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## INTERNATIONAL JOURNAL OF ADVANCED RESEARCH (IJAR)

Article DOI: 10.21474/IJAR01/21096

DOI URL: <http://dx.doi.org/10.21474/IJAR01/21096>



### RESEARCH ARTICLE

## THE PHILOSOPHY OF MEDICAL AESTHETICS IN MUSLIM WOMEN IN THE PERSPECTIVE OF THE HIERARCHY OF KNOWLEDGE IN ISLAM

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### Manuscript Info

#### Manuscript History

Received: 04 April 2025

Final Accepted: 07 May 2025

Published: June 2025

#### Key words:-

Philosophy, Medical Aesthetics,  
Hierarchy, Islam

### Abstract

In Islam, medical aesthetics can be understood as part of an effort to maintain cleanliness and health of the body, which is the responsibility of every individual. This concept is not only limited to physical appearance, but is also rooted in the principle of maintaining health as a form of gratitude to the Creator. In the midst of modern developments, it is important to understand how this practice is in line with Islamic teachings. Awareness of the limitations of sharia and a deep understanding of religion are the keys so that medical aesthetics can be applied in accordance with Islamic values. This ensures that every action is not only focused on physical beauty, but also supports spiritual well-being. This study attempts to explain the "A to Z" of a Muslim woman in the field of medical aesthetics, including how the perspective, scope, implementation and also the limitations of medical aesthetics in the eyes of Islam. This study uses a literature study, namely data collection, to understand and review relevant literature on the philosophy of medical aesthetics in the perspective of the hierarchy of science in Islam. In the context of scientific research, when talking about medical aesthetics in the context of Islam, it includes attention to morality and ethics in beauty. For Muslim women, medical aesthetics can also be a way to care for themselves without neglecting religious values.

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### Introduction:-

In Islam, medical aesthetics is considered a form of valuing and caring for the body which is valued as a gift from Allah. For Muslim women, understanding the limitations and Islamic views on body care is essential so that such activities do not go against the teachings of the religion. Various medical aesthetic procedures and practices should be carefully considered. Having an attractive appearance can indeed boost self-confidence, but in Islam, the balance between outward beauty and inward <sup>[2]</sup> is key. Medical aesthetics should be viewed not only to enhance physical appearance, but also to maintain overall health and well-being. That way, beauty practices remain in harmony with Islamic values.

Since ancient times, medical aesthetics have been an important part of the Islamic tradition. Many prominent Muslim figures in history practised and developed the science of medicine and aesthetics. For example, the works of famous

physicians such as Ibn Sina<sup>[2]</sup> illustrate not only medical knowledge but also an understanding of body care and aesthetics. They emphasised the importance of health as a path to a better life. In its development, the practice of medical aesthetics in Islam not only focused on beauty, but also incorporated shar'i principles that emphasised the importance of the intention and purpose of the treatment. During the Abbasid dynasty<sup>[3]</sup>, medical science progressed rapidly and contributed greatly to the tradition of medical aesthetics. At that time, beauty treatments were considered part of a holistic approach to maintaining overall health, where the physical and spiritual were inseparable.

The influence of the various cultures that interacted with the Islamic world also shaped medical aesthetics in Islamic history. With the development of trade and exchange of knowledge, Muslims were able to access treatment materials from different parts of the world. This also marks how medical science and medical aesthetics in Islam continued to evolve over time, remaining respectful of religious values, and adapting to changing times. Islamic scholars in the past have written extensively on beauty and aesthetics in various disciplines, including medicine and health sciences. Medical aesthetics are also considered and discussed in Islamic scientific literature, seen as part of maintaining the health and well-being of the ummah. This tradition shows the importance of aesthetics in accordance with Islamic moral values. Over time, aesthetics in the Islamic tradition was also influenced by the various cultures that interacted with the Islamic world. However, the core of Islamic aesthetics remains focused on maintaining simplicity and balance. In the context of beauty treatments, the frequent use of natural ingredients and moderation in methods is a reflection of the aesthetic principles that Muslim women have embraced for a long time.

### **Theoretical Review**

#### **Definition of medical aesthetics and its relevance for Muslim women**

Medical aesthetics is the assessment and treatment of the body to make it look attractive, including skin care, facial care, and cosmetics. In the Muslimah context, medical aesthetics is not just about beautification but also about maintaining health in accordance with Islamic principles. This involves a deep understanding of what is allowed in the religion and what is not. The relevance of medical aesthetics for Muslim women lies in the need to take care of themselves in a healthy and Islamic way. Body care is considered a form of gratitude to Allah for the favour of health. In choosing procedures, Muslim women need to consider the long-term impact and stick to the principles of modesty and conformity to Islamic norms.

Muslim women are expected to be careful and wise in choosing the beauty techniques and products to use. It is important that the decision made not only satisfies the need for physical beauty but also aligns with religious guidance. In Islam, observing this balance is a reflection of morality and individual responsibility towards oneself and the Creator.

In Islam, the concept of beauty is recognised as part of human nature but must be in harmony with the guidance of Shariah. Beauty is not only about external appearance, but also about the balance between spiritual and physical aspects. A Muslimah is encouraged to take care of herself, but not excessively, so as not to violate religious principles that emphasise modesty and modesty. As modernity progresses, Muslim women are often faced with beauty standards influenced by the media and popular culture. However, it is important to stick to Islamic values that value beauty as more than just physical. We need to create beauty standards that accommodate tradition, health, and ethics so that we don't get caught up in expectations that can override the essence of the true self.

In facing the challenges of modernity, Muslim women need to be wise in taking the positive elements of modern beauty treatments without compromising Islamic values. True beauty in Islam is about caring for the body as a gift from Allah in the right way. This emphasises that modernity and fitrah need not conflict, as long as they go hand in hand with Islamic teachings.

#### **The Position of Medical Aesthetics in the Hierarchy of Islamic Sciences**

In Islam, knowledge has an important hierarchy, and each type of knowledge should be honoured accordingly. This includes how we view medical aesthetics. According to Islamic tradition, the highest knowledge is that which is closer to the understanding of God and enhances faith and charity. Worldly knowledge, on the other hand, occupies a lower position. Medical aesthetics, although considered important in everyday life as it aims to maintain health and appearance, must still be properly contextualised within the hierarchy of knowledge. This is so that the practice of aesthetics does not overstep its bounds and obscure the purpose of higher knowledge.

By placing medical aesthetics in its proper place, Muslim women can benefit without violating Islamic principles. Respecting the hierarchy of sciences helps Muslim women to maintain a balanced perspective on beauty and spirituality. Aesthetics should not be prioritised over sciences that enhance our relationship with Allah. With the right

knowledge, Muslimah can make wise decisions, ensuring that medical practices in aesthetics are not only useful but also remain within the corridors of religion. The position of aesthetics in the hierarchy of Islamic sciences suggests that all types of knowledge need to be viewed through the lens of Islamic values and principles. Medical aesthetics, although important for physical and emotional well-being, should be placed in an appropriate position. In this hierarchy, sciences related to enhancing faith and piety occupy the highest position, teaching Muslim women about a deeper connection with the creator.

This understanding helps Muslim women not to prioritise aesthetic aspects over the essence of Islamic spirituality and ethics. With this placement, medical aesthetics can be enjoyed without violating religious principles. This requires Muslimah to be wiser and more selective in practising body care, ensuring that it stays within the limits taught by religion. Muslimahs are reminded that while medical aesthetics can provide great benefits for appearance and health, its understanding must remain within the broader context of Islam. This means that decisions regarding personal appearance must be preceded by ethical and spiritual considerations. In this way, the position of medical aesthetics in the hierarchy of Islamic science teaches the harmony between beauty and faith.

#### **The Quran's view on beauty<sup>[4]</sup> and Aesthetics**

The Quranic view of beauty and aesthetics emphasises the importance of self-care as a form of gratitude for God's creation. Beauty is considered not only a matter of physical appearance but also related to good character and morals. In the Quran, we are taught to maintain cleanliness and health as part of maintaining the trust given by Allah. In several verses, the Quran encourages Muslims to pay attention to cleanliness and tidiness as part of faith. This shows that aesthetics is not just about looking good in front of people, but also showing respect to the Creator. Thus, beauty in Islam has a spiritual dimension that cannot be ignored.

Moreover, the Quran teaches that true beauty comes from piety and good behaviour. Thus, medical aesthetics for Muslim women should not only focus on the external appearance. There is a responsibility to ensure that it not only adds to physical beauty, but also enriches inner beauty. This principle helps maintain a balance between aesthetics and Islamic values.

#### **Hadiths of Prophet Muhammad on Health and Beauty**

The hadiths of Prophet Muhammad<sup>[5]</sup> emphasise the importance of maintaining health and hygiene as part of faith. In one of the hadiths, it is mentioned that cleanliness is part of faith, indicating that taking care of oneself is not just about appearance but also taking care of the gift of health from Allah. Health and hygiene are essential elements in living a daily life that is in accordance with Islamic principles.

On another occasion, the Prophet Muhammad also recommended modest grooming and moderation. He emphasised that it is good to maintain one's appearance to be seen, especially by one's spouse, as long as one does not transgress religious boundaries. This reinforces the view that medical aesthetics should be under control and not jeopardise spiritual or physical well-being.

By following the Prophet's teachings, Muslim women can find a balance between maintaining their appearance and expressing their faith. These hadiths help Muslimah to be more prudent in choosing beauty procedures, emphasising the value of modesty and health without compromising the principles of Islam. By doing so, Muslimah can maintain their hygiene and appearance in a way that is in accordance with Islamic teachings.

#### **The role of scholars in interpreting medical aesthetics**

The role of ulama<sup>[6]</sup> in interpreting medical aesthetics provides important guidance for Muslim women in dealing with the latest developments in the field of beauty. Ulama are tasked with bridging modern technology with Islamic teachings, ensuring that medical <sup>(1)</sup>aesthetic procedures remain Shariah-compliant. They provide fatwas and guidelines that help Muslimah understand the limits and ethics of maintaining an Islamic appearance. With the guidance of the ulama, Muslim women can be wiser in choosing beauty treatments that are not only safe in terms of health but also do not contradict religious values. Ulama also often discuss and discuss technological developments in religious forums, so the decisions made by Muslimah can be based on the advice of ulama who are competent and experienced in religious knowledge.

Communication and discussion between the ulama and the Muslimah community is essential to understanding the dynamics of medical aesthetics in depth. Interpretations and fatwas issued by ulema, based on the Quran and Hadith,

help Muslim women explore beauty treatments in an ethical manner, strengthen their faith and remain proud of their religious identity without having to sacrifice their health and appearance.

### **Ethics and morality in Islamic medical aesthetics**

Ethics and morality in Islamic medical aesthetics<sup>[7]</sup> are very important as they include principles that Muslim women should adhere to when making decisions about beauty treatments. In Islam, all actions, including modifying one's appearance, must be based on the right intention and not violate the Shariah. This ethics in medical aesthetics guiding Muslim women to maintain personal and spiritual integrity. Maintaining morality means being cautious of practices that could be harmful to health or involve elements of deception, such as the use of banned substances. Muslimahs are reminded not to get caught up in excessive obsession with appearance, which can obscure the true meaning of beauty in Islam. By following these ethics, Muslim women can maintain a balance between improving themselves and staying true to their religion.

Islam encourages Muslim women to seek treatments that are safe and fulfil Shariah standards. Consultation with a medical professional who understands Islamic values is highly recommended so that the procedure does not only prioritise physical results, but also maintains spiritual harmony. Thus, ethics and morality become important guidelines in guiding Islamic medical aesthetic choices.

### **Research Methods:-**

This research utilises the Library Research method in which various sources such as books, journals, articles, and previous research are used as references. This research uses a type of qualitative research with a focus on analysing information obtained from library research or literature review on medical aesthetics, with an emphasis on Islamic religious perspectives through both the Qur'an and hadith verses. The approach taken in this research is to use the thematic interpretation method, which is to look for explanations or meanings related to the desired subject or theme being discussed.

### **Results and Discussion:-**

#### **The concept of balance in Islamic medical aesthetics<sup>[8]</sup>**

The concept of balance in Islamic medical aesthetics emphasises the harmony between maintaining appearance and maintaining spiritual health. In Islam, everything should be in balance, including beautification. This means that aesthetic treatments should not become an obsession, but should help Muslim women feel better without neglecting the spiritual and moral aspects. Muslimahs are encouraged to seek treatments that are simple and not overdone, in line with Islamic teachings that advocate simplicity and naturalness. Balance also means understanding the limits set by religion, as well as making choices that are not only healthy but also halal. In this way, outward and inward beauty can be harmonised without disturbing the balance of life that Islam teaches.

Maintaining balance in medical aesthetics also involves deep reflection on the intention and purpose behind each action. Good aesthetic practices are those that support self-confidence and well-being without going overboard. By placing spirituality and ethics as the foundation in aesthetics, Muslim women can achieve harmony between their appearance and their faith.

#### **Influence of Culture and Tradition on Muslimah medical aesthetics**

Culture and tradition play an important role in shaping Muslim women's views on medical aesthetics. Each region has different perceptions and practices of beauty, influenced by local customs. In some cultures, the pressure to conform to certain beauty standards can be very high, influencing Muslim women's decisions regarding beauty procedures they may consider.

People's mindset towards medical aesthetics is also heavily influenced by hereditary traditions, which can sometimes contradict Islamic principles. Hence, Muslim women need to filter these cultural influences wisely so that they remain in harmony with religious values. With the right understanding, Muslim women can honour their cultural heritage without compromising their faith.

The combination of culture and Islamic teachings can create a unique aesthetic approach for Muslim women. Honouring tradition while considering religious guidance provides the necessary balance. This emphasises the importance of education and knowledge so that Muslim women can make the right choices, making tradition a positive force rather than a limiting pressure.

**The Role of Technology in Modern Medical Aesthetics**

The role of technology in modern medical aesthetics has brought significant changes in the way Muslim women take care of themselves. Technology offers safer and more efficient solutions, such as the use of lasers and non-invasive therapies. However, with these developments, Muslimahs need to be vigilant in adhering to Islamic principles when utilising such services, ensuring not to violate religious restrictions.

Technological advancements have also made it easier to access information on beauty procedures, helping Muslim women to make informed decisions. However, it is important for them to filter the information and consult with scholars or experts who understand Islamic values. That way, technology can be utilised positively while still upholding religious teachings.

The advent of technology also allows Muslimah to find effective and Shariah-compliant ways of grooming, with safety being the top priority. Technology can bring together aesthetic needs with an Islamic perspective, helping Muslimah feel more confident without abandoning the principles of modesty and simplicity. Remaining committed to spiritual and ethical values is key in capitalising on these advancements.

**Islamic Fatwa and Guidance on Aesthetic Medical Procedures**

Islamic fatwas and guidelines on aesthetic medical procedures play an important role in helping Muslim women undergo beauty treatments that are in line with religious teachings. Fatwas are issued after taking into consideration the moral, health, and impact aspects to spirituality. Scholars assess whether a procedure violates the principles of Islam or not, so that Muslim women can undergo treatment with peace of mind.

It serves as a guideline that ensures that the aesthetic procedures followed are not only safe but also halal. This includes an in-depth understanding of the ingredients used and the methods performed. With a fatwa from the ulama, Muslim women get clear direction on the permissible limits and procedures, avoiding desires that may be considered excessive.

Muslim women are expected to adhere to this fatwa so that their decisions do not jeopardise their physical or spiritual health. Consultation with an expert who understands Islamic values is recommended before undergoing aesthetic medical treatment. By observing these guidelines, Muslim women can maintain the integrity of their faith while taking care of themselves, combining aesthetic needs with Islamic principles.

**Medical Aesthetics and the Concept of Modesty in Islam**

Medical aesthetics and the concept of modesty in Islam promote the principle that true beauty lies in sincere attitudes and intentions. Simplicity is a key value in Islam, including when it comes to beautification. Muslim women are expected not to be dazzled by excessive trends and still prioritise simplicity that reflects humility and respect for Allah's grace.

The practice of medical aesthetics should be done with this modesty in mind. Choosing treatments that are prudent and not excessive is part of the Islamic way of life. This approach avoids waste and places aesthetic needs in a broader context, in line with the teachings on self-care and honouring creation. In this way, beauty does not only focus on the physical but also includes the beauty of the heart.

Modesty also leads Muslim women to focus more on health as the primary goal of medical aesthetics. While physical appearance can be improved, Islam emphasises the importance of striking a balance between caring for the body and nurturing the health of the soul. By adhering to the principle of modesty, Muslim women can enjoy the benefits of medical aesthetics without forgetting the spiritual and ethical goals that Islam has taught.

**The influence of medical aesthetics on Muslimah Identity**

Medical aesthetics affects Muslim women's identity in complex and diverse ways. On the one hand, aesthetic treatments can boost Muslimah's self-confidence by helping them feel more comfortable and satisfied with their appearance. On the other hand, social and media pressure to fulfil certain beauty standards can affect the way Muslim women see themselves and obscure the spiritual values taught in Islam. A Muslimah's identity is not only formed from her physical appearance, but also from her beliefs, values, and daily behaviour. Medical aesthetics can be a means of identity expression, provided it is done with sincere intentions and in line with Islamic principles. Excessive practice and too much focus on outward appearances can disrupt the balance of living life as a devout Muslimah.

As a community, Muslim women need to be supported to understand how medical aesthetics can be used judiciously without damaging important elements of their Islamic identity. This balance is important so that they remain proud of their cultural and religious heritage while benefiting from medical advancements. Discussions and education around healthy and ethically-based aesthetics can strengthen Muslim women's identity in a positive and constructive way.

#### **The role of family and society in Muslimah medical aesthetics**

Family and society play an important role in shaping Muslimah's views on medical aesthetics. The family as the basic unit of life often has a direct influence on Muslimah's decisions about aesthetic treatments. Support from families who understand Islamic principles can help Muslimah undergo aesthetic medical treatments wisely, ensuring that they remain in accordance with religious values.

Society also provides a framework of norms and values that can influence Muslim women's views on beauty. Societal norms that encourage modesty and prioritise health can be an incentive for Muslimah to undergo medical aesthetics in a positive way. Conversely, societal pressures that focus on physical appearance can be challenging, so Muslimah need to be wise in filtering external influences, ensuring their actions remain in line with Islamic teachings.

Community discussions and education on aesthetics based on Islamic ethics can strengthen social support for Muslim women. With a supportive environment and deep understanding, Muslim communities can play an active role in creating a safe space for Muslimah to explore medical aesthetics without worry. By doing so, Muslim women can feel more accepted and motivated to maintain a balance between physical and spiritual beauty.

#### **Challenges and Controversies of medical aesthetics in Islam**

The challenges and controversies of medical aesthetics in Islam cover many aspects, ranging from differences in scholarly opinion to practices that are often considered to be overreaching. Advanced medical technology often gives rise to new procedures that require special fatwas, challenging the boundaries of religious rules. For Muslim women, finding a balance between maintaining their appearance and adhering to Shariah can be difficult.

In addition, social and cultural pressures often go against the principle of modesty taught in Islam. Many beauty procedures encourage Muslim women to fulfil certain standards of beauty that are sometimes unrealistic, causing the inner conflict between the desire to be seen as attractive and the desire to live according to religious teachings. This requires deeper understanding and wisdom.

Another controversy arises from the existence of practices that are deemed excessive or unnatural, giving rise to debates on what is considered permissible within the Islamic framework. Muslim women, in this case, are faced with the challenge of navigating medical aesthetic choices that are compatible with their faith. Hence, guidance from religious scholars and institutions becomes increasingly important to help them make informed decisions.

#### **Medical aesthetics and Muslim women's human rights**

Medical aesthetics occupies a unique position in relation to Muslim women's human rights<sup>[9]</sup>, determining how they express themselves while adhering to religious rules. In this context, every Muslim woman has the right to maintain and beautify herself, as long as the practice does not violate Islamic principles. This involves freedom of choice while respecting the limits set by Shariah. Respecting Muslimah's human rights in medical aesthetics involves understanding the importance of health and well-being. When choosing aesthetic procedures, Muslim women should consider continuity with religious values without feeling pressured by external standards. With support from family and community, Muslim women can express themselves in a positive and ethical manner.

It is also important to respect individual decisions within a broader social context, ensuring Muslim women do not feel discriminated against or pressurised to conform to certain beauty standards. Education and dialogue on rights and ethics in medical aesthetics help reinforce this understanding. This way, Muslim women can celebrate their freedom to maintain their beauty and health in a way that is consistent with Islamic beliefs and principles.

#### **Education and Awareness on medical aesthetics in Islam**

Education and awareness about medical aesthetics in Islam is essential to ensure that Muslim women can make informed and wise decisions. Through education, Muslim women can understand the religious boundaries and how to utilise medical procedures that are in accordance with Islamic principles. With the right knowledge, they can choose treatments that not only enhance physical beauty but also maintain spiritual health and well-being. This awareness also helps Muslimah to be more critical of the information they receive regarding medical aesthetics, especially from the media and neighbourhood. With a good understanding of what is allowed and prohibited, Muslimah can avoid

practices that are excessive or against the Shariah. Education and discussion among Muslim women and scholars can reinforce this awareness, ensuring that any action taken is based on accurate and ethical information.

In addition, increased education and awareness allows Muslim women to contribute to the wider discussion on health and beauty in Islam. This gives them a voice in formulating guidelines that suit their own cultural and religious context. In this way, Muslim women can navigate the world of medical aesthetics with maintaining their Islamic identity while still feeling empowered in their choices.

### **The role of media in influencing medical aesthetic views**

The media has a huge influence in shaping medical aesthetic views, including for Muslim women. With the constant flow of information, the media can frame beauty standards and encourage new aesthetic trends. However, Muslim women must be wise in filtering this information to remain in line with Islamic values. The media often presents a picture of perfection, which can create social pressure to meet standards that are often unrealistic.

As consumers of information, Muslim women are challenged to be more critical and aware of the impact of the media on perceptions of beauty. Healthy discussions need to be held so that Muslim women do not feel tempted to take steps that may not be in accordance with Sharia. In this context, building awareness of true beauty and religious understanding is key so that the media can be utilised properly to increase knowledge without damaging spiritual values.

The media also has the potential to be a positive educational tool if used correctly. With access to content that focuses on healthy beauty and conforms to Islamic teachings, Muslimahs can get useful guidance. This includes success stories or case studies from fellow Muslimahs who have taken the medical aesthetic path appropriately. Thus, they can utilise the media as a source of inspiration while still maintaining religious principles.

### **Case Study: Muslimah's experience with medical aesthetics**

Muslim women's experiences with medical aesthetics vary and are influenced by various factors. For some Muslim women, these treatments come as a way to care for and improve themselves. For example, many feel that skincare or haircare helps them look more refreshed and while adhering to sharia rules. The balance between gaining medical benefits and adhering to religious teachings is paramount.

On the other hand, there are Muslim women who face a dilemma when deciding to undergo certain beauty procedures. Social pressure and set beauty standards can influence their decision. This experience shows how important it is to seek advice from scholars or experts who understand the context of Islam and health. Muslimah who had the opportunity to consult felt more comfortable and confident in undergoing treatments that were perceived as possibly conflicting.

Case studies show that many Muslim women have successfully pursued medical aesthetics while maintaining their Muslim identity. This is aided by a supportive community and proper information on safe and halal procedures. These positive experiences illustrate that with the right knowledge and guidance, Muslim women can benefit from medical aesthetics while maintaining the principles of halal in Islam<sup>[3]</sup>.

### **A comparison of medical aesthetics in Islam and other traditions**

In comparing medical aesthetics between Islam and other traditions, there are some notable differences influenced by values, culture, and religious understanding. In Islam, medical aesthetics are governed by the principles of simplicity, balance, and adherence to sharia. The medical procedures used must be in accordance with Islamic teachings, ensuring that there are no elements that go against the spiritual values of Muslim women.

Meanwhile, other traditions may place more emphasis on achieving physical aesthetics with freedom of expression. These procedures are sometimes not bound by religious rules, so they tend to be more flexible. Some societies may see medical aesthetics as an art form, focusing more on innovation and end results without much consideration of spirituality or morality in its practice.

Muslim women living in pluralistic societies are often faced with the challenge of conforming to global beauty standards, while at the same time adhering to Shariah. In this regard, education and discussion on medical aesthetics within the framework of Islamic science is essential. This helps create awareness and balance that supports Muslim women in choosing procedures that are safe, halal, and in accordance with religious values.

### **The future of medical aesthetics in the Muslim community**

The future of medical aesthetics in the Muslim community is expected to continue to evolve as technology advances and health awareness increases. The Muslim community, with the guidance of Islamic scholars and health experts, will increasingly be able to explore new procedures that are in line with Islamic teachings. This includes innovations that are safer, ethical, and sharia-compliant.

In addition, a shift in understanding and wider education on medical aesthetics will play an important role in how Muslimah treat aesthetic procedures. With better access to information, Muslim women can make more informed and thoughtful decisions, while ensuring that any actions taken are in line with their religious principles. This paves the way for a more constructive dialogue on beauty from a balanced Islamic perspective.

The Muslim community is called upon to continue to support the creation of safe spaces for discussion and education on medical aesthetics. This will help ensure that beauty practices not only enhance physical appearance but also maintain spiritual balance and peace. Thus, the future of medical aesthetics for Muslim women can be viewed positively, as long as it includes harmony between medical innovation and the timeless values of Islam.

### **Conclusions:-**

#### **Maintaining the Balance between Aesthetics and Ethics in Islam**

Maintaining a balance between aesthetics and ethics in Islam requires a deep understanding of how the two can be integrated in daily life. Islam teaches simplicity and appreciates natural beauty, prioritising spiritual values over appearance. In the context of medical aesthetics, decisions must be in line with religious teachings, ensuring that both physical and spiritual health are well maintained.

As technology advances and culture changes, Muslim women are faced with new challenges in living a life in accordance with Islamic principles. Guidance from scholars, as well as understanding derived from the Quran and Hadith, are important guidelines in navigating the dynamic world of medical aesthetics. Families and communities also play an important role in supporting Muslim women to remain confident and balance their desire to look good and maintain their faith.

Ultimately, education and awareness are key to ensuring that medical aesthetic practices not only keep up with the times, but also remain within the ethical and moral corridors of Islam. With the right information and assistance, Muslim women can continue to maintain their Islamic identity while utilising medical aesthetics advancements in a positive and responsible manner, promoting harmony between the physical and spiritual.

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