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INTERNATIONAL JOURNAL OF ADVANCED RESEARCH (IJAR)

Article DOI: 10.21474/IJAR01/11208

DOI URL: <http://dx.doi.org/10.21474/IJAR01/11208>



RESEARCH ARTICLE

“A STUDY ON IMPACT OF AWARENESS REGARDING ORAL CANCER AMONG THE ADDICTED PEOPLE”

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Manuscript Info

Manuscript History

Received: 15 April 2020

Final Accepted: 18 May 2020

Published: June 2020

Abstract

Mouth cancer has the same meaning as oral cancer - it is cancer that occurs in any part of the mouth; on the tongue's surface, in the lips, inside the cheek, in the gums, in the roof and floor of the mouth, in the tonsils, and also the salivary glands. Mouth cancer is an important global healthcare problem. There are more than 3000 cases of mouth cancer reported on in India every year. These cancers are more common in men than in Women. However this is changing the incidence rate of cancer of the mouth in women has significantly at a rate of 3% per year since 1994. It mainly affects older people although younger people are being diagnosed now. Early detection of mouth cancer greatly improves the chances of survival. The effect of cancer on speech and swallowing depend on the location and size of the growth. E.g. a sore or lump on the lips may limit movement. It may also limit the ability to move food around the mouth or push food back towards the throat during swallowing. The outcomes after surgery depend on the location and size of the cancerous growth. Other important factor includes the amount of tissues removed in surgery, the frequency of speech and swallowing treatment and the motivation of the patient.

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Introduction:-

“Cancer is a scary word. Almost everyone knows someone who got very sick or died from cancer. Most of the time, cancer affects older people. Not many kids get cancer, but when they do, very often it can be treated and cured.”

Defining Cancer

Cancer is a term used for diseases in which abnormal cells divide without control and are able to invade other tissues. Cancer cells can spread to other parts of the body through the blood and lymph systems.

Cancer is not just one disease but many diseases. There are more than 100 different types of cancer. Most cancers are named for the organ or type of cell in which they start - for example, cancer that begins in the colon is called colon cancer; cancer that begins in basal cells of the skin is called basal cell carcinoma.

Cancer types can be grouped into broader categories. The main categories of cancer include: Carcinoma, Sarcoma, Leukemia, Lymphoma and myeloma, Central nervous system cancers

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What Is Oral Cancer?

Cancer is defined as the uncontrollable growth of cells that invade and cause damage to surrounding tissue. Oral cancer appears as a growth or sore that does not go away. Oral cancer — which includes cancers of the lips, tongue, cheek, floor of the mouth, hard and soft palate, sinuses, and pharynx (throat) — can be life-threatening if not diagnosed and treated early.

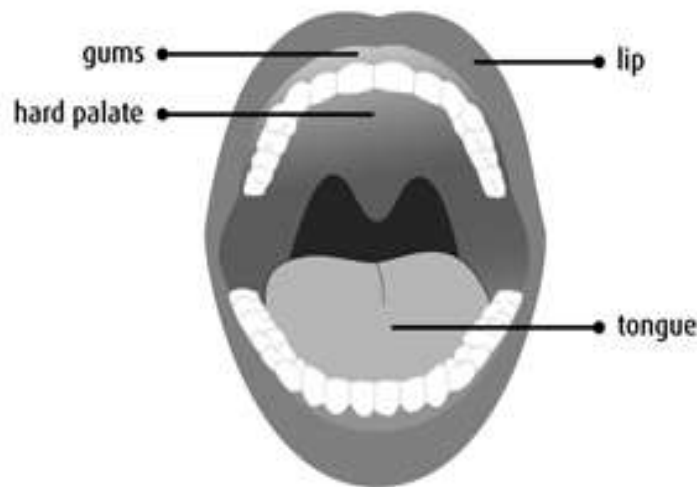
Mouth cancer has the same meaning as oral cancer - it is cancer that occurs in any part of the mouth; on the tongue's surface, in the lips, inside the cheek, in the gums, in the roof and floor of the mouth, in the tonsils, and also the salivary glands.

Mouth cancer is a type of head and neck cancer, and is often treated similarly to other head and neck cancers.

Oral cancer is a subtype of head and neck cancer is any cancerous tissue growth located in the oral cavity. It may arise as a primary lesion originating in any of the oral tissues, by metastasis from a distant site of origin, or by extension from a neighboring anatomic structure, such as the nasal cavity or the Oral cancers may originate in any of the tissues of the mouth, and may be of varied histological types: teratoma, Aden carcinoma derived from a major or minor salivary gland, lymphoma from tonsillar or other lymphoid tissue, or melanoma from the pigment-producing cells of the oral mucosa. There are several types of oral cancers, but around 90% are Squamous cell carcinomas, originating in the tissues that line the mouth and lips. Oral or mouth cancer most commonly involves the tongue. It may also occur on the floor of the mouth, cheek lining, gingiva (gums), lips, or palate (roof of the mouth). Most oral cancers look very similar under the microscope and are called Squamous cell carcinoma. These are malignant and tend to spread rapidly.

Oral cancer starts in the cells of the mouth (oral cavity). The oral cavity is made up of many parts:

1. lips
2. tongue
3. inside of the lips and cheeks
4. hard palate (roof of the mouth)
5. floor of the mouth (under the tongue)
6. gums and teeth



The lining of the mouth protects the tissues and organs that make up the oral cavity. And it is exposed to everything you eat, drink and breathe.

Research Methodology:-

Title of the study

“A study on impact of awareness regarding oral cancer among the addicted people”

Sub Title

“A study on impact of awareness regarding oral cancer among the 60 addicted people.”

Significance of Study

Maintaining good oral hygiene is one of the most important things you can do for your teeth and gums. Healthy teeth not only enable you to look and feel good, they make it possible to eat and speak properly. Good oral health is important to your overall well-being. Mouth cancer is an important global healthcare problem. There are more than 300 cases of cancer of the mouth (oral cavity and pharynx) reported in Ireland every year. These cancers are more common in men than in women. However this is changing. The incidence rate of cancer of the mouth in women has increased significantly at a rate of 3% per year since 1994. It mainly affects older people although younger people are being diagnosed now. In Britain, the incidence of mouth cancer has increased faster than any other cancer in the past 25 years,

Main Objective:-

To study on impact of awareness regarding oral cancer among the addicted people

Sub Objectives

1. To study awareness regarding Cancer
2. To study awareness about Oral Cancer and its impact on person.
3. To study the causes of addiction

Tool of data collection**Primary Data:**

Interview schedule

Secondary Data:

Internet, books, magazines, previous dissertation, journals

Findings:

Under this heading, Researcher concluded that most of the respondents were aware about cancer and they all were get awareness about the type of cancer and oral cancer after attaining awareness programme. Most of the respondents get information about oral cancer like it is cancer of mouth; it is not infectious disease and not a hereditary disease. Most of the respondents were aware about that oral cancer is caused by addiction like use of tobacco and mouth is most affected part of human body due to oral cancer. Even they also know that addicted persons are more prone to the oral cancer.

Researcher also concluded that most of the respondents get awareness about the symptoms of oral cancer that is difficulties in swallowing after awareness programme. They also get awareness about steps to avoid oral cancer that is stop addiction. After awareness programme also get information about the treatment of oral cancer that is radiation therapy and this kind of treatment is available at hospital. Researcher dealt with the respondents who views that oral cancer is curable.

Researcher also concluded that most of the respondents had participated in awareness programme on oral cancer because they aware about this type of programme which was held by de-addiction center, the respondents never visited any de-addiction center. Mostly the respondents spend 200/- RS for their addiction, and they feel guilty after having addiction when they realized about their doing.

Researcher dealt with the respondents who viewed that people should avoid addiction because it is harmful to their health. They also believe that people should participate in awareness programme.

Social Work Intervention**Social help for addiction rehab**

It is the social environment of the patient that helps them and gives them that strength to fight against this evident disease. So, for the patient it is very essential that they reside in a friendly and supportive environment so that they can cure quickly. This makes their rate of being healthy much fast.

Will Power against any addiction

Your self will and strength is the ultimate factor that makes you strong and fight against all odds in your life. So, above all prepare yourself for any sort of adversity or positivity which you will get through these addiction rehabilitation centers.

Apart from all these you need to make yourself strong enough so that you can tolerate a little bit of pain for your own good. Addiction rehab treatments are very painful at times so the only thing that can make you live through the pain is your determination.

So, do not let yourself go weak face the circumstances and think of the good times you would be experiencing after this little pain session.

At last, as it is said that precaution is better than cure so make sure that if you are someone who are yet to go on this path being a drug addict, just know its ill effects and then decide upon it!

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