



Journal Homepage: [-www.journalijar.com](http://www.journalijar.com)

INTERNATIONAL JOURNAL OF ADVANCED RESEARCH (IJAR)

Article DOI:10.21474/IJAR01/23938
DOI URL: <http://dx.doi.org/10.21474/IJAR01/23938>



RESEARCH ARTICLE

THE EVOLVING ROLE OF STRATEGIC PLANNING, SWOT ANALYSIS AND TECHNOLOGY IN BUSINESS RESILIENCE

Mwayi Nkhoma¹ and Dr. Maalila Malambo²

1. University of Malawi, MBAP ,P.O Box 280, Zomba, Malawi.

2. Botswana Accountancy College , School of Finance and Professional Studies, Private Bag 00316, Gaborone.

Manuscript Info

Manuscript History

Received: 04 June 2026

Final Accepted: 08 July 2026

Published: August 2026

Abstract

This article explores business resilience in reference to the role of strategic planning, swot analysis and technology, by emphasizing its value in identifying internal strengths and weaknesses alongside external opportunities and threats. By making insights from contemporary literature, the study highlights how SWOT analysis enables data-driven decision making and supports the development of comprehensive strategies that foster continuous improvement. Furthermore, the article examines the integration of strategic planning with risk management and contingency strategies, underscoring their importance in enhancing organizational adaptability and resilience.

"© 2026 by the Author(s). Published by IJAR under CC BY 4.0. Unrestricted use allowed with credit to the author."

Introduction:-

Entrepreneurship is widely recognized as a cornerstone of economic development, innovation, and competitiveness. In environments characterized by volatility, uncertainty, complexity, and ambiguity, entrepreneurs and organizations must rely on effective planning to navigate challenges and seize opportunities. Strategic planning provides a structured framework for setting objectives, allocating resources, and aligning organizational efforts toward long-term success. At the heart of this process lies SWOT analysis, a tool that enables organizations to evaluate their internal capabilities and external environment to craft strategies that are both realistic and forward-looking. The importance of planning in entrepreneurship cannot be overstated. Entrepreneurs operate in contexts where market conditions shift rapidly, consumer preferences evolve, and technological innovations disrupt established practices. Without a clear plan, organizations risk being reactive rather than proactive, thereby undermining their ability to sustain growth and competitiveness. Strategic planning offers a roadmap that not only defines the direction of the enterprise but also ensures that decision-making is grounded in evidence and aligned with organizational goals. As Bryson (2004) observed, however, many organizations fail to reap the benefits of strategic planning due to unenthusiastic approaches and inadequate resource allocation. This underscores the need for a deeper understanding of how planning can be implemented effectively to yield tangible results.

In today's dynamic and competitive business environment, effective planning has become indispensable for entrepreneurial success and organizational resilience. Emerging technologies such as artificial intelligence and the internet are discussed as enablers of supply chain visibility and proactive risk mitigation. Corporate social responsibility initiatives are also considered as complementary mechanisms that strengthen resilience by reducing

Corresponding Author:- Mwayi Nkhoma

Address:- University of Malawi, MBAP ,P.O Box 280, Zomba, Malawi.

financial volatility and promoting ethical practices. The business landscape has undergone significant transformations in recent years, particularly due to the acceleration of digital technologies and the disruptions caused by the COVID-19 pandemic. Organizations are increasingly leveraging technologies such as artificial intelligence (AI) and the internet to enhance their business planning processes.

Despite significant progress in understanding the relationship between planning and resilience, knowledge gaps remain regarding the long-term impact of advanced technologies, the role of organizational culture, and the unique challenges faced by small and medium-sized enterprises (SMEs). The article concludes by emphasizing the need for future research to address these gaps and by reaffirming the critical role of strategic planning and SWOT analysis in enabling organizations to thrive amid uncertainty. This article seeks to contribute to this discourse by creating existing research on SWOT analysis, strategic planning, continuous improvement, and organizational resilience. By examining the interplay between these elements, the study aims to highlight best practices, identify knowledge gaps, and propose directions for future research. Ultimately, the article underscores the centrality of planning in entrepreneurship and affirms its role as a driver of sustainable growth and resilience in an unpredictable business environment.

Literature Review:-

SWOT analysis in business resilience:-

SWOT analysis plays a pivotal role in this regard by systematically identifying strengths, weaknesses, opportunities, and threats, entrepreneurs gain a holistic view of their business environment. Strengths and weaknesses highlight internal factors such as resources, capabilities, and organizational culture, while opportunities and threats capture external dynamics including market trends, competition, and regulatory changes. The integration of these insights into strategic planning enables organizations to leverage their strengths, address weaknesses, exploit opportunities, and mitigate threats. As noted by the AI Contentfy team (2024), a thorough SWOT analysis equips founders with the knowledge needed to make informed decisions and pursue sustainable growth. According to the AI Contentfy team (2024), a thorough SWOT analysis equips founders with the knowledge needed to make informed decisions about their goals and strategies. It allows organizations to capitalize on their strengths, address weaknesses, exploit opportunities, and mitigate threats. In this way, SWOT analysis becomes more than a diagnostic tool; it is a strategic compass guiding organizations toward sustainable growth. Its simplicity and adaptability make it particularly valuable for small and medium-sized enterprises (SMEs), which often lack the resources to conduct more complex analyses.

Beyond SWOT analysis, strategic planning is closely linked to the concept of continuous improvement. In today's fast-paced business environment, organizations must not only set long-term objectives but also remain adaptable to change. Continuous improvement ensures that processes, products, and services evolve in response to emerging challenges and opportunities. When combined with strategic planning, continuous improvement creates a dynamic cycle of goal setting, implementation, evaluation, and refinement. Yangailo (2023) emphasizes that the benefits of strategic planning can only be realized when organizations invest adequately in the process and commit to ongoing improvement. This integration fosters resilience by enabling organizations to adapt swiftly to disruptions while maintaining focus on long-term objectives.

Resilience has become a defining characteristic of successful organizations in the contemporary business landscape. Firms face a multitude of risks, ranging from financial uncertainties and supply chain disruptions to regulatory changes and natural disasters. Effective business planning, which incorporates contingency strategies and risk management frameworks, is essential for mitigating these risks and ensuring operational stability. Jean (2024) highlights the importance of identifying, assessing, and preparing for risks to avoid significant financial and reputational damage. In this context, strategic planning serves not only as a tool for growth but also as a safeguard against volatility.

The evolving nature of business planning in the digital age further reinforces its importance. Technologies such as artificial intelligence and the internet provide organizations with real-time visibility, predictive analytics, and enhanced decision-making capabilities. These innovations enable firms to anticipate disruptions, redesign supply chains, and respond proactively to challenges. Studies by Tönnissen and Teuteberg (2020) and Bednarski et al. (2023) demonstrate how technological integration enhances adaptability and resilience, while Karmaker et al. (2023) underscore the role of senior management and financial support in sustaining these practices. Moreover, corporate social responsibility initiatives contribute to resilience by imbedding ethical considerations into business strategies, thereby reducing volatility and fostering stakeholder trust (Olutimehin et al., 2024). Despite these advances, several

knowledge gaps persist. The long-term impact of advanced technologies on resilience remains underexplored, as most studies focus on immediate outcomes rather than sustained effectiveness. The influence of organizational culture on the adoption of risk management strategies also warrants further investigation, as cultural factors often shape decision-making processes and organizational behaviour. Additionally, SMEs face unique challenges in implementing strong planning and resilience strategies due to resource constraints, yet tailored approaches for these enterprises are limited in the literature. Addressing these gaps is critical for developing a comprehensive understanding of how planning can enhance resilience across diverse organizational contexts.

Strategic Planning:-

Strategic planning is a cornerstone of entrepreneurial success, and SWOT analysis remains one of its most widely adopted tools. By identifying strengths, weaknesses, opportunities, and threats, organizations gain a comprehensive understanding of their internal and external environments. Strengths and weaknesses highlight internal capabilities such as resources, skills, and organizational culture, while opportunities and threats capture external dynamics including market trends, competition, and regulatory shifts. This dual perspective enables entrepreneurs to craft strategies that are both realistic and forward-looking.

In a study by Habeeb (2025) the integration of strategic planning into organizational processes also facilitates effective communication and coordination among various departments. By establishing clear goals and potentials, strategic planning reduces vagueness and aligns individual and departmental efforts with the organization's overarching mission. This enhances promotes a sense of shared purpose among employees, which is critical for achieving collective goals. Furthermore, strategic planning provides a context for performance measurement and accountability, enabling organizations to monitor progress and make informed decisions.

Continuous Improvement and Strategic Planning:-

Strategic planning is not a static exercise; it must be complemented by continuous improvement to remain effective in dynamic environments. Continuous improvement ensures that processes, products, and services evolve in response to emerging challenges and opportunities. When integrated with strategic planning, it creates a cycle of goal setting, implementation, evaluation and refinement.

Yangailo (2023) emphasizes that the benefits of strategic planning can only be realized when organizations invest adequately in the process and commit to ongoing improvement. Without this commitment, strategic plans risk becoming outdated or irrelevant. Continuous improvement fosters resilience by enabling organizations to adapt swiftly to disruptions while maintaining focus on long-term objectives. This integration is particularly critical in industries characterized by rapid technological change and shifting consumer preferences.

Business Planning and Organizational Resilience:-

Effective business planning, which incorporates contingency strategies and risk management frameworks, is essential for mitigating these risks and ensuring operational stability. Jean (2024) highlights the importance of identifying, assessing, and preparing for risks to avoid significant financial and reputational damage. Contingency planning enables organizations to respond swiftly to unforeseen challenges, while risk management strategies provide a structured approach to mitigating potential threats. Together, these components enhance organizational resilience by ensuring that firms remain operational even in volatile environments.

The concept of resilience planning, as discussed by Sellberg et al. (2018), highlights the importance of adaptive and collaborative approaches in strategic planning. Their findings suggest that integrating continuous improvement into strategic planning processes fosters resilience, enabling organizations to effectively address complex challenges. This underscores the necessity of ongoing evaluation and adaptation, ensuring that organizations remain responsive to changing conditions and stakeholder needs.

Additionally, Adesina et al. (2024) emphasize the role of continuous improvement in enhancing organizational resilience in the context of CBRNE (Chemical, Biological, Radiological, Nuclear, and Explosives) preparedness and response. By integrating continuous improvement into strategic planning, organizations can better manage complex incidents and enhance their overall effectiveness.

Technology and Industry 5.0:-

The COVID-19 pandemic has driven organizations to rethink their business processes, leading to an increased reliance on digital technologies. Research indicates that AI is critical for maintaining operational continuity and

enhancing decision-making capabilities in rapidly changing environments (Dwivedi et al., 2020). The emphasis on real-time visibility and predictive analytics is central to navigating disruptions, reinforcing the notion that technological integration is vital for modern business planning.

AI's impact on supply chain management (SCM) is particularly noteworthy. A systematic review of existing literature reveals that AI techniques can significantly enhance SCM practices, thereby reinforcing the importance of technology in business planning (Toorajipour et al., 2021). These findings underscore how AI improves adaptability and resilience within supply chains, enabling organizations to anticipate disruptions and redesign processes proactively.

The transformative potential of generative AI (GAI) in supply chain and operations management further illustrates the critical role of technology in enhancing decision-making. A proposed framework for GAI emphasizes the need for organizations to adapt and optimize their operations to navigate the complexities of the digital age (Jackson et al., 2024). This highlights the evolving nature of business planning as organizations must integrate advanced technologies to remain competitive.

Enhancing business resilience through technology:-

The integration of AI into SCM practices has been shown to improve operational efficiency and responsiveness, which are essential components of effective business planning in the digital age (Abaku et al., 2024). The ability to forecast demand accurately and optimize inventory management is crucial for enhancing organizational resilience. This aligns with the broader theme that organizations must adapt their business strategies to incorporate technological advancements, thereby improving their ability to respond proactively to challenges. Research on AI applications also highlights the drivers and barriers of AI integration, emphasizing the need for effective frameworks to guide organizations in leveraging AI for business planning (Al-Okaily et al., 2021). The proposed frameworks serve as actionable insights for practitioners looking to optimize their supply chain operations and enhance resilience through technology.

Corporate Social Responsibility and Resilience:-

Corporate social responsibility (CSR) initiatives also contribute to resilience by embedding ethical considerations into business strategies. By integrating CSR into planning processes, organizations enhance their ability to cope with environmental turbulence and reduce financial volatility. Olutimehin et al. (2024) argue that CSR initiatives strengthen stakeholder trust and improve organizational stability, thereby contributing to long-term resilience. This highlights the multifaceted nature of resilience, where ethical practices complement technological and strategic approaches.

Suriyankietkaew and Avery (2016) discuss the importance of sustainable leadership practices in achieving organizational sustainability and financial performance. Although not exclusively focused on CSR, the study suggests that leadership incorporating ethical considerations can enhance organizational resilience. This holistic approach aligns with the notion that integrating CSR into leadership strategies is vital for long-term stability and success.

Knowledge Gaps:-

Despite substantial insights provided by existing studies, several knowledge gaps remain. One area requiring further investigation is the long-term impact of integrating advanced technologies on organizational resilience. In Dwivedi's (2020) study, only current benefits of AI were highlighted; the future of AI is unknown. While current research highlights immediate benefits, longitudinal studies could provide deeper insights into their sustained effectiveness over time. Lastly, the study by Suriyankietkaew and Avery (2016) focused on the financial aspect of SMEs. The study confirms the prediction that adopting sustainable leadership practices is significantly linked to enhanced corporate financial performance; hence, more needs to be explored on developing robust risk management strategies to help in business resilience. Given that SMEs often have limited resources compared to larger corporations, tailored strategies that address their unique constraints are essential for fostering resilience. Future research should focus on developing frameworks that are both practical and scalable for SMEs.

Methodology:-

This study adopts a conceptual and literature-based methodology designed to make existing research on strategic planning, SWOT analysis, continuous improvement and organizational resilience. Rather than collecting primary data, the research relies on secondary sources, including peer-reviewed journal articles in entrepreneurship,

management, and organizational resilience, books and foundational texts on strategic planning and SWOT analysis and credible online publications. This approach is appropriate given the study's objective: to integrate diverse perspectives and highlight the evolving role of strategic planning, swot analysis and technology in business resilience.

Sampling / Selection Criteria:-

The sources were selected using purposive sampling guided by the following criteria:

- Relevance: Direct focus on planning, resilience, or entrepreneurship including of studies relevant to SMEs and resource-constrained environments, especially in developing economies.
- Credibility: Published in peer-reviewed journals, reputable publishers, or recognized institutions.
- Recency: Preference for studies published within the last 10 years, while including seminal works for theoretical grounding.

Although no primary variables were measured, the study examined conceptual constructs such as:-

- Strategic planning frameworks (e.g., SWOT, contingency planning).
- Continuous improvement practices
- Technology integration (AI, blockchain, IoT).
- CSR and ethical considerations in resilience-building.

Research Design:-

The research design is qualitative and exploratory in nature. It seeks to identify patterns, themes, and relationships across existing studies rather than test specific hypotheses. By examining scholarly contributions and practitioner insights, the study aims to provide a comprehensive understanding of how planning tools and strategies contribute to organizational success in dynamic environments.

Data Sources:-

The criteria encompassed empirical studies, literature reviews, and theoretical papers published between 2020 and 2025 that examined strategic planning in the context of business survival. First, titles and abstracts were reviewed for thematic relevance. Thereafter texts of potentially relevant articles were assessed against the inclusion criteria.

The literature reviewed includes:-

- Academic journals: Studies on strategic planning, risk management, and resilience (e.g., Pavlov et al., 2019; Bednarski et al., 2023).
- Books and foundational texts: Bryson (2004) on strategic planning failures.
- Contemporary reports and blogs: AI Contentfy team (2024) on the practical application of SWOT analysis.
- Emerging research: Studies on Industry 5.0, and , AI, and CSR initiatives (Tönnissen&Teuteberg, 2020; Karmaker et al., 2023; Olutimehin et al., 2024).

These sources were selected for their relevance, credibility, and contribution to the discourse on entrepreneurship and resilience.

Analytical Approach:-

A thematic synthesis approach was employed to analyze the literature. Key themes — such as the role of SWOT analysis, the integration of continuous improvement, the importance of contingency planning, and the impact of technology — were identified and examined across multiple studies. This method allows for the consolidation of insights from diverse sources and the identification of knowledge gaps that warrant further exploration. A thematic synthesis approach was employed coding keys from concepts were extracted from texts for example, “risk management,” “continuous improvement” Thereafter the codes were categorized into broader themes such as “planning tools,” “resilience enablers”. Then, themes were compared across sources to identify convergence, divergence, and gaps. Findings were synthesized into a conceptual framework linking planning tools with resilience outcomes.

Procedures Followed:-

- Screening: Titles and abstracts were reviewed against inclusion criteria.
- Full-text analysis: Selected studies were read in detail, with notes coded thematically.

- Synthesis: Insights were combined into structured themes, supported by illustrative examples and case references.
- Validation: Cross-checking against seminal works ensured theoretical consistency.

Limitations:-

Several limitations are inherent in this methodology:

- Reliance on secondary data: The study does not include primary data collection, which limits its ability to provide empirical validation of findings.
- The applicability of findings may vary across industries, regions, and organizational sizes, therefore contextual variability is limited. For example, SMEs often face resource constraints that differ significantly from those of larger corporations.
- Given the rapid pace of technological change, some findings may become outdated quickly, underscoring the need for ongoing research. Despite these limitations, the methodology provides a strong foundation for synthesizing current knowledge and identifying areas for future investigation.

Findings/Results:-

Planning in entrepreneurship, the utility of SWOT analysis, and the integration of strategic planning with continuous improvement, risk management and organizational resilience. These findings highlight both the strengths of present practices and the challenges that organizations continue to face in dynamic business environments. 4.1. SWOT Analysis Enhances Strategic Clarity SWOT analysis, a strategic management tool that identifies strengths, weaknesses, opportunities, and threats, has gathered attention as a structured framework for entrepreneurs to navigate their internal and external environments effectively. It is particularly advantageous for small and medium-sized enterprises (SMEs), which often operate with limited resources. Research indicates that the application of SWOT analysis not only aids in strategic planning but also enhances the sustainability and competitiveness of entrepreneurial ventures.

This literature review synthesizes various studies that explore the multifaceted applications of SWOT analysis, highlighting its effectiveness as a strategic compass for organizations and identifying gaps for future research. The literature consistently emphasizes that SWOT analysis is not merely a problem-solving tool but a strategic compass. It enables organizations to leverage their strengths, address weaknesses, exploit opportunities, and mitigate threats. The importance of stakeholder engagement in the SWOT analysis process is highlighted in the research by Brooks, Heffner, and Henderson (2014). By involving experts, staff, and students in the assessment of strengths, weaknesses, opportunities, and threats within educational institutions, the study emphasizes the value of collaborative decision-making. This stakeholder involvement enhances the reliability of the SWOT analysis and aligns strategic planning with the broader goals of sustainability in higher education.

Moreover, the application of SWOT analysis in the context of cloud manufacturing, as discussed by Jatmiko et al. (2021), illustrates how organizations can strategically navigate challenges in a rapidly evolving industry. By identifying internal strengths and weaknesses alongside external opportunities and threats, companies can develop strategies that enhance efficiency and competitiveness. The emphasis on collaboration among various stakeholders in the cloud manufacturing ecosystem further reinforces the importance of a holistic approach in strategic planning. This holistic perspective ensures that decision-making is grounded in evidence and aligned with organizational goals. As a result, SWOT analysis contributes directly to the sustainability and competitiveness of entrepreneurial ventures.

Continuous Improvement Ensures Adaptability:-

A second finding is the critical role of continuous improvement in complementing strategic planning. Strategic plans provide direction, but without mechanisms for ongoing evaluation and refinement, they risk becoming outdated in rapidly changing environments. Continuous improvement ensures that processes, products, and services evolve in response to emerging challenges and opportunities. The integration of continuous improvement with strategic planning creates a dynamic cycle of goal setting, implementation, evaluation, and refinement. This cycle fosters resilience by enabling organizations to adapt swiftly to disruptions while maintaining focus on long-term objectives. The applicability of continuous improvement spreads beyond traditional business settings. In higher education, Yáñez et al. (2019) demonstrate how continuous improvement processes contribute to institutional adaptability, particularly through the implementation of sustainability reports that align educational missions with evolving societal demands.

In the context of small and medium-sized enterprises (SMEs), Zighan and Ruel (2021) highlight that continuous improvement processes enable organizations to envision risks and adapt to changes, ensuring resilience which reveals that aligning continuous improvement with strategic objectives maximizes the return on investment in quality management initiatives by mitigating risks (Manley et al., 2022). The literature highlights that organizations which invest adequately in both strategic planning and continuous improvement are better positioned to achieve sustainable growth and competitiveness. A second finding is the critical role of continuous improvement in complementing strategic planning. Strategic plans provide direction, but without mechanisms for ongoing evaluation and refinement, they risk becoming outdated in rapidly changing environments. Continuous improvement ensures that processes, products, and services evolve in response to emerging challenges and opportunities. The integration of continuous improvement with strategic planning creates a dynamic cycle of goal setting, implementation, evaluation, and refinement. This cycle fosters resilience by enabling organizations to adapt swiftly to disruptions while maintaining focus on long-term objectives.

The applicability of continuous improvement spreads beyond traditional business settings. In higher education, Yáñez et al. (2019) demonstrate how continuous improvement processes contribute to institutional adaptability, particularly through the implementation of sustainability reports that align educational missions with evolving societal demands. In the context of small and medium-sized enterprises (SMEs), Zighan and Ruel (2021) highlight that continuous improvement processes enable organizations to envision risks and adapt to changes, ensuring resilience which reveals that aligning continuous improvement with strategic objectives maximizes the return on investment in quality management initiatives by mitigating risks (Manley et al., 2022). The literature highlights that organizations which invest adequately in both strategic planning and continuous improvement are better positioned to achieve sustainable growth and competitiveness.

Business Planning Strengthens Organizational Resilience:-

The third finding is that effective business planning, encompassing contingency strategies and risk management frameworks, is essential for organizational resilience. Firms face a multitude of risks, including financial uncertainties, supply chain disruptions, regulatory changes and natural disasters. Business planning provides a structured approach to identifying, assessing, and mitigating these risks. Contingency planning enables organizations to respond swiftly to unforeseen challenges, while risk management strategies ensure operational stability. Together, these components enhance resilience by safeguarding organizations against volatility and uncertainty. The literature underscores that organizations which prioritize risk management and contingency planning are better equipped to maintain operational steadiness and minimize potential damages.

Technology Integration Enhances Resilience:-

A fourth finding is the transformative impact of emerging technologies on business planning and resilience. Artificial intelligence (AI), and the internet provide organizations with real-time visibility, predictive analytics and enhanced decision-making capabilities. These innovations enable firms to anticipate disruptions, redesign supply chains, and respond proactively to challenges. Studies demonstrate that technological integration enhances adaptability and resilience by providing transparency, real-time tracking and predictive insights. The literature also emphasizes the critical role of senior management involvement and financial support in sustaining innovative practices. Without leadership commitment and adequate resources, technological initiatives risk being underutilized or abandoned. Therefore, technology integration must be accompanied by organizational alignment and investment to achieve its full potential (Rasheed, 2025). Corporate social responsibility (CSR) initiatives contribute to organizational resilience by inserting ethical considerations into business strategies. By integrating CSR into planning processes, organizations enhance stakeholder trust and reduce financial volatility. CSR initiatives strengthen organizational stability by aligning business practices with societal expectations and environmental sustainability (Zeynalova, 2026). Resilience is complex, encompassing not only technological and strategic dimensions but also ethical and social considerations, organizations that adopt CSR initiatives are better positioned to cope with environmental turbulence and maintain long-term stability. This finding underscores the importance of holistic approaches to resilience that integrate ethical practices alongside strategic and technological measures.

Persistent Knowledge Gaps:-

Finally, the combination of literature reveals several knowledge gaps that warrant further exploration. One gap concerns the long-term impact of advanced technologies on organizational resilience; the impact of technology is not thoroughly stated. While current research highlights immediate benefits, longitudinal studies are needed to assess sustained effectiveness over time. Another gap relates to the influence of organizational culture on the adoption of risk management strategies. Cultural factors often shape decision-making processes and organizational

behaviour, yet their role in planning and resilience remains underexplored. Understanding these dynamics could provide valuable insights into why some organizations succeed in implementing effective contingency plans while others struggle. A third gap concerns the specific challenges faced by SMEs in developing strong risk management strategies. SMEs often have limited resources compared to larger corporations, making it difficult for them to implement comprehensive planning and resilience frameworks. Personalized strategies that address the unique constraints of SMEs are essential for fostering resilience in this sector.

Discussion:-

The findings of this study underscore the centrality of planning in entrepreneurship and organizational resilience. By examining the role of SWOT analysis, continuous improvement, contingency planning, technology integration, and corporate social responsibility, the literature reveals both the strengths and limitations of current practices. This discussion interprets these findings, situates them within broader scholarly debates, and highlights practical implications for entrepreneurs and organizations.

Interpreting the Role of SWOT Analysis:-

SWOT analysis emerges as a foundational tool for strategic planning, offering entrepreneurs a structured framework for evaluating their internal and external environments. Its strength lies in its simplicity and adaptability, making it accessible to organizations of varying sizes and capacities. However, while SWOT analysis provides clarity, its effectiveness depends on the accuracy with which it is conducted. Shallow or generic analyses risk producing strategies that lack depth or fail to address critical challenges. Comparing these findings with Bryson's (2004) critique of strategic planning failures, it becomes evident that the utility of SWOT analysis is contingent upon organizational commitment and resource investment. Entrepreneurs must ensure that SWOT analysis is not treated as a one-time exercise but as an ongoing process integrated into broader strategic planning efforts. This interpretation highlights the need for capacity-building initiatives that equip entrepreneurs, particularly in resource-constrained contexts, with the skills to conduct meaningful SWOT analyses.

Continuous Improvement as a Driver of Resilience:-

The integration of continuous improvement with strategic planning is another critical finding. Continuous improvement ensures that organizations remain adaptable in dynamic environments, fostering resilience by enabling swift responses to disruptions. This aligns with Yangailo's (2023) assertion that strategic planning must be accompanied by adequate investment and commitment to yield tangible benefits. The literature suggests that continuous improvement is particularly relevant in industries characterized by rapid technological change and shifting consumer preferences. For entrepreneurs in Malawi and similar contexts, continuous improvement can serve as a mechanism for enhancing competitiveness in local and regional markets. However, the challenge lies in institutionalizing continuous improvement practices within organizations that may lack formal structures or resources. This interpretation underscores the importance of fostering a culture of learning and adaptability, where employees are empowered to contribute to ongoing improvement initiatives.

Business Planning and Risk Management:-

The findings highlight the critical role of business planning, contingency strategies, and risk management in strengthening organizational resilience. Firms face diverse risks, ranging from financial uncertainties to supply chain disruptions, and effective planning provides a structured approach to mitigating these threats. Jean's (2024) emphasis on risk identification and preparation reinforces the importance of proactive planning in safeguarding organizational stability. Comparing these findings with Pavlov et al. (2019), who highlights the role of agile production methods and supply chain visibility, it becomes clear that resilience requires both strategic foresight and operational flexibility. Organizations must not only anticipate risks but also develop the capacity to respond effectively when disruptions occur. For SMEs, this may involve adopting scaled-down risk management frameworks that are tailored to their resource constraints. This interpretation highlights the need for practical tools and training programs that enable SMEs to implement effective risk management strategies without incurring prohibitive costs.

Technology Integration and Industry 5.0:-

The transformative impact of emerging technologies on business planning and resilience is a recurring theme in the literature. AI, and the internet provide organizations with real-time visibility, predictive analytics, and enhanced decision-making capabilities. These innovations enable firms to anticipate disruptions, redesign supply chains, and respond proactively to challenges. The integration of technology into continuous improvement practices is pivotal for enhancing organizational adaptability. The use of advanced analytics, as illustrated by Adesina et al. (2024), enables organizations to continuously monitor and refine their processes, ensuring responsiveness to market

demands. This data-driven approach not only enhances efficiency but also fosters a culture of continuous improvement that is critical for long-term success.

Moreover, the examination of big data in software development (Okeleke et al., 2024) emphasizes how leveraging analytics can inform strategic decision-making, thereby driving innovation and improving product quality. This iterative approach aligns with the principles of continuous improvement, underscoring its role in maintaining a competitive advantage. Comparing these findings with Tönnissen and Teuteberg (2020) and Bednarski et al. (2023), it becomes evident that technological integration enhances adaptability and resilience by providing transparency and predictive insights. However, Karmaker et al. (2023) emphasize the critical role of senior management involvement and financial support in sustaining innovative practices. This interpretation suggests that technology adoption must be accompanied by organizational alignment and investment to achieve its full potential. For entrepreneurs in Malawi, the adoption of advanced technologies may be constrained

Conclusion and Implications:-

This study has examined the role of planning in entrepreneurship, with particular emphasis on SWOT analysis, strategic planning, continuous improvement, risk management, in organizational resilience. Resilience is complex, encompassing not only technological and strategic dimensions but also ethical and social considerations. The findings suggest that SWOT analysis is not merely a problem-solving tool but a strategic compass. It enables organizations to leverage their strengths, address weaknesses, exploit opportunities, and mitigate threats. Continuous improvement ensures that processes, products, and services evolve in response to emerging challenges and opportunities. The third finding is that effective business planning, encompassing contingency strategies and risk management frameworks, is essential for organizational resilience. The synthesis of existing literature reveals that effective planning is not merely a procedural exercise but a strategic necessity in today's volatile and competitive business environment. Entrepreneurs and organizations that adopt comprehensive planning frameworks are better positioned to navigate uncertainty, capitalize on opportunities, and achieve sustainable growth.

The findings highlight several key contributions. First, SWOT analysis provides a structured and accessible tool for evaluating internal and external environments. Its simplicity makes it particularly valuable for SMEs, which often lack the resources to conduct more complex analyses. However, its effectiveness depends on the rigor of application and integration into broader strategic planning processes. Second, continuous improvement emerges as a critical complement to strategic planning, ensuring adaptability and resilience in dynamic contexts. Organizations that institutionalize continuous improvement practices are better equipped to sustain competitiveness and respond to disruptions. Third, business planning, encompassing contingency strategies and risk management frameworks, strengthens organizational resilience by safeguarding against diverse risks.

Fourth, the integration of emerging technologies such as AI, and IoT enhances resilience by providing real-time visibility and predictive insights. Finally, corporate social responsibility initiatives contribute to stability by embedding ethical considerations into business strategies and fostering stakeholder trust. Despite these contributions, several knowledge gaps remain. The long-term impact of advanced technologies on resilience requires further investigation, as current research focuses primarily on immediate outcomes. The influence of organizational culture on the adoption of risk management strategies is also underexplored, warranting deeper examination of how cultural factors shape planning and resilience.

Additionally, SMEs face unique challenges in implementing robust planning frameworks due to resource constraints, highlighting the need for tailored strategies that address their specific needs. The implications of these findings are significant for entrepreneurs, policymakers, and educators. For entrepreneurs, the study underscores the importance of institutionalizing SWOT analysis and continuous improvement as ongoing processes rather than one-time exercises. SMEs should adopt scaled-down but practical frameworks that enable them to implement effective risk management and resilience strategies within their resource limitations. Policymakers can support these efforts by providing training programs, financial incentives, and infrastructure that facilitate the adoption of planning and resilience practices.

Educators can contribute by integrating planning and resilience concepts into entrepreneurship curricula, equipping future entrepreneurs with the knowledge and skills needed to thrive in uncertain environments. In the context of Malawi and similar economies, the findings carry relevance. In conclusion, planning in entrepreneurship is not a luxury but a necessity. SWOT analysis, strategic planning, continuous improvement, risk management, technology integration, and CSR initiatives collectively form a comprehensive framework for organizational resilience. By

adopting these practices, entrepreneurs and organizations can navigate uncertainty, capitalize on opportunities, and achieve sustainable growth. Future research should address the identified knowledge gaps, particularly the long-term impact of technologies, the role of organizational culture, and the challenges faced by SMEs. Such research will further enhance our understanding of how planning can drive resilience and success in an increasingly unpredictable business landscape.

References:-

1. Abaku, Gerald Adeyemi., Abaku, Emmanuel Adeyemi., Edunjobi, Tolulope Esther., & Odimarha, Agnes Clare. (2024). Theoretical approaches to AI in supply chain optimization: Pathways to efficiency and resilience. *International Journal of Science and Technology Research Archive*
2. Adesina, Abayomi Abraham., Iyelolu, Toluwalase Vanessa., & Paul, Patience Okpeke. (2024). Optimizing Business Processes with Advanced Analytics: Techniques for Efficiency and Productivity Improvement. *World Journal of Advanced Research and Reviews* . <http://doi.org/10.30574/wjarr.2024.22.3.1960>
3. AI Contentfy Team. (2024). The role of SWOT analysis in strategic planning. *AI Contentfy Blog*.
4. Al-Okaily, Aws., Al-Okaily, Manaf., & Teoh, A.. (2021). Evaluating ERP systems success: evidence from Jordanian firms in the age of the digital business. *VINE Journal of Information and Knowledge Management Systems*
5. Bednarski, A., Kowalski, T., & Nowak, P. (2023). Geopolitical disruptions and supply chain redesign: A systematic review. *Journal of International Business Studies*, 54(3), 455–472.
6. Brooks, G., Heffner, A., & Henderson, David. (2014). A SWOT Analysis Of Competitive Knowledge From Social Media For A Small Start-Up Business. ,18 , 23-34 .
7. Bryson, J. M. (2004). *Strategic planning for public and nonprofit organizations: A guide to strengthening and sustaining organizational achievement* (3rd ed.). San Francisco, CA: Jossey-Bass.
8. Butt, A. S. (2021). Supply chain risk management in the era of digital technologies: A review. *International Journal of Production Research*, 59(7), 2102–2125.
9. Dwivedi, Yogesh K., Hughes, D. L., Coombs, Crispin R., Constantiou, Ioanna D., Duan, Y., Edwards, J., Gupta, Babita., Lal, Banita., Misra, S., Prashant, Prakhara., Raman, R., Rana, Nripendra P., Sharma, S., & Upadhyay, Nitin. (2020). Impact of COVID-19 pandemic on information management research and practice: Transforming education, work and life. *Int. J*
10. Fooladvand Maryam Yarmohammadian M & Shahtalebi S, (2015) ,The application strategic planning and balance scorecard modelling in enhance of higher education *Procedia- social behavioural sciences*
a. *Global Journal of Flexible Systems Management*
11. Guillaume, J. (2024). Risk management and contingency planning in volatile business environments. *Business Resilience Review*, 12(1), 33–47.
12. Habeeb Ilufoye1, Mohammed LawalGiwah ,The Role of Strategic Planning in Business Success: A Literature Review Nov 2025.
13. Jatmiko, B., Udin, Udin., Raharti, Rini., Laras, Titi., & Ardhi, Kholifah Fil. (2021). Strategies for MSMEs to Achieve Sustainable Competitive Advantage: The SWOT Analysis Method. *Journal of Asian Finance, Economics and Business*
14. Karmaker, C. L., Hossain, M. S., & Rahman, M. (2023). Industry 5.0 and supply chain resilience: The role of senior management and financial support. *Operations Management Review*, 18(2), 145–162.
15. Manley, Scott C., Jr., Ralph I. Williams., & Jr., Joseph F. Hair. (2022). Enhancing TQM's effect on small business performance: a PLS-SEM exploratory study of TQM applied with a comprehensive strategic approach. *The TQM Journal* . <http://doi.org/10.1108/tqm-10-2021-0299>
16. OkelekeP ,Ajiga Daniel Folorunsho Samuel Olaluwa&Ezeiwenemechinedu, 2024, leveraging biodata to inform strategic decision making in software development *international journal of applied research in social sciences*
17. Olutimehin, O., Adeyemi, T., & Bello, K. (2024). Corporate social responsibility and organizational resilience: Evidence from emerging markets. *Journal of Business Ethics*, 179(4), 765–782.
18. Pavlov, A., Ivanov, D., & Dolgui, A. (2019). Agile production methods and supply chain visibility in risk mitigation. *International Journal of Production Economics*, 211, 12–25.
19. Rashed, Md, Uddin, Md Islam, Mohammad Faisal-E-Alam, MdTushar, Hasanuzzaman Ahmed, Md Emon, 2025/10/27 Building Resilient Organizations: The Role of Technological Capability, Innovation Leadership, and Sustainability
20. SellbergM,Ryan P Borgstrom ,S Norstrom A & Peterson Garry D, (2018) From resilience thinking to resilience planning: lessons from practice *journal of environmental management*
21. Suriyankietkaew, Suparak., & Avery, G (2016). Sustainable Leadership Practices Driving Financial Performance: Empirical Evidence from Thai SMEs. *Sustainability*, 8 , 327

22. Tönnissen, S., &Teuteberg, F. (2020). Analysing the impact of and technology on supply chain adaptability. *Computers & Industrial Engineering*, 149, 106–113.
23. Toorajipour, Reza., Sohrabpour, Vahid., Nazarpour, Ali., Oghazi, Pejvak., &Fischl, Maria. (2021). Artificial intelligence in supply chain management: A systematic literature review. *Journal of Business Research*
24. UlkarZeynalova ,2026,CSR as a Strategic Tool for Organisational Resilience: Navigating Ethical Business Challenges in the Volatile Market of 2026
25. Yanez S, Uruburu Angel Moreno A &Lumbreras J, (2019) The sustainability report as an essential tool for the holistic strategic vision of higher education institutions, *Journal of cleaner production*.
26. Yangailo, T. (2023). Strategic planning and continuous improvement: Challenges and opportunities. *African Journal of Management Studies*, 8(2), 99–115.
27. ZighanSaad&RuelSalomee (2021) SME's resilience from continuous improvements lenses, *journal of entrepreneurship in emerging economies*.