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### RESEARCH ARTICLE

#### SOCIAL SCIENCES IN THE FACE OF COVID-19: AN OVERVIEW

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#### Abstract

This study aims to understand the relationship between the various disciplines of social sciences and their application with regard to the Covid-19 pandemic. It is a known fact that Covid-19 has driven the education sector in particular towards an uncharted territory, one which urges the educational institutions of the world to resort to the method of online learning as an alternative. In observing the implications and importance of social sciences specifically, in reference to the pandemic, the study seeks to investigate the implementation of such social studies within the landscape of a global health crisis. The methods by which the study is conducted include the reading of various materials from online sources, such as online news outlets, educational websites, and government websites, as well as the analysis of journal articles and books which relate to the fields that had been specified. There are 12 programs under the direct supervision of The National University of Malaysia Faculty of Social Sciences and Humanities; however, for the purpose of the study, four programs were chosen for the study to revolve around, namely Psychology, Political Science, Social Work, Anthropology, and Sociology. The author found that there exists a recurring theme among these various Social Sciences programmes, which is the presence of real-world applications, especially as a direct answer to Covid-19. This proves that Social Sciences are not merely conceptual in nature, but are also utilized in a more hands-on, realistic term. The study highlights these applications as concrete proof that Social Sciences are fundamental in a civilized, healthy, and functional society.

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#### Introduction:-

Year after year passed, without us realizing, we are already entering 2020 and we are often motivated by developed nation status. Nevertheless, it is not the status of the developed nation that we have acquired, but a virus that has disabled a world economy. The normal life that we always run day by day suddenly changes to something unexpected. we need to wear a mask when out of the house, take care of physical distancing, make

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mySejahtera registration when wanting to enter every business premise and be forced to wear disinfectant lotions. nor are we advised to stay at home to break the chain of this virus.

The virus mentioned is called Coronaviruses or also known as Covid-19. Covid-19 is an infectious disease caused by a newly discovered coronavirus. The virus was first identified in December 2019 in Wuhan, China. Thus, the World Health Organization declared the epidemic to be International Problematic Public Health in January 2020 and the epidemic in March 2020. As of November 21, 2020, more than 57.4 million cases had been confirmed, with more than 1.37 million deaths due to COVID-19. The virus spreads primarily through droplets of saliva or discharge from the nose when an infected person coughs or sneezes, so it's important that you also practice respiratory etiquette or maybe just wear the mask. Most people that have been infected with the COVID-19 virus will experience mild to moderate respiratory illness and recover without requiring special treatment. Older people and those with underlying medical problems like cardiovascular disease, diabetes, chronic respiratory disease, and cancer are more likely to develop serious illnesses.

Therefore, in this article, the authors will discuss Covid-19 by focusing on the lessons found in the faculty of social sciences and humanities at the National University of Malaysia. There are twelve programs offered which are political science, anthropology and sociology, psychology, geography, development science, social work, media communication, linguistics, Malay Literary, History, English Language Studies, and Malay Language Studies. However, in this essay, the authors will focus on four areas only namely psychology, political science, social and anthropological work, and sociology. In this regard, we will tell you the relevance of these four programs in the face of covid-19 challenges. The scope of the discussion will be more about the effects, how to overcome them, the role of a party, and the changes that occur since Covid-19 comes to attack.

## **Psychology**

### **The Effect and Suggestion of Covid19 on The Field of Psychology**

The psychological word derives from a combination of two Greek words that is Psyche which means soul, spiritual or mental, and logos which means study. According to the English Oxford dictionary, Psychology is the scientific study of the human mind and its functions, especially those affecting behaviour in a given context. there are many branches in the psychology field, for example, mental health treatment, performance improvement, self-help, ergonomics, and other areas affecting health and daily living. Therefore, I can conclude here that psychology is a study of the mental, soul, and spirit of human beings.

As we know, this field of psychology relates to many of a person's mental health, so, the author will peel into more detail about the effects of mental problems on the individual himself, traders, and frontline staff as one of the most impressive by the presence of this covid-19. The authors will also give a suggestion on what can be done to address the problems that occur.

UN Secretary-General, Antonio Guterres in a video when launching a briefing, stated that "After dozens of years of ignorance and lack of investment in mental health services, the COVID-19 pandemic is now affecting families and communities with additional mental stress," and he also said, "Even when the pandemic can be controlled, sadness, anxiety, and depression will continue to influence the public and society". This proves that this virus not only physically affects humans but also greatly affects a person's mental health. Therefore, we should not look lightly at psychological issues because it has a bad impact on a person regardless of the degree, skin color, or where he is located.

Among those affected by this virus in terms of mental health are individuals themselves. Imagine a situation where everyone was forced to simply stay at home. We have to stay at home not only for a day or two but for a few months. The lifestyle that we used to be suddenly changed, from free to go anywhere we want to go to can't go anywhere if we don't have permission letter. Certain people also can be disturbed when they live in a small house. To address this, issue the authors propose that everyone find a new hobby to do. For example, everyone can cook, read to add knowledge, and can also exercise in the house such as doing daily exercises. This can help people to find it interesting to stay at home without wanting to go out.

Moreover, not only sitting at home can be infected with mental problems, but those who lose jobs can also be interrupted. As I said in the introduction, this virus not only affects us physically but also our economy. When the virus is attacked, every premise in Malaysia needs to be closed due to the Movement Control Order (MCO). So

those premises or companies that can't pay their employees' salaries are forced to stop them and there are also some companies going bankrupt. This puts so much pressure on the individuals involved and sadly some of them are capable of committing suicide. Not only that, someone like a woman also can be affected. In this situation, the Government should be the one responsible.

The government should open up more job opportunities and ensure every vacancy is filled. If the government is unable to cope with the problem, the individual himself needs to find other initiatives to get on with life. For example, they can start a small business through a shop application or any other social media platform. This is because although we are plagued by pandemics and many people are struggling with monthly income, there are many more who can afford to be a strong buying power.

Hence, this can help traders who want to start a business even with small capital. As everyone knows domestic violence is still happening in Malaysia. Imagine those men who did domestic violence suddenly have been ordered to work from home, that must be so depressing for that woman who is his wife or maybe his daughter. They will get hit and even make a simple mistake and sometimes they also bleed after getting hit, but what can they do? They are scared to report just because they still love him and also scared, they can get hit again. This must be so sad because victims of domestic violence are stuck all day with their perpetrators. For these issues, those victims are capable to call Talian Kasih which has been organized by The Women and Family Development Ministry, the victims should just tell them all about the domestic violence that they are facing to make sure these things are not being taken lightly by the perpetrator who thinks this is the normal behaviours.

Frontliners staff is one of the most impressed by the presence of this covid-19. Why is this happening? This is because they are the ones who need to take care of those positive for covid-19 and also need to do the test to decide whether they are positive or negative for this virus. No doubt the front liners especially doctors, nurses, and medical assistants can be so stressed and depressed. As everyone knows, nowadays the number of those positive for covid-19 increased day by day. Even the number of those who recovered also increased, but the number of positive Covid-19 is always surpassed those who recovered.

This does not include those who are suspected of Covid-19 but don't want to follow the SOP such as quarantining themselves and doing Swab tests in any of the hospitals nearby. The case of this being very stressful for the front liners can be proved when there is a Study in Canada which shows almost half of the health workers say they need psychological support. Imagine working for a normal day is tiring enough because the number of patients in the hospital has never decreased, but since the covid-19 attack, those who work as front liners had to work overtime without rest since they are fighting with something that can't be seen.

On this matter, the author will suggest the government or the Ministry of Health itself take care of this problem. The authorities should give them bonuses such as extra allowances and also provide the latest and most advanced equipment for them to deal with this epidemic. This is because the staff sometimes lacks special suits and have to use old items, so with new items at least their work will be easier and more comfortable. Speaking about the front liners, doctors, nurses or medical assistants are not the only ones of them, there are many more such as police and soldiers who are being ordered to take care of the border for each state. They are also the ones in charge of the Movement Control Order (MCO). We should not ignore them, because they are also mentally affected. They had to stand in the middle of the scorching heat of the sun to ensure that all citizens followed the instructions that had been set during the movement control order. They also need attention by giving initiatives such as extra money or necessities while they are on duty such as tents to ensure they are always in good condition to continue serving the country.

Apart from frontliner staff as well as individuals, there is also someone who is very impressed in terms of their own economic and mental. They are the street vendor or the owner of the company. For the street vendor, they earn their monthly money by selling on the side of the road or at the night market. When the movement control order begins, they seem to lose their direction because there is no monthly or daily income. They have to sell the goods they usually sell through social media. Yet we know their income is greatly affected. This not only puts them under pressure economically but also emotionally. Imagine those who rely solely on daily sales to support their families suddenly lose their source of income. Although the government assists those in need, if only food and a little money, it cannot afford them to survive until the MCO ends, imagine with a little money, they have to survive for a few months for them to make their daily income back. It is impossible to solve this problem.

However, the author suggests to those who still have strong purchasing power, to support small businesses. Just buy it even if it is useless, at least their load is slightly reduced. Even those who are less affected can also assist NGOs whose role is to help people in need such as; Ustaz Ebit Lew through Pertubuhan Kasih Umat Malaysia. Apart from street vendors, company owners are also impressed by the presence of this virus. Those with positive employees had to shut down the entire company to ensure the safety of other employees. This not only makes the company have to spend more money to clean the company by sanitizing but also has to bear the loss because the company has to close. Owners also cannot fire their workers because they have to think about their welfare and the skills they have for the company. Hence, there is nothing that can be done except the company itself which has to come up with new ideas for the company to continue to survive as the virus strikes. This may have a huge impact on company owners, even their employees for fear the company will go bankrupt and they will have to be fired. This is proof that their emotions are also disturbed.

It is true what the author has said, that those who have been mentioned are very impressed in terms of psychology, especially in terms of mental health. This is not only happening in Malaysia but also happening all over the world as Studies show mental stress increased in the middle of the crisis by 60 percent in Iran and 45 percent in the US. So, we as Allah's servants should always pray to Him so that we are always given protection and encouragement to continue living in His arms.

### **Political Science**

#### **The Impact and Role of Political Science during the Covid-19 Pandemic**

Political Science, as it is defined by Michael G. Roskin (2020), a Professor at the Department of Political Science at Lycoming College, Pennsylvania, is a systematic study of administration that employs empirical and essentially scientific analysis methods. Generally, it seeks to understand the world through the lenses of governance, politics, and authority. As the world inches further towards anarchy in these trying times of a global pandemic, Political Scientists play a vital role in helping administer policies that are the best in dealing with critical issues within a country. The study of politics includes how power comes into play in society, and how it affects the community at large. Some of the concepts discussed in the field of Political Science include political theory, comparative politics, public administration, and international relations.

These concepts allow political scientists to make distinctions between the policies that should be implemented and how it relates on a global and national scale. Politics manifests itself in various ways, and as stated by Abdul Rashid Moten and Syed Sirajul Islam (2015: 4-7), any political activities in a state at any given time is a reflection of the values, beliefs, and behaviors of the people in the said state. These are then manifested through political behavior, political cultures, political values, interest groups, and different levels of government. In combatting Covid-19, the government is the most important component in the state, as it is the supreme hand of the sovereign in administering the proper steps in approaching the issue to ensure the safety of its members. Political Science allows the government to research methods that are befitting with the will of the people, and to ensure that the governance is not out of touch with grassroots movements and the subjects of the state, as this will not only improve the quality of life of the nation but also boost morale and confidence of the people.

Throughout the course of history, Politics can be seen as a major driving force in major civilizations. This is proven through the existence of political analyses in ancient cultures, which include the philosophy of Confucius in China throughout 551–479 BCE and the thoughts of Kautilya in India, which flourished throughout 300 BCE. Ibnu Khaldun's writings in the late 14<sup>th</sup> to 15<sup>th</sup> century North Africa had also greatly influenced the perception of politics in the Arab world. However, the West had a more complete discussion in regards to Politics, as can be seen through the works of Plato (428/427–348/347 BCE) which described a stable republic, and Aristotle (384–322 BCE) who introduced empirical observation to the discipline (Roskin 2020).

In such an unprecedented time in human history, it is important for states to be able to analyze the reaction of their people in order to further accommodate the state in handling the situation. Such observations could be made by employing the functionality of Political Science and gaining empirical evidence to equip the governance, thus allowing them to employ pre-emptive measures and contingency plans. One way this can be achieved is through a strong social policy in crisis management. For instance, in Greer, King, Fonseca, & Peralta-Santos (2020), it is stated that: "... Relatively authoritarian public health measures (such as physical distancing or temporary economic shutdowns) depend on societal compliance. That is the case even in authoritarian regimes. Compliance requires not just things like good communication and trust, but also a political economy that permits people to stay at home

without starving. The pre-existing social policies of the country as well as the ones enacted specifically to respond to the COVID-19 challenge will shape the extent of compliance with public health measures as well as life after the pandemic ...”

This is an example of how political science may play a role in analyzing the underlying structure of governance in reference to Covid-19, whereas it highlights the importance of a pre-existing policy that had already been implemented in a specific country. It goes to show that the study of matters of governance and how it compares to other countries and political thoughts at large is pivotal in ensuring the survivability of a nation in a pandemic. Political analysts may also underline the current situation of the country and how it affects the political culture, economy, and will of the people, as can be seen in a report by the Malay Mail (2020) in which an Associate Professor from Universiti Putra Malaysia, Dr. Mohd Izani Mohd Zain had urged for a political ceasefire between the parties in times of Covid-19 as it involves the safety of the people, on top of the announcement by UMNO President, Datuk Ahmad Zahid Hamidi in declaring a political ceasefire which had been received well across the political spectrum so as to focus on matters of public interest. This is an instance in which a political analyst had provided insight on the current situation in times of Covid-19 and thus shed some light on the issue as a means to reflect the current situation and drive the attention of political actors toward a better policy and decision-making.

Another example of how Political Science may help in terms of governance is the comparison of policies between countries in the world. This allows for a greater understanding of the impact that Covid-19 could bring about to a certain country if the said country chose to implement a specific method of containment policy. One such effort could be seen in research by the University of Glasgow, which observed the method of containment measures taken by the government of China in its effort to prevent the spread of Covid-19 amongst its citizens.

The research highlighted how the Chinese government had implemented the method of mass mobilization throughout its centralized political system and in turn placed an emphasis on recognizing and isolating people with symptoms or travel history to the Hubei province, which had proven successful albeit harsh in its treatment of the people within the area of Wuhan city (Duckett 2020). The purpose of political science here was to identify the policies employed towards the prevention of said diseases and how the data could be used for the purpose of comparative policy review amongst the nations in the world to allow for cost-benefit analysis by the world government, as a point of reference and empirical data in regards to tackling the spread of the pandemic.

As can be seen through various ways the Political Science field of study had manifested itself, it would suffice to say that it is a fundamental line of academia that relates closely and concurrently to real-world application and not just in theory, especially in ensuring the survivability of humanity as a species against the threat of Covid-19. It is essential for governments of the world to come up with a holistic contingency plan, and Political Science finds its way in analyzing the essence of excellent policies to implement, through various studies and hands-on applications of political concepts by its proponents.

## **Social Work**

### **The Role of Social Work Towards Covid-19 Pandemic**

Social work is a profession based on academic practice and discipline to promote social change and development, social unity, empowerment, and freedom of the people. Principle social justice, human rights, shared responsibility, and respect for diversity are work-related social. Social work involves humans and structures to address challenges in life and improve well-being. a practice-based profession that promotes social change, development, cohesion, and the empowerment of people and communities. Professional social workers who work with families and institutions have helped to provide and advance the following social impacts Civil Rights, Unemployment Insurance, Disability Pay, Worker’s Compensation, Reduced Mental Health Stigma, Medicaid and Medicare, and Child Abuse and Neglect Prevention.

On the other hand, social work can be defined as a profession guided by a body of knowledge, values, and skills by using biopsychosocial approaches, to facilitate individual social functioning, families, groups, and communities optimally. Employees socially uphold a code of ethics and code of conduct that is based on the values of human rights and justice social. The social work profession also contributes to social development and change through policy improvement social, legal, programs and services in accordance with the needs of the Malaysian population’s diverse socio-cultural to enjoy a standard of better living.

Further explanation, social work can be divided into two different things that are social services and social welfare. Social services are services provided by individuals, groups, or communities (anyone) for helping those in need immediately. This service is more temporary that it helps solve problems that occur at that moment. Each individual can provide services social because there is no specific training to convey it. Services are provided free of charge.

Social welfare, the dependence on social services provided by the government/private or formal institutions is referred to as social welfare. According to Friedlander, 1976, the definition of social welfare is a system of social and institutional services structured social services, designed specifically for helping individuals/groups to achieve one standard of healthy living, social relationships, and personal that allows individuals/groups to develop capabilities and promote their well-being in a state of harmony according to the needs of the family and the community. Other than that, according to Kanger & Stoesz, 2009, social welfare can be defined as refers to programs, services designed to help individuals in need of internal help meet their needs. Most of the social welfare that exists today is provided by government agencies and involve social workers as service providers. Private agencies and Non-Governmental Organizations (NGOs) also provide welfare services social to individuals, families, groups and the community should also be provided by social workers and not dependent on sheer volunteers.

Social workers are professionals who aim to enhance overall well-being and help meet the basic and complex needs of communities and people. Social workers work with many different populations and types of people, particularly focusing on those who are vulnerable, oppressed, and living in poverty. Social workers are educated and trained to address social injustices and barriers to their client's overall well-being. Some of these include poverty, unemployment, discrimination, and lack of housing. They also support clients and communities who are living with disabilities, have substance abuse problems, or experience domestic conflicts. The role of social workers depends on the scope and problems of the client as well as the goals of the intervention to be achieved. The main focus of social workers is improving the functionality, ability, and even the ability of clients to interact with others and their environment. Improving the social functionality of the client is the main purpose of social work activities.

There are 9 roles of social workers such as; mediator, enabler, broker, educator, consultant, facilitator, planner, researcher, and advocator. As a mediator, act to help clients who are facing conflict to find common ground and create understanding. As an enabler, social workers will provide guidance to help clients act immediately in taking appropriate action in producing changes in the client's life. Also, as a broker, connecting clients in need especially those who do not know how to get resources by connecting clients with the resources available in their environment. Moreover, as an educator, social workers strive to impart knowledge and information among client systems as well as to systems around clients. As a consultant, ensure that all parties involved in gaining benefit from the results of negotiations and referrals from social workers. As a facilitator, social workers play the role of a leader in an activity carried out that involves groups or communities. Social workers strive to provide guidance and guidance so that group or community goals can be achieved and problems encountered can be resolved.

Additionally, as a planner, social workers plan programs as a response to needs that still cannot be met. As a researcher, social workers will act to develop this profession through the findings and results of studies conducted. Then, as an advocate, social workers act as defenders such as supporting legal-based clients. The social worker assists clients who do not receive the appropriate rights and treatment from the service provider.

The Covid-19 problem requires not only solutions in the health and economic sectors but also a sociocultural approach. The widespread distribution of Covid-19 and the difficulty of overcoming it began to pose a variety of psychosocial problems at the personal level. The role of social workers in the health sector today is not only in hospitals but also in the aspects of prevention, care, rehabilitation, and development. Medical social workers have not yet formally joined the covid-19 response team because they are not an urgent need. Currently, the focus is on addressing better than reducing, curing, and discovering Covid-19 vaccines and drugs.

The government has recommended staying at home by issuing several reasons to implement it, such as the encouragement to live a clean and healthy life, and the application of social imprisonment to the rules related to Movement Control Order (MCO) in some states. In addition, for those with symptoms, the government asks that they be able to quarantine themselves at the designated hospital.

They argue that quarantine with isolation is an unpleasant experience for those who experience it. This is because they are used to doing activities outside the home until they feel lost, a separation of relationships from loved ones,

the uncertainty of disease status, as well as fear of stigma and discrimination that will be obtained from the environment after they quarantine themselves.

The mental effects of quarantine prevent the spread of Covid-19 for most people, this isolation will create a large amount of uncertainty that can lead to anxiety and panic, boredom, fear, and loneliness. After so long of isolation one may feel loneliness, panic, paranoia, boredom, frustration, or increased fear. It is known that every human being needs relationships and social interactions in his life and if a person is forced to isolate himself for a long time, it will have a huge impact on mental health.

Social workers were asked to work in accordance with health protocols that have been developed by the government. Even so, social workers must continue to work in accordance with their competencies and arbitrary limits based on applicable laws. In holistic crisis management work, all aspects of physical, mental, psychological, social, and emotional preparation must be prepared for all parties affected whether directly or indirectly.

The implementation of the Movement Control Order (MCO) is taken as a measure to curb the spread of Covid-19 on a large scale despite having some positive effects in the context of our country, however, this measure is undeniably potentially causing psychological, social, and emotional effects that can affect the well-being of members general in the long run. Thus, if no assistance or related support system is provided, it is feared that more and more individuals in society will be threatened by symptoms such as stress or extreme stress, depression, depression, and so on.

Given this situation, the existence of social workers is very important in reducing the number of people with mental disorders in the middle of the quarantine period of the Covid-19 epidemic. Therefore, social workers in counseling during the quarantine period of the Covid-19 pandemic can be done through online services. Social workers can therefore take on the role of counselors where they can provide consulting services to clients who wish to state their problems. While counseling, social workers must be able to assist clients in releasing and remodeling old patterns in their minds. In addition, social workers must be able to help clients find solutions and problem-solving and enable clients to make the right decision-making process.

In community work, there are several roles that need to be played by the Medical Social Work Officer, namely the role of an enabler that requires the Medical Social Work Officer to advise and help the community solve problems. While the role of an advocate is to be the voice of the community, ensure that the community is given access to community resources, and fight for the rights of the community through the application of the law. The role of mediator requires the Medical Social Work Officer to be knowledgeable about the local community, to be a cultural broker between clients and the service systems offered, and to connect the community with service agencies.

Health problems are often associated with poverty and most of them cannot afford quality health services. Most of the health and social care problems in the community are due to illness. As such, the services of Medical Social Work Officers in the community are more focused on health care services and issues of psychosocial problems. Medical Social Work Officers in the community provide promotional services, health education, supportive therapy assistance, practical assistance, and social, physical, and welfare activities.

Community work is an issue that is the main agenda of most developing countries, therefore the involvement of Medical Social Work Officers is very necessary in every activity carried out. Various responsible parties especially the government and the community involved have worked to implement various programs and plans to address health care problems and psychosocial issues plaguing the community.

Furthermore, the services of Medical Social Work Officers through the programs implemented are able to help reduce healthcare problems and community psychosocial issues while achieving their respective goals. Medical social work is a field of social work in institutions that provide modern treatment of various diseases. It focuses on patients including their families who have psychosocial problems related to medical problems or health problems. This service aims to increase social functioning among patients and their families toward social well-being and community health. The objective of the Medical Social Work Unit is to assist patients in the psycho-social and socio-economic fields so that they can become members of a productive and independent society in accordance with the limits of ability caused by disease.

With this, the creativity of medical social workers, both independent practices and practices under institutions, institutions, and foundations, is indispensable, especially in the context of prevention, health promotion, crisis intervention, and psychosocial support for families who have experienced the death of family members, explaining that medical social workers included in the medical rehabilitation team. Social workers can help through health promotion strategies by educating, providing information, and educating about healthy living and appropriate activities to prevent ill conditions.

In conclusion, an example of a Quranic verse that the researcher can relate to work is from the relevant surah Ali-Imraan 3:104; Let there arise out of you a band of people inviting to all that is good, enjoining what is right, and forbidding what is wrong: They are the ones to attain felicity.

As has been said, should among believers by a group of people who are on duty and preaching to uphold the command of almighty Allah, by calling people to do good deeds and forbid evil deeds and invite people into His religion, sometimes they are indeed also obligatory on every individual of this ummah. This is all the law of *Fardal-Kifayah*. Those who belong to this group are the companions of the Prophet PBUH the chosen ones, the chosen *mujahideen*, the scholars who teach the religion, the advisors who invite non-Muslims into Islam, the people who invite the deviant to be able to stay, the people whom *jihad Fi sabilillah*, the appointed party by the government to pay attention to the human condition and invite people to follow the Islamic jurisprudence and enjoined what is right and forbid what is wrong. The good deed is all the commands of Allah or good by Islamic jurisprudence and intellect. However, a bad deed is everything that Allah forbids or that is bad by Islamic jurisprudence and intellect. All means made perfect *amar ma'ruf* and *nahi munkar*, equally ordered, such as providing jihad equipment to be able to defeat the enemy, science to be able to invite people to virtue, writing books containing Islamic teachings, development madrasahs to teach religion, helping the authorities are obliged to establish sharia, and etc.

### **Anthropology & Sociology**

#### **Effects of Pandemic Covid-19 Towards Sociology & Anthropology**

In our understanding of the field of Sociology and Anthropology, this field of knowledge is a combination of two branches of knowledge that has close relevance. In the 19th century, this branch of Sociological knowledge as stated by Bierstadt (1979) stated that Sociology is a field that examines society and its relationship with the perpetrators of society consisting of institutions, clusters, and people. In his book entitled *Positive Philosophy* has also stated that every emergence of knowledge and knowledge has its own history before the knowledge develops and is accepted by the general public.

The word Anthropology is originally from the Greek, *Anthropos* which means human beings while the *Logos* mean knowledge. Thus, it is generally understandable that this anthropological knowledge is more likely to study and recognize human beings themselves. In understanding why these two branches of knowledge are often combined because Rahman Abdul Aziz (2005) states that anthropological knowledge is very important in understanding sociology in understanding society in Malaysia because Malaysian society is made up of various ethnicities and cultural roles very important in this community life.

Due to the increasingly alarming spread of the Covid-19 Pandemic, there is no less impact on the application of new lifestyles and norms in society's life. It is common to know that the world is not the same as before. No more, a broad world unfolds for us when every step and movement we are bound by various preventive measures against the spread of this deadly pandemic. If previously the 3-layer mask is only used when in garbage disposal, sewage centers, or surgical rooms. Apparently, a mask is a fundamental requirement for humans at this point.

This period of fatal epidemics has also made it difficult for humans to interact with each other. If in sociological studies, this interaction is known as *Juggernaut Theory*. This theory has dissociated how human life is in the face of modernization. Those who have familiarized themselves with these modernizations will be more likely to be less interacting with fellow human beings and more dependent on technological solidity. A society that wants modernity should follow a Western modernization patent that leaves altogether traditional elements. All these internal changes are considered the key to 10 important changes as traditional society is coated by the characteristics of distress and outdated in its values, beliefs, attitudes, and characteristics (Maharam 2009). Based on the Malaysian government's policy of implementing the Movement Control Order since early March this year, there have been no more activities involving large numbers of engagements, religious activities canceled with learning, and working sessions

implemented online only. Thus, in terms of theory, it has been proven when one's movements and society have been confined then they will turn to a more modernized method.

Following the outbreak, the pandemic has also produced a more active society in the contagion of the killer virus. If we look historically, the world is already more than 100 years old not faced with a destructive pandemic as it happened when Spanish Flu (1918). Originally the outbreak also came from the carrier of the influenza virus but the pandemic we were experiencing was far more killing. From 1918 until 1920 there were over 500 million people worldwide who had been infected and 50 million lives were hovering as stated by Taubenberger JK and Kash JC (2011). If that has happened 100 years ago then it is possible that the black event will return again nowadays if there is no paradigm shift in the medical field. Therefore, in the mission of continuing survival, humans will of course devote their full energy and wealth to building a healthier life and avoiding this murderous disease.

### **Conclusion:-**

The world is currently experiencing a phase that has not yet been felt by mankind. What has happened has opened the eyes of all parties and no one is spared when the world returns to pain. In fact, there is no one field or branch of knowledge that is not affected by the spread of the pandemic. It will never be forgotten how history teaches us how previous human civilization disintegrates due to the devastation of this kind of virus. The world is changing and will not stop shifting forward. In this step forward this needs commitment and cooperation intact by the international community.

Every branch and field of knowledge should be used in order to rebuild the lives of those destroyed and changed due to the spread of the Covid-19 pandemic. If this contagion stems from human arrogance and arrogance, then with humility all parties should sacrifice in finding ways to overcome the black tragedy like this happening again later. Enough is already up to the day this writing is made already over 1 million lives killed by human egos. Toddlers, senior citizens, and those with disabilities become the main victims. Mankind should bounce back so that the future of future generations will not experience the black moments we face now.

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