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RESEARCH ARTICLE

ADYNAMIC OSTEOPATHY: ABOUT A CASE WITH REVIEW OF THE LITERATURE

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Abstract

We report the case of a 42-year-old housewife patient who was admitted for impaired renal function at 1246 $\mu\text{mol/l}$ with a clearance of 3.07 ml/min/1.73 m², with the aim of to show a rare case of adynamic osteopathy with review of the literature. The clinical examination on admission had found a patient altered, impotent, pain in both lower limbs, dehydrated, pale, BP=170/90 mmHg, temperature at 36°7, heart rate at 100 beats/min. Biologically: anemia was found at 7.2 g/dl. Hyperleukocytosis at 15400/mm³. Creatinine was 1246 $\mu\text{mol/l}$, urea 49 mmol/l, uric acid 850 $\mu\text{mol/l}$, parathormone 58.4 pg/l and vitamin D 16 ng/l. The reformed calcium was at 2.73 mmol/l, the phosphorus at 2.69 mmol/l, the bicarbonateemia at 13 mmol/l. Blood sugar was 6.1 mmol/l, ferritinemia 1800 ng/ml, Na⁺=137 mmol/l, K⁺=4.3 mmol/l, Cl⁻=106 mmol/l, proteinuria 6.8g/24 hours, leucocyturia at 40000/mm³, without haematuria, an E.coli urinary tract infection which was sensitive to ciprofloxacin. Our patient had a heterozygous AC sickle cell profile, and was carrying an evolving single-fetal pregnancy of 15 weeks +5 days on ultrasound. On the cerebral scanner, we found a semi-recent ischemic stroke in the deep territory of the left middle cerebral artery. The patient also underwent five hemodialysis sessions. A biological control after two months of treatment had found serum creatinine at 212 $\mu\text{mol/l}$, urea at 40.3 mmol/l, sodium at 132.9 mmol/l, serum potassium at 5.2 mmol/l, blood chloride at 91.6 mmol/l, Magnesium at 1.1 mmol/l, serum calcium=3.1 mmol/l, CRP at 21 mg/l, White Blood Cells at 1200/mm³, Hemoglobin level at 6.6 g/dl. The VS was at 90-100 mm. Urinary volume at 680 ml. Adynamic osteopathy is a rare and fatal pathology that requires early treatment.

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Introduction:-

Adynamic osteopathy is characterized by a decrease in the production of bone tissue, both in terms of its formation and its resorption (destruction of the old tissue which must be replaced by new). Bone involvement, referred to as

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“Mineral and Bone Disorders in Chronic Kidney Disease,” is consistently present to some degree in any patient with chronic kidney disease. It persists and tends to worsen during dialysis treatment [1]. Osteopathies are complications in patients on long-term dialysis [2]. Calcium and phosphate play a major role in bone mineralization, they also have multiple functions in the body. Although tightly regulated, serum phosphate concentrations vary throughout life according to physiological needs. On the other hand, ionized calcium is maintained within a very narrow range of values thanks to the combined action of two hormones, parathyroid hormone (PTH) and calcitriol, an active metabolite of vitamin D [3]. Chronic kidney disease (CRD) induces mineral metabolism disorders leading to bone lesions and vascular calcifications which affect its vital and functional prognosis [4]. The aim of our work was to show a rare case of adynamic osteopathy with review of the literature in the therapeutic management of this pathology.

Observation:-

We report the case of a 42-year-old patient, housewife who was admitted for impaired renal function at 1246 $\mu\text{mol/l}$ with a clearance of 3.07 ml/l. The clinical examination on admission had found a patient altered, impotent, pain in both lower limbs, dehydrated, pale, BP=170/90 mmHg, temperature at 36 $^{\circ}$ 7, heart rate at 100 beats/min. Biologically: anemia was found at 7.2 g/dl. Hyperleukocytosis at 15400 mm³, leukocyturia without hematuria. Creatinine was 1246 $\mu\text{mol/l}$, urea 49 mmol/l, uric acid 850 $\mu\text{mol/l}$, parathormone 58.4 pg/ml and vitamin D 16 ng/ml. Calcium was 2.73 mmol/l, ferritin 1800 ng/ml, phosphorus 2.69 mmol/l, bicarbonate 13 mmol/l. Blood sugar was 6.1 mmol/l; Na⁺=137 mmol/l, K⁺=4.3 mmol/l, Cl⁻=106 mmol/l, proteinuria at 6.8 g/24 hours, without hematuria, an E. coli urinary infection that was sensitive to ciprofloxacin. (**Table 1**)

Table I:- Biological assessment carried out on admission.

Biological examination	Results
Hemoglobin level	7,2 g/dl
Leukocytes	15400 mm ³
Creatinemia	1246 $\mu\text{mol/l}$
Urea	49 mmol/l
Uric acid	850 $\mu\text{mol/l}$
parathyroid hormone	58,4 pg/ml
Vitamin D	16 nmol/l
Calcemia	2,7 mmol/l
Phosphorus	2,69 mmol/l
Bicarbonate	13 mmol/l
blood sugar	6,1 mmol/l
Na ⁺	137 mmol/l
K ⁺	4,3 mmol/l
24 hour proteinuria	6,8 grams/24 hours
Leukocyturia	40000 leucocyte/L
Chlorine	106 mmol/l
Ferritinemia	1800 ng/ml

Our patient had a heterozygous AC sickle cell profile, and was carrying an evolving single-fetal pregnancy of 15 weeks +5 days according to an ultrasound performed. (Figure 1)



Figure 1 (A and B):- Ultrasound image of an evolving intrauterine monofetal pregnancy estimated at 15 WA + 5 days (weeks of amenorrhea).

On the abdominal ultrasound, bilateral renal pain was found without abnormalities in the liver, spleen and gallbladder (Figure 2)

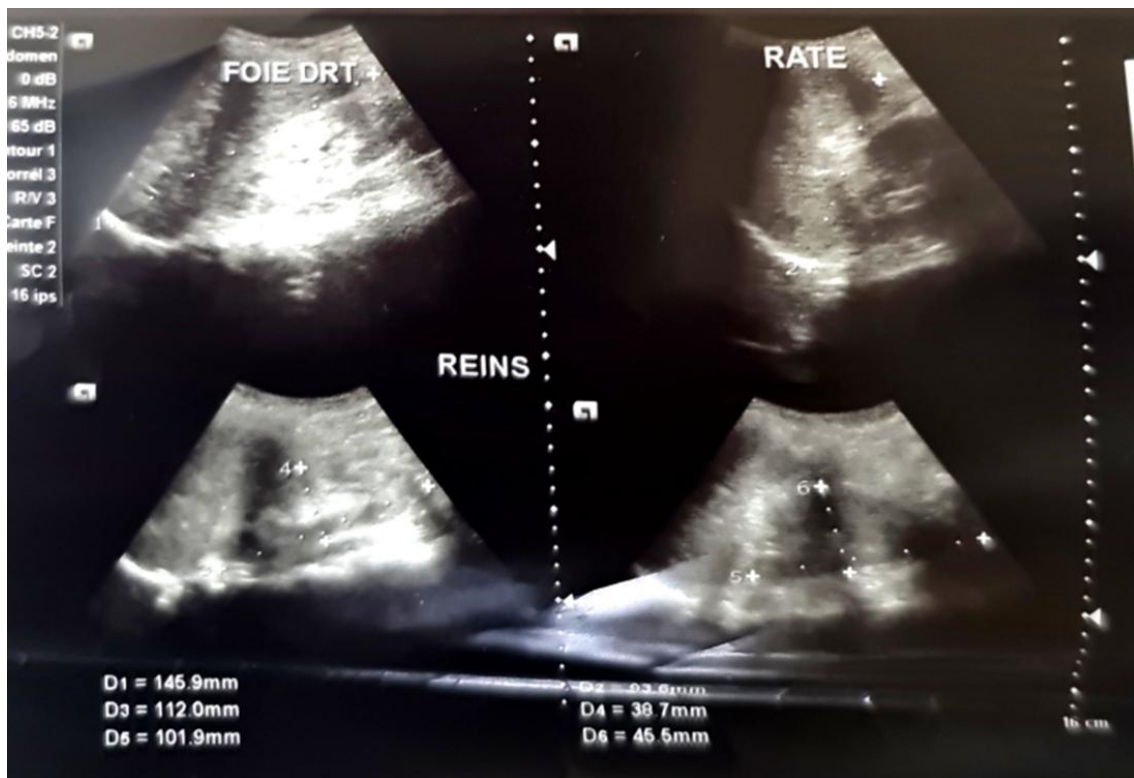


Figure 2:- Ultrasound image of both kidneys showing echogenic kidneys with loss of its cortico-sinus differentiation suggestive of bilateral renal suffering.

On the cerebral scanner, we found a semi-recent ischemic stroke in the deep territory of the left middle cerebral artery. (Figure 3)

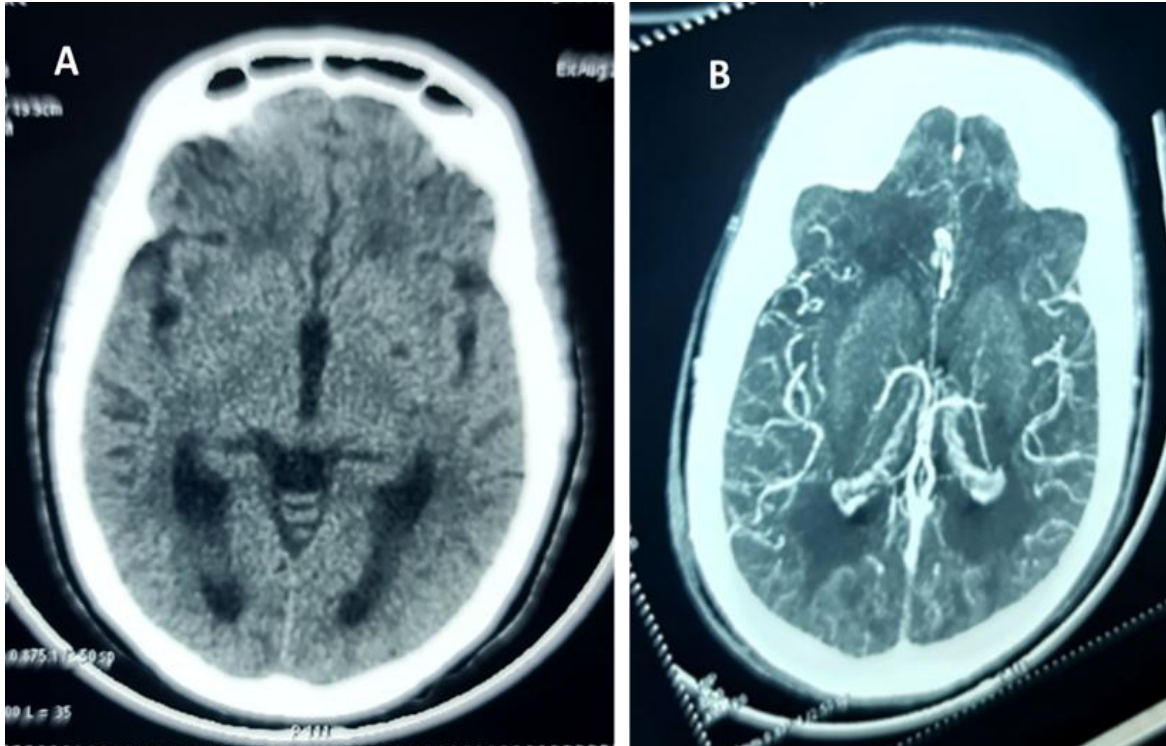


Figure 3:- Cerebral CT (A) with angiographic acquisition (B) showing lacunar left lenticular hypodensity suggestive of an ischemic lesion of the territory of the deep middle cerebral artery.

A biological control after two months of treatment had found serum creatinine at 212 $\mu\text{mol/l}$, urea at 40.3 mmol/l , sodium at 132.9 mmol/l , serum potassium at 5.2 mmol/l , blood chloride at 91.6 mmol/l , Magnesium at 1.1 mmol/l , serum calcium = 3.1 mmol/l , bicarbonatemia at 19 mmol/l , CRP at 21 mg/l , White Blood Cells at 1200/ mm^3 , Hemoglobin level at 6.6 g/dl . Proteinuria for 24 hours had returned to 0.42 g/24 hours with normal urinary sediment and diuresis maintained at 950 ml per 24 hours. (**Table II**)

Table II:- Biological assessment carried out after 2 months of treatment.

Biological examination after 2 months treatment	Results found
Creatinemia	212 $\mu\text{mol/l}$
Urea	40,3 mmol/l
Kalemia	5,2 mmol/l
Chloremia	91,6 mmol/l
Magnesium	1,1 mmol/l
Calcemia	3,1 mmol/l
White globule	1200/ mm^3
Hemoglobin level	6,6 g/dl
Proteinuria	0.42 grams/24 hours

Discussion:-**A-Pathopathological mechanism:**

Calcium and phosphates together form hydroxyapatite crystals which, deposited on the collagen matrix, ensure the texture of the bone tissue of vertebrates. Divalent calcium Ca^{++} is involved in nerve conduction, muscle contraction, coagulation, cell differentiation and intracellular signaling [1]. The phosphate anion plays a role in energy exchanges, certain enzymatic activities, the synthesis of nucleic acids, the acid-base balance and the intracellular signal. Phosphocalcic regulation is carried out by calcitonin, vitamin D and parathyroid hormone. These three hormones have their point of impact in the intestines, kidneys and bones thus controlling the entry, the exit, the stores of calcium and phosphorus [3]. The only regulatory signal perceived is the variation in serum calcium [1,5]. Surgery and non-calcium derivatives are involved in the treatment of secondary hyperparathyroidism [6].

B-Adynamic Osteopathy (Adynamic Bone)

Defined by a decrease in the rate of bone formation. There is a decrease in the formation of osteoid substance and mineralization. The osteoid borders are of normal or low thickness [7,8]. It is present in 15 to 50% of patients depending on the series. The main etiology was, a few years ago, aluminum osteopathy (aplastic bone), linked to bone intoxication with inhibition of calcium deposits on the osteoid matrix. It was due to the presence of aluminum in the hemodialysis baths or the use of alumina gels [9]. Poisoning is currently rare since the introduction of non-aluminum calcium and non-calcium phosphorus sequestrants. The accumulation of iron in the bones is responsible for a low bone focus and a low parathyroid hormone. The risk factors for adynamic osteopathy are currently age, corticosteroid therapy, diabetes, peritoneal dialysis, excessive suppression of parathormone secretion by calcium salts, 1-alpha hydroxyl derivatives of vitamin D and severe phosphorus restriction. Adynamic osteopathy is associated with an increased risk of hypercalcemia and calcification vascular. Histologically, the mineralized surfaces are collapsed, the rate of mineralization is normal or low, without any increase in osteoid surfaces, which differentiates it from osteomalacia. There are few or no osteoblasts along the bony trabeculae and osteoclastic resorption is also reduced or absent. This idiopathic adynamic osteopathy [10], like aluminum adynamic osteopathy, is accompanied by normal alkaline phosphatemia and sometimes a tendency to hypercalcemia under vitamin drifts or high doses of calcium carbonate. It is observed in patients who have a normal or low level of circulating parathyroid hormone [11]. Bone iron overload can be associated with adynamic bone [12]. Diabetes and hypogonadism are other contributing factors. Our patient died following a multiparametric attack and slow treatment.

C-Imaging:

In imaging, dual-photon absorptiometry (DXA) assesses bone mineral density (BMD). The National Institute of Health (NIH) defined, in 2000, new diagnostic criteria for osteoporosis, introducing bone quality criteria (microarchitecture, geometry and mineralization) in addition to the quantitative criterion represented by BMD [7, 8]. New bone imaging techniques have therefore been developed, with the aim of exploring bone quality. Can we hope for an improvement in the therapeutic management of patients with CKD with these new tools and better prediction of fracture risk, knowing that 50% of hemodialysis patients will have at least one fracture [7,9].

Conclusion:-

Disorders of mineral and bone metabolism are associated with a high risk of mortality and an increased risk of fracture in a context of reversible clinical and paraclinical disturbances. However, treatments exist, such as calcium salts, active derivatives of vitamin D, surgery and more recently calcimimetics which make it possible to control parathormoneemia. However, it is important to remember that excessive parathyroid hormone suppression should be avoided in dialysis and predialysis patients, so as not to promote the development of adynamic osteopathy.

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