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RESEARCH ARTICLE

INFECTIOUS ENDOCARDITIS WITH SUBAORTIC DIAPHRAGMA IN A PATIENT WITH COARCTATION OF THE AORTA

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Abstract

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Introduction:-

Infective endocarditis is considered a potentially serious condition despite all the advances in diagnosis and treatment. The valves of the left heart are more affected and in two times out of three, the valves are already diseased. The germs colonize them when they pass into the bloodstream, via a detectable entry point. Very often, the latter is buccopharyngeal, on the occasion of unperformed dental care. Vegetations may lead to valve insufficiency or obstruction, myocardial abscess or mycotic aneurysm. Diagnosis requires demonstration of microorganisms in the blood and usually echocardiography. Treatment involves prolonged antimicrobial drugs and sometimes surgery. (1)

Case Report

We report the case of a 19 year old young man, followed for an aortic narrowing on a subaortic diaphragm associated with a coarctation of the aorta since 2017 but who did not undergo surgery due to lack of means. The interrogation did not reveal any other history or toxic habits.

The evolution was marked by the persistence of a dyspnea with an alteration of the general state of the patient, he was admitted in a table of push of global cardiac insufficiency with an extreme cachexia. The clinical examination found a cachexic patient, a BP at 138/96 mm hg and a T° at 37.2 and a saturation at 90%. Cardiac auscultation revealed a 4/6 systolic murmur at the aortic focus and pulmonary examination revealed bilateral crepitations. The oral and dental condition was very altered, the osteoarticular and cutaneo-mucosal examination was without anomalies.

The electrocardiogram showed a sinus tachycardia at 106 bpm with LVH and LBBB.

The transthoracic echography showed 2 vegetations: one on the ventricular side of the aortic valve (15x12 mm) and one on the atrial side of the mitral valve (11*12 mm), and a moderate aortic leak (grade II). The aortic constriction was tight with a Vmax of 4.2 m/s and a gradient of 48 mm hg.

The thoracic-abdominal-pelvic CT scan performed as part of the extension workup showed multiple splenic infarcts associated with a left upper polar renal infarct, hepatomegaly with a medium-sized intraperitoneal effusion. The brain CT scan revealed a right frontal AVCI in the right anterior junctional territory. The blood cultures were positive for streptococcus mitis and the patient was put on intravenous dual therapy combining gentamycin and ceftriaxone. The rest of the biological work-up showed a CRP of 28 mg/l and normocytic normochromic anaemia at 6.8 g/dl (transfused 2 red blood cells with a control haemoglobin at 9 g/dl)

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Discussion:-

Infective endocarditis can occur at any age. Men are affected 2 times more often than women. IV drug users, immunocompromised patients, and patients with prosthetic heart valves and congenital heart disease are most at risk. Endocarditis usually affects the heart valves. The main predisposing factors are congenital cardiac malformations, rheumatic valve disease, aortic bicuspidism or calcification of the aortic valve. Valve prostheses and other intracardiac devices are particularly at risk. The nest for infection is usually a sterile vegetation of platelets and fibrin, formed when injured endothelial cells release tissue factors. (2)



TEE :- vegetation of the aortic valve **ETT :-** vegetation of the large mitral valve

The subaortic diaphragm is a pathological entity characterized by the presence of a semilunar membrane located less than 1 cm below the aortic valves, inserting onto both the septal wall of the left ventricle and the base or adjacent portion of the ventricular face of the large mitral valve (1). This malformation occurs in approximately 10% of congenital aortic stenosis cases and is the most common form of subaortic stenosis.

It occurs as an isolated lesion or in association with additional cardiac malformations (ventricular septal defect, patent ductus arteriosus, coarctation of the aorta), which presents in childhood with signs of LVOT obstruction (dyspnea, chest pain, syncope, palpitations) and can potentially lead to life-threatening complications (aortic insufficiency, infective endocarditis).

The subaortic diaphragm is most often responsible for an upstream impact with concentric left ventricular hypertrophy by elevated afterload. A moderate degree of aortic valve insufficiency is common in patients with subaortic stenosis and appears to be related to valve thickening and altered cusp mobility secondary to trauma created by the jet passing through the subaortic diaphragm.

Aortic insufficiency would result from a loss of flexibility of the valve due to the sending of spicules from the subaortic diaphragm. Furthermore, the presence of even minimal aortic insufficiency constitutes a "malaise" in the surgical indication of the moderately or moderately tight subaortic diaphragm. Indeed, the resection of the latter would avoid the aggravation of the aortic insufficiency and the recourse to an eventual aortic valve replacement.

The spontaneous evolution is usually towards a worsening of the gradient, especially in periods of growth.

In addition, the development of cardiomegaly, correlated with the index of progressive myocardial deterioration, may progress to left ventricular failure. This search for congenital anomalies at the origin of its constitution is imperative preoperatively. Their surgical correction is necessary when they are diagnosed in order to avoid possible recurrences.



Sub-aortic dissection with muscularization of the large mitral valve

Recent statistics show that 45% of patients with infective endocarditis are operated on during the acute phase of the disease, before the end of antibiotic therapy. The choice of patients to be operated on and the optimal time for the operation must be guided by the risks involved. The main indications are poor hemodynamic tolerance, non-control of the infectious process, embolisms and voluminous vegetations. The embolic risk is better evaluated nowadays thanks to early detection by transthoracic echography. Large and mobile vegetations have an increased embolic risk, our patient had at least 3 different embolic complications (kidney, spleen, brain).

Perioperative mortality in the most favorable cases (non-abscessive endocarditis, on native valve) is less than 20%. The reading of the surgical series shows differences in the long-term survival rate.

Conclusion:-

Infective endocarditis is an infrequent but fatal disease without proper antibiotic treatment. Prophylaxis of endocarditis has been restricted to high-risk situations (cyanogenic heart disease, history of endocarditis and valve prosthesis) in case of high-risk procedures. It is currently established that good hygiene, especially oral and skin hygiene, is the most effective way to reduce the incidence of endocarditis.

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