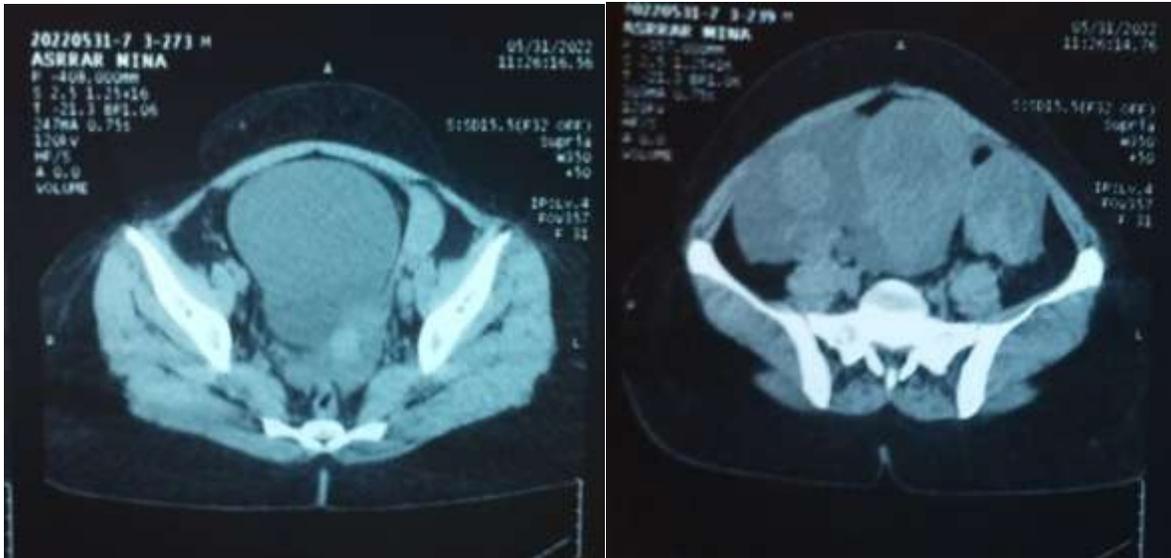


Figure 3:- An abdomino-pelvic CT scan described the abdomino-pelvic mass as being a voluminous mass.

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